Hiring A Respite Provider
Worksheet 1 for Primary Caregivers

Circle the Top Qualities you Want in a Respite Provider

- Assertive
- Balanced
- Calm
- Caring
- Committed
- Common sense
- Communicative
- Compassionate
- Conscientious
- Consistent
- Cooperative
- Creative
- Decisive
- Dependable
- Determined
- Diplomatic
- Empathetic
- Encouraging
- Enthusiastic
- Flexible
- Good sense of humor
- Honest
- Insightful
- Takes initiative
- Mature
- Modest
- Objective
- Organized
- Patient
- Positive
- Professional
- Punctual
- Resourceful
- Respectful
- Self-directed
- Sincere
- Smart
- Understanding
- Visionary

What are tasks you want your respite provider to do?
ex: meal prep, toileting, seizure care, transporting, etc.

What are your job expectations of your respite worker?
ex: being on-time, communicating with you, respecting family values, work as a team, etc.

Based on the other sections of this worksheet, narrow down to your top 5 priorities when searching for a respite provider.

This worksheet was adapted from "Find, Choose, and Keep Great DSP’s: a toolkit for families"
The full tool can be found at: https://ici.umn.edu/products/375

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