

Polemistis CrossFit @ Revival Fitness

April 2019

mon	tues	wed	thurs	fri
1 8:00 AM 12:00 PM 5:30 PM 6:30 PM	2 8:00 AM 12:00 PM 5:30 PM 6:30 PM	3 8:00 AM 12:00 PM 5:30 PM 6:30 PM	4 8:00 AM 12:00 PM 5:30 PM 6:30 PM	5 8:00 AM 12:00 PM 5:30 PM 6:30 PM
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22 8:00 AM 12:00 PM 5:30 PM 6:30 PM	23 8:00 AM 12:00 PM 5:30 PM 6:30 PM	24 8:00 AM 12:00 PM 5:30 PM 6:30 PM	25 8:00 AM 12:00 PM 5:30 PM 6:30 PM	26 8:00 AM 12:00 PM 5:30 PM 6:30 PM
29 8:00 AM 12:00 PM 5:30 PM 6:30 PM	30 8:00 AM 12:00 PM 5:30 PM 6:30 PM	<p align="center">Saturday, April 6th - CROSSFIT FUNDRAISER</p> <p align="center"><u>BBQ Plates-to-Go & Bake Sale</u> Leg Quarter, Sausage, Rice, & Beans cooked by the Guerra Brothers!</p> <p align="center"><u>Kickball Tournament</u> 2:00 PM - BYOB, Tents, & Chairs</p>		