Welcome to the Fox Valley Family Medicine Residency Program in Appleton, WI, where our mission is to welcome new physicians into our “Mosaic Family” and train them in the “art and heart of care” so they are capable to practice medicine to its fullest potential.

Our curriculum provides a broad foundation with a core set of skills and knowledge, but is tailored to the needs and passions of each of our residents. With this training, our graduates are exceptionally well-trained to provide high quality care for all patients: from sick newborns to complicated geriatric patients and everyone in between. Our graduates are prepared to practice obstetrics, hospital medicine, nursing home care, procedural medicine and ambulatory care while collaborating with their communities to improve health beyond the walls of medical institutions—in environments that are rural, urban, suburban or international.

It is truly an honor to be the Program Director at the Fox Valley Family Medicine Residency. This is an extraordinary place where we have the opportunity to be reminded daily of our calling to serve individuals and our community as Family Physicians; as dissectors of complex medical cases; as supporters and guides in psychosocial crises; as learners, educators and advocates of patients, residents, students, and our broader community. It is here that we relish the challenge of proactively growing full-scope Family Medicine education in a rapidly changing healthcare and community landscape. We pride ourselves on a training environment that keeps doors of opportunity open for our graduates, who get to choose which portions of their scope of practice best align with the future they envision.

It would also be an honor to have you consider one of the premier residency programs in the country and meet the people that make it such an incredible place to work, live and learn by visiting us at http://www.mosaicfamilyhealth.org/residency/residents/ or visiting in person if circumstances allow. If you have questions, please contact our Recruitment Coordinator, Suzanne Blazek at foxvalley.applicant@mosaicfamilyhealth.org.

Beth Menzel MD, FAAFP
Program Director
The Fox Valley program is committed to preparing you for your future practice! The curriculum is designed to train residents in the depth and breadth of the full scope of family medicine. Some highlights include:

- Nationally recognized, exceptional procedural training including all of the typical primary care procedures as well as vasectomy, colposcopy, OB ultrasound, and colonoscopy. Focused procedure elective rotations available.

- Outstanding, nationally respected faculty who enjoy teaching and working with residents to become the people and physicians they want to be.

- Opportunities and local support for residents to present at national and state conferences.

- Strong OB curriculum that consistently allows residents to obtain 125-150+ deliveries and participate in an innovative prenatal care curriculum in the Family Medicine Center.

- Residents are involved in the care of all patients on the labor and delivery floor including the high risk patients.

- Superior geriatric medicine training in a state-of-the-art geriatric medical home and longitudinal experiences with each resident caring for their own panel of patients in skilled nursing facilities over their final two years.

- Pediatric training that includes NICU, hospital, urgent care, ER, ambulatory pediatrics and outpatient specialty clinics.

- Exceptional mental health training including two months of community and behavioral medicine. Our integrative behavioral health team works collaboratively with residents to manage their patients and learn counseling skills.

- Opportunity to work with both hospitalists and family physicians in the hospital.

- Senior home call schedule that mimics private practice and truly prepares you for life after residency.

- Care for the underserved at the local FQHC - The Partnership Community Health Center, rural practice at ThedaCare-Waupaca, and Ascension-Greenville.

- Opportunities for rural and international rotations and experiences.

- Unopposed, community based program.

- Excellent stipend and benefit package.

- Fully accredited by ACGME, with Osteopathic Recognition.

- For more information about our curriculum, please click https://www.mosaicfamilyhealth.org/residency/curriculum/full-scope-curriculum/.

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“Faculty and staff are personable and supportive and take a special interest in the growth and development of residents. The curriculum provides robust and well rounded training, it exceeded my expectations.”

– Bonnie Korytkowski, DO 2021 graduate

Two geriatricians and one palliative care certified faculty to train residents in evidence based and humanistic care of elderly people.

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“Appleton is such a unique community. I think everyone is always surprised at how much there is to do here and how many opportunities there are! You can easily go to the city (Milwaukee or Chicago) or to the country (Door County, the Upper Peninsula) with just a couple hours drive. We quickly found a community here outside of the residency and are still discovering hidden gems like parks and community offerings we didn’t even know about before! If you are not a big city person but also don’t want to be in the middle of nowhere, Appleton is the perfect place for you.

– Martha Grace Courtright, MD 2021 graduate
The Fox Valley program has a talented and energetic group of faculty and residents. Our faculty are nationally known, holding leadership positions in medical organizations at national and local levels and placing an emphasis on scholarly work including numerous publications and invited presentations around the country. Our faculty know our residents both professionally and personally and make great efforts to be educationally stimulating and challenging while also fostering a friendly and supportive learning environment.

Our residents originate from places across the country but share many similarities. They are high performing, love caring for people, and demonstrate their dedication to serving others through their volunteer work and experiences. Our residents work hard to be the best doctors they can be and provide the best care to their patients while also having fun and enjoying the gift of being able to be a physician and do something truly meaningful with their lives.

Great emphasis is placed on the health and wellbeing of all members of the team and establishing a supportive and positive work environment.

Biosketches and contact information are available on our website.

Appleton is part of the “Fox Cities” a cluster of dynamic communities located along the banks of the Fox River in northeast Wisconsin. With a combined population over 310,000, the Fox Cities are the 3rd largest and fastest growing metropolitan area of Wisconsin, yet still offer the tranquility of small town America with easy access to wooded and rural surroundings.

Highlights of our community include:

- Fox Cities is one of the safest communities in the nation.
- Top 10 Metro Areas to Buy a Starter Home (Appleton #3) Realtor.com.
- Top 100 Safest U.S. Cities (Appleton #70) Reviews.com.
- Appleton was ranked #1 in National Home Sales to Millennials by Realtor.com.
- SmartAsset.com ranked Appleton #2 for Best Places for Children. The Midwest provides families with a valuable mix of affordable housing, young populations and great schools.
- Appleton was among Money.com’s Top 10 Best Places to Live for Singles based on economic health, public safety, and diversity.
- Fitbit ranked Appleton #2 as one of the Fittest Cities in America. The title of overall Fittest City in America is based on average rates for duration of sleep, Reminders to Move goals met, daily steps, daily active minutes, and resting heart rate.
Hospitals

ThedaCare Regional Medical Center-Appleton (TCA) and Ascension NE Wisconsin St. Elizabeth Hospital Campus (STE) serve as teaching hospitals for the major in-patient rotations. They are each located within a 2 mile residential drive from the free-standing Residency Clinic. Both hospitals have received recognition as among the nation's 100 top hospitals. At TCA (160 beds), residents learn critical care and hospital medicine in the collaborative care interdisciplinary model. At STE (202 beds), residents work in the ER and run the Obstetrics and Pediatrics wards.

Family Medicine Center

Mosaic Family Health, our Family Medicine Center, is a spacious clinic with EPIC EMR. We have twenty-three exam rooms, three special procedure rooms, OMM treatment room, lab, x-ray, mental health suite, patient education area, library, social and study rooms for residents. The clinic is conveniently located within five minutes of both Appleton hospitals, just 1 block from downtown Appleton restaurants, shops and the YMCA. We serve a socially and economically diverse patient population with a well-balanced mix of ages, medical concerns and cultural groups. Mosaic Family Health provides a foundation in broad-scope family medicine training, including transgender medicine, refugee care, integrated behavioral health, medication-assisted treatment (MAT), patient-centered, team-based prenatal care, and memory assessments.

Other Training Sites

• Preceptors’ and specialists’ offices
• Day Surgery Centers
• Partnership Community Health Center – a Federally Qualified Health Center
  • Brewster Village – Teaching Nursing Home
• Numerous Community Resources
• ThedaCare-Waupaca, a rural Family Medicine Practice
• Ascension-Greenville, a suburban Family Medicine Practice in a rural setting
  • Children’s Wisconsin-Fox Valley Hospital

Medical Student Rotations

Medical student rotations are available. Students are based at the family medicine center and have the opportunity to spend time on the hospital and OB services, and Brewster Village for geriatrics.

Program Information

21 Residents

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Teaching the Art & Heart of Care