



## Clinical Applications for Group Drumming with Christine Stevens, MSW, MT-BC

“Christine Stevens can introduce you to the **magic, fun, and healing power of drumming**. I recommend it.”

*~Dr. Andrew Weil, MD, author, Healthy Aging*

“Christine is a **master of building energy and unifying audiences through rhythm**.”

*~T. Harv Eker, Author of #1 NY Times Bestseller Secrets of the Millionaire Mind*

**Description:** Drumming can be widely applied in clinical work across a number of client populations. Different drums, particular techniques, and specific drumming activities all cater to fit the diverse range of needs within various clinical settings. Filmed live at Resounding Joy in Sorrento Valley, California, this course gives a live learning experience showcasing examples of how drumming can be clinically applied to populations such as children, seniors, mental health, and recovery groups.

In this course, you will learn how to clinically apply drumming and drum circle tools. In 25 video segments addressing the essentials of clinical drumming, Christine Stevens takes ideas of clinical drumming application and turns them into successful formulas you can use to bring fun, engagement, and depth into your clinical work.

### Board Certification Domains:

- I.D.8. Participant will identify 2 ways to create environment or space conducive to client engagement.
- II.A.5.m. Participant will list 4 drumming metaphors that would facilitate transfer of therapeutic progress into everyday life.
- II.A.1.d. Participant will name 2 ways he/she can provide ongoing acknowledgement and reflection within a clinical drumming setting.

**Prerequisites:** Facebook profile is recommended, not required. The course forum is held in a Facebook group. In lieu of a Facebook profile, you are encouraged to interact with the instructor via email.



**Instructor Qualifications:** Christine Stevens, MSW, MT-BC, is the author of Music Medicine, The Healing Drum Kit and The Art and Heart of Drum Circles. She is the founder of UpBeat Drum Circles.

**Video Course Format:**

- I. Getting Started – Intro vid
  - a. Setting the Space – 5, 17
  - b. Ice-Breakers – 2, 3, 10, 6
  - c. Games of Engagement – 4, 8, 9
- II. Drums & Percussions Instruments – 1, 7, 15, 14B, 16
- III. Working with Metaphors to Deepen the Experience – 11, 12, 13, 14
- IV. Tips by Clinical Population
  - a. Seniors – 18, 19, 20, 21, 22
  - b. Mental Health – 23
  - c. Recovery – 24
  - d. Kids – 25
- V. Additional Resources

Course Video Time: 3 hours, 22 minutes

Final Eval: 25 minutes

YouTube videos: 23 minutes

Total time: 4 hours, 10 minutes

**Number of CMTEs: 5 Price: \$135 Typical Access Period: 2 Months**

**Refund Policy:** Within 30 days of your first VIP payment or any single course purchase, if you are not 100% completely satisfied with our ever-expanding library of stellar video courses, then we will gladly refund your money after a short exit interview. VIP subscription payments after 30 days are FINAL SALE ONLY. In other words, no refunds are available for subsequent subscription payments. Send an email to [info@musictherapyed.com](mailto:info@musictherapyed.com) for more information.

Refund requests must be accompanied by a thorough explanation and completed course homework. Refunds are granted or denied on a case-by-case basis. No refunds are given after 30 days of purchase date.

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**CBMT Relationship:** Clinical Applications of Group Drumming is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Sound Health Music, Approved Provider #P-110, maintains responsibility for program quality and adherence to CBMT policies and criteria.

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