

TRAINING



CPR & AED



OCTOBER 6, 2025



JANUARY 12, 2026



FEBRUARY 2, 2026



The American Red Cross CPR/AED program helps participants recognize and respond appropriately to cardiac and breathing emergencies. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. Certification in Adult CPR/AED is required to enter Wilderness and Remote First Aid training.