Complete an advance directive. Use the QR code to sign up for a class where you fill out an advance directive and learn more about the subject.

Have a conversation with your loved ones about your end-of-life wishes.

Choose a healthcare agent. This should be someone you trust and who is willing to be your agent.

Consider what matters to you. What does a good day look like?

Complete an advance directive. Use the QR code to sign up for a class where you fill out an advance directive and learn more about the subject.

Give your loved ones a gift and start planning your future healthcare.