



Hay or heh

ת ש ר ק צ פ ע ס נ מ ל כ י ט ח ז ו ה ד ג ב א

*The 22 Letters of Light are arranged
going from right to left.*

Aleph, Bet, Gimel, Dalet, Hay, Vav, Zayin,
Chet, Tet, Yod, Kaf, Lamed, Mem, Nun, Samech, Ayin, Pay, Tzadi, Kuf, Resh, Shin, Tav.

Revised 2/14/23 Gregorian 11/24/6009 Greater-lesser light
calendar

English letter –H

5th letter of the aleph-tav.

Gematria or numerical value is 5.

The fifth day of creation is called Yom Chamishi (kham-ee-shee). Thursday is the 5th day of the week according to the Gregorian calendar. This is how it is written using the letters of light: **יום חמישי**

The letters of light for Chamishi are Yod, Shin, Yod, Mem, Chet, The understanding given to the writer: **The beginning of all things requires the truth to move all things to eternity by words that declare our Creator is over all.**

The aleph-tav is progressive- the discernment of truth will allow you to move out of a letter when you have successfully seen our Creator in the letter. Your success to move out of a letter is determined by the new vocabulary you think, speak and do through observation of the heavens and earth, within you. You have within you all that is necessary to transition to the pure law of love, life and light language.

Design:

Hay is made up of a Dalet and a Yud. 1 horizontal line (signifying width) and another that is vertical (signifying height), which together represent the physical world, the world of materialism. The Yud (the detached left leg) represents truth and thus the eternal nature of man. The “born from within” person.

When this person’s character shines the light of our Creator, the physical world around that person reflects joy and is given abundant love, life and light here on the earth.

The Hay represents thought, speech and action. (Love, life, light) Just as the form of Hay is composed of three lines, so do thought, speech, and action comprise the dress of one's being, the three ways through which we express ourselves. **Thought:**
Speech: **Action:**

The top horizontal line (thought), by its very design, represents the concept of equality. To truly experience every person as equal, one must restructure one's thought process. Perhaps it appears on the surface that some people are better and some are worse than others and they are according to the physical body. However, our Creator made us eternal perfect beings and it is man's pride with unhealthy choices that leads to inequality here on the earth.

But as an overcomer our nature is to focus on the heart, our Creator's breathe, within each person. Our heart emanates love, life and light given to us from our Creator. We are all governed by love vibrations and have different tasks to perform with a personal energy and blessings in life. When we delve beneath the personality and externality of a person we can see the heart of that person manifest our Creator. This is why we do not judge a place or people but leave peace wherever we go. No contention just silence is sometimes necessary. Judgement and courts are left for the unawaken man.

Children of light have joy in discernment.

The Hay's right vertical line represents hierarchy or power structure, which is speech. A king/queen or man/woman of a

country or home rule with their words. They are empowered to sit in a palace or home and utter a decree or rule for home, which then becomes law or boundaries. People do not have to see the king/queen. Children do not have to see their father or mother to know what is expected of them. Those in authority need to speak; that is their duty and so it is for the family of mankind. The words you put out into the universe remain alive with dark vibrations or light vibrations. This remains your choice.

The vertical line of the Hay descends from a higher state to a lower state. We learn best by example. Be careful of how and what you do.

Finally, the shorter, detached leg on the left side of the Hay represents action. Why is this limb detached? It is very easy for us to think and speak about what is right, but it is quite another thing to bring a good intention to fruition. Therefore, by faith and peace, the gap serves as a reminder of the work that is required to unify our dress, that is: thought, speech and action.

Hay also represents aleph-tav word, *teshuva*- tes-u-VAH – meaning to return to our Creator of love, life and light.

To appreciate how the form of the letter Hay embodies the concept of *teshuva*, compare the Hay to the 8th letter Chet. Both forms look very much alike. Each is made up of 3 lines. The one difference is the small aperture atop the Hay's left limb. What does this have to do with *teshuva*? The opening or door on the bottom of both Chet and Hay is wide and represent

the world. But the Hay has another opening, another possibility which is called *teshuva*, or return, located on the top left side and is small. Notice that the opening has the potential to move a person to the next letter of light, Vav. Advancing and enlarging beautiful light.

Another difference between the Chet and the Hay can also be illustrated by comparing chametz (leaven) and matzah (no leaven -flat). Compare the spelling of the 2 words: Chametz is spelled Chet, Mem, Tzadik. Matzah is spelled Mem, Tzadik, Hay. The difference between chametz and matzah is the letter Chet versus the letter Hay. Chametz, leaven, represents being puffed up, the ego. Matzah is flat, representing humility. If a person is humble, he will come to truth, to do *teshuva*. But if a person is an egotist, he will never return to our Creator. What is his attitude? "Why do I need the Creator? I'm doing great on my own. Look how successful I am, I am a creator". Or if he wants to get away with bad behavior he might say, "What do you want from me? I'm only human. If our Creator wanted me to be perfect then my choice would not be necessary. He would have made me that way. The Creator gave me a *yetzer hara*, an evil inclination. He set it up so that I should choose unhealthy choices. So why should I do *teshuva*?" The egotist has no reason to seek for truth or return to our Creator. He or she is stuck in their ways and cannot admit or see their faults or new light. **They always have an excuse or blame others for their problems.** The egotist is bloated with the Chet of chametz, of leaven.

The Hay on the other hand is like matzah: FLAT and unselfish, a concern for the wellbeing of others. Its very design contains an opening, a gap, for an individual to pass through if he is humble. The Hay is a human being's understanding of humility, the gateway to love, life and light. This is very important! Having humility within, helps a person say and feel good things about others when they have deliberately hurt them. Likened to a wound that is healed-all the rough edges have fallen off and only the pure and cleansed skin appears.

In a broader sense, we need to understand that *teshuva* does not only involve remorse for our unhealthy choice, it means returning to our Creator, perfect wisdom, love, life and light. As such, *teshuva* is relevant for every individual, even the rare individual who has seldom made unhealthy choices. When our Creator is born within, this individual will even get better at choosing healthy choices. Every person will realize that no matter what their status, they are always learning how to shine the light within for the betterment of others.

One can accomplish this by perfecting his thoughts, speech and action. As humankind perfects (matures, completes and has balance) this shines the Creator within. There begins the latter rain 'a rain of blessings', and the crops begin to grow. Do unto others with the capacity of love that you have towards our Creator and see fruit ripen before your eyes.

Behold, look! Revelation. The breath of our Creator, perfect revelation and light. Light is mentioned 5x on the 1st day of

creation. Hay is pronounced only with breath; connecting with the word- wind- air moves across vocal cords creating a sound.

The strong leader of the house gives generously by faith to all in his reach which opens a door of revelation for both the strong leader and those that receive help. Revelation begins by opening your hand to open the door to give- physically as well as eternally – that is revelation. And when you do these acts of kindness you can see growing, the testimony within yourself, the revelation of love.

By now your house is in order/light- you will have abundance and a nature to give. Remember, if giving your time or presence is not being done, then the letter Hay is not fully understood- Our Creator and the universal law of pure love will continue to support and direct you until you gain a mature understanding of the letter. You may read through the next letters to the last letter, Tav, however, with partial light and understanding.

Auditory perception is hearing and then believing in the intuitive words rising from a cleared conscious of the awakened Creator within. “Shama” in using the aleph-tav means to hear.

Faith without works is dead. Just as the physical body without breathe is dead.

Remember eating from the table of creation is life so cooked and processed food leads towards bodily death and disease more quickly. True awakening will always produce an effectual movement.

Gematria:

5 is the # of grace

5 fingers on each hand

5 senses – all bring revelation, the sense of smell is the greatest.

5 levels of light.

1. Nefesh – physical body, fleshy.
2. Ruach – spirit- ruwach, roo-akh- means to blow, to smell, make of quick understanding- Light letters are Resh, Vav, Chet-the understanding given to the writer: **Both humankind, male and female, are designed with a head for understanding the potential of giving life through words of love and light.**
3. Neshamah- being or soul- n'shamah, nesh-aw-maw- means a puff, wind, intellect, inspiration, soul. The light letters are Nun, Shin, Mem, and Hay. The understanding given to the writer is: **The life-giving seed has high vibrations or harmony from wisdom's words that express revelation of creation and our Creator.**
4. Chayah- life
5. Yechidah= or yachad, yaw-khad means union, to be one – join, unite- light letters are Yud, Chet, and Dalet. The understanding given to the writer: **All things have the capacity of love, life, and light as our Creator designed**

what was in the heavens and the earth by the laws of creation, perfect unity.

Our Creator's breathe that everyone possesses is also called *pintele Yid*. The *pintele Yid* is the propelling force behind teshuva. This concept of returning makes it possible for a person to enjoy life when he hears the pure truth spoken. The heart of this person will grow in wisdom.

Pintele yid is the light in each person that resists the darkness and refuses to be a part of even, a little darkness.

Our Creator gives us seeds (i.e., the potential to be productive and make beauty of our lives). Many times however, we become disturbed and confused and lose our heavenly or "born from within" direction. Eventually, though, every person will come to do teshuva and acknowledge our Creator. Each will then behold the word of prophecy which is the love born within.

By elevating one's thought and speech into beauty and perfect action, one reveals the *yechidah*, the fifth level and light within his or her being, oneness with our Creator, with everlasting and eternal life.

8 Affirmations for letter Hay

1. Give my thoughts clarity and vision.
2. Give my speech the pure thoughts of clarity and vision.
3. Have my actions demonstrate my speech and thoughts that have clarity and vision through writing.

4. Eating fruit takes humility, a reminder to me of the pure actions of speech and thoughts being carried forth.
5. Wisdom's way is through the small side opening of Hay.
6. The mature seed has overcome the world and is "born from within". The Hay gap is closed behind me.
7. A house of order/light is revelation. Thank you for perfect presence and eternal love that protects my home.
8. Personal offering has been consolidated through faith, grace, humility and truth- behold a blooming union uniting earth to heaven- Jacob's ladder, the Aleph to Tav.

What Voice do you choose?

It does make a difference in what you say, as well as the manner in which you say it.

It is the language you use, and even more so the tone and body language you use to convey it.

"Come here," I sharply said, and baby cowered and wept.

"Come here," I cooed, and quietly the baby smiled and straight to my lap he crept.

The words may be mild and fair, or the tones may pierce like a dart.

The words may be soft as summer air, or the body language
may break the heart.

For the words are formed in the mind and with wisdom they
grow with study and art.

While the tones and body language leap forth from the inner
self and reveal the state of the heart.

Then would we quarrels avoid and in peace and love rejoice!
Keep love not only in your heart but in your purified voice.

Birthday Voice and Harper Grace

“What is all the excitement about? Does anybody hear me out there?” questioned Harper as she awakened from her afternoon nap.

“I hear you very well,” answered Birthday Voice, “Talk to me.”

“Where are you? Questioned Harper Grace, “I cannot see you.”

“I am in the family room,” spoke Birthday Voice softly.

“But, I am in the family room,” answered Harper Grace, “and I still do not see you.”

“I am here,” remarked Birthday Voice, “You just cannot see me until the day of the birthday.”

“The day of the birthday,” repeated Harper Grace. “Tell me what happens on the day of a birthday?” questioned Harper Grace.

“It is a day to remember. It is the day that a certain individual is born.”

“Hum, Harper Grace thought, “I wonder when I was born?”

Birthday Voice continued speaking, “A birthday is celebrated with a party. This party is called a birthday party.”

“That sounds like fun,” exclaimed Harper Grace, “Do you think I will have a birthday party?”

“Sure you will,” insisted Birthday Voice. “What day were you born?”

“Well, I am not sure,” wondered Harper Grace as she scratched her head.

“We are in the month of March. Tomorrow is the 14th,” stated Birthday Voice, “Does that day mean anything to you?”

“No, but I sure am glad you told me,” giggled Harper Grace.

“Perhaps that is the day I was born and you are here to tell me.”

“Maybe this is my mission,” Birthday Voice answered in a pleased manner.

“It is getting late and time to go to sleep,” said Birthday Voice, “I will see you in the morning.”

“Good night,” said Harper Grace as she slipped under her blush pink sheets.

The next morning Harper Grace awoke and mom dressed her in her very best clothes. When she entered the family room she cried out in surprise, “Oh! What a wonderful dream come true. All my family and friends are here.”

“I just love the balloons, cake and ice-cream! The birthday gifts are wrapped in beautiful paper. This is so exciting,” cried-out Harper Grace.

When the party was over, Harper Grace whispered quietly to Birthday Voice, “I will never forget this day. Thank –you so much for reminding me.”

How old do you think Harper Grace is?

Who is Harper Grace’s teacher?

For connection e-mail Yvonnem@consolidated.net