

# Hiring A Respite Provider

## Worksheet 1 for Primary Caregivers

### Circle the Top Qualities you Want in a Respite Provider

|               |                     |               |
|---------------|---------------------|---------------|
| Assertive     | Determined          | Patient       |
| Balanced      | Diplomatic          | Positive      |
| Calm          | Empathetic          | Professional  |
| Caring        | Encouraging         | Punctual      |
| Committed     | Enthusiastic        | Resourceful   |
| Common sense  | Flexible            | Respectful    |
| Communicative | Good sense of humor | Self-directed |
| Compassionate | Honest              | Sincere       |
| Conscientious | Insightful          | Smart         |
| Consistent    | Takes initiative    | Understanding |
| Cooperative   | Mature              | Visionary     |
| Creative      | Modest              | _____         |
| Decisive      | Objective           | _____         |
| Dependable    | Organized           | _____         |
|               | Patient             |               |

### What are tasks you want your respite provider to do?

ex: meal prep, toileting, seizure care, transporting, etc.

### What are your job expectations of your respite worker?

ex: being on-time, communicating with you, respecting family values, work as a team, etc.

Based on the other sections of this worksheet, narrow down to your top 5 priorities when searching for a respite provider.

This worksheet was adapted from "Find, Choose, and Keep Great DSP's: a toolkit for families"

The full tool can be found at: <https://ici.umn.edu/products/375>



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