

A McHeard Moment: TWO DAYS

Two Days! I have had the privilege so far of serving three Parishes for 39 years now. The first two Parishes (one Baptist and the other Presbyterian) I served at the same time for a period of time. I was single during the first two pastorates. I recall with grave solemnity the pressures of trying to preach a Mother's Day sermon and a Father's Day sermon when I was neither a mother nor father. I also realize the trauma that many who, because of an abusive household, may not have had a good mother or father. So how do you deal with that as a Pastor. I do know that in the Presbyterian church as well as in the Dutch Reformed church I now serve, some people do not attend on Mother or Father's Day because they are quite difficult for one reason or the other. So again, I will ponder how do you deal with that as a Pastor?

I do not know! I realize that it is frowned upon by some to admit one does not know some things, but I do not know. What I try to do is recognize the mother's and father's on those perspective days and yet be aware that there are some for whom these days are difficult. For instance, when Colleen and I were newlyweds and were trying unsuccessfully to start a family, mother day and father's day were torturous to us. I guess the best I can do is to wish mother's a blessed day while at the same time express my thoughts and recognition to those for whom this day is difficult. I will endeavor to do the same next month in my services for Father's Day. So please allow me to say to all for whom this applies...Blessed Mother's Day.

Do you know how Flag Day Started?

Brought to you by Linda and Craig Foote

Flag Day Celebrated May 30, 1916, Presidential Proclamation 1335

President Woodrow Wilson issued a presidential proclamation establishing a national Flag Day on June 14. Many Americans celebrate Flag Day by displaying the Red, White, and Blue in front of homes and businesses. The day commemorates the adoption of the Stars and Stripes as the official flag of the United States.

Do you know the flag's history? According to American legend, in June 1776, George Washington commissioned Betsy Ross, a Philadelphia seamstress, to create a flag for the new nation in anticipation of a declaration of its independence.





SPECIAL PRAYERS FOR THOSE IN NEED

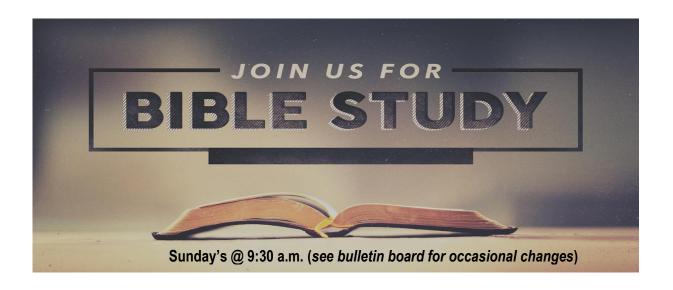
For our Church Family:

For members who are ill or in need, or who have recently lost loved ones.

For our Community, Nation, & World Peace:

Those serving in the Armed Forces and their families, and Christians throughout the World. For victims of multiple mass shootings throughout the U.S. Those suffering in the Ukraine.

Please give your prayer requests to Pastor Kent



The food pantry is always taking donations. If you or someone you know in our community has any needs, please call Karin Carr or Linda Young (contact information below) and they will be happy to assist. The pantry is currently open every 2nd & 4th Saturday of the month from 9:00am - 11:00am. Any emergent needs can be met by scheduling a pick-up appointment by calling either Linda or Karin. Current items needed are Laundry & Dish Detergent, Shampoo & Conditioner, Shaving Products, Deodorants and Soaps

Karin Carr - (518) 256-5640

Linda Young - (518) 952-4310

Ginny's Lunch

Woestina Reformed Church welcomes you to Ginny's Lunch, a free lunch held on second and fourth Thursdays of each month. Doors open at 10AM Lunch served at Noon

June 8th

Hot Dogs with Meat Sauce Macaroni Salad Potato Salad Chips Ice Cream



June 22nd

Make your own Sub Chips Lemon Cake Pineapple Cake

If you plan on attending, please call Nancy MacLea at 518-355-0543 or email her at nmaclea@nycap.rr.com

Please leave a message with your name and phone number if needed. Bible Study Afterwards

June Birthday's & Anniversaries

Birthdays

6/03- Diane Bennett

6/03 - Brenda Sebast

6/07 - Zachary Dodd

6/08 - Sandy Beloncik

6/15 - Frances Kugler

6/16 - Lawrence Spring

6/20 - Lorraine Van Windergen

6/20 - Rebecca Happelle

6/21 - Danielle Carr

6/22 - Raymond Freer

6/25 - Judy Schnitzer

Birthdays

6/25 - Carter Irwin

Anniversaries

6/1- Carl and Judy Schnitzer 6/16- John and Sally Hemstreet 6/20- Larry & Carol Decker

6/25-Scott & Barb Dahlberg





Mission of the Month

The June Mission of the Month is Danielle's House

Danielle's House is a program of Interfaith Partnership for the Homeless, an Albany based agency working to address the needs of the homeless, and low-income community. Danielle's House is the only service of its kind to provide a year-round mix of emergency shelter, transitional, and permanent housing for individuals and families in Amsterdam and the surrounding counties.



Save the dates:

June 11, 2023 - Sunday School leads our Church Service

July 24-28,2023 6-8 pm Vacation Bible School





Sunday School News

Placement of flags on graves in the Woestina Cemetery for Memorial Day will be May 28 at 11:45 am after church. Youth Sunday will be June 11 this year, where the Sunday School will be doing the morning service. They always do a great job. Also don't forget VBS which will be from July 24 – 28 from 6 to 8 pm. Always looking for volunteers, so if you're interested let me know. Also let me know if you need a registration form. Remember its only 2 hours an evening for 1 week! As you can see the students now have their own section in the newsletter, can't wait to see what they have to say.

We are also still collecting empty soda & water bottles. You can drop off at Southside Beverage at 1451 State Highway 5S, Amsterdam, NY 12010 or leave them by the garage in the Ed Center. Make sure you tell them they are for the Woestina Church Youth Group.

Once again, I encourage you to invite a child in your neighborhood to come to Sunday School, it may be their only opportunity to hear about God's word. Today's youth need to know that God is there for them. Also offer a ride, they may need one.

Nancy Gore

Sunday School Committee

CHRISTIAN SYMBOL



Star of David

The hexagram, or star of David, comprises two interlocking triangles. It symbolizes the relationship between humanity and God, with the corners of one representing creation, revelation, and redemption, and the corners of the other representing Man, the World and God. Other sources say the direction of the two triangles carries much symbolic significance. One point up, signifying God, and the other down, signifying people. Together they represent a covenant between God and God's people.

SPECIAL DAYS CELEBRATED IN JUNE



 $JUNE \, 4^{TH}$ – $TRINITY \, SUNDA \, Y$ $JUNE \, 14^{TH}$ – $FLAG \, DA \, Y$ $JUNE \, 18^{TH}$ – $FATHER'S \, DA \, Y$ $JUNE \, 21^{ST}$ – $FIRST \, DA \, Y \, OF \, SUMMER$



KIDS PAGE

May Bible Trivia Answers

Genesis

Revelations

True

Matthew, Mark, Luke, John

Psalms

3 John

Paul

Moses

False it was in Biblical Hebrew

Jonah 1-4 Jonah and the Whale

God called to Jonah one day and told him to go preach to Nineveh because the people were very wicked. Jonah hated this idea because Nineveh was one of Israel's greatest enemies and Jonah wanted nothing to do with preaching to them!

Jonah tried to run away from God in the opposite direction of Nineveh and headed by boat to Tarshish. God sent a great storm upon the ship and the men decided Jonah was to blame so they threw him overboard. As soon as they tossed Jonah in the water, the storm stopped.

God sent a big fish, some call it a whale, to swallow Jonah and to save him from drowning. While in the belly of the big fish (whale), Jonah prayed to God for help, repented, and praised God. For three days Jonah sat in the belly of the fish. Then, God had the big fish throw up Jonah onto the shores of Nineveh.

Jonah preached to Nineveh and warned them to repent before the city is destroyed in 40 days. The people believed Jonah, turned from their wickedness, and God had mercy on them. Jonah now became angry and bitter because God did not destroy the Ninevites who were Israel's enemy! When Jonah sat to rest God provided a vine to give him shade. The next day, God sent a worm to eat the vine. Jonah now sat in the hot sun complaining and wanting to die. God called out to Jonah and scolded him for being so concerned and worried about just a plant while God was concerned with the heart condition and lives of 120,000 people who lived in the city of Nineveh.





Did you ever stop to think how God sees us?

Here is how Woestina Reformed Church and the Cemetary appears at the 2000 foot level. It may appear that we are small and insignificant. Yet the God we serve knows our church, know each one by name, know our hearts and even

God knows how many hairs you have on **your head**. Luke 12:7



From the Congregation

Refocus for Lent and Daily Living

Give up on complaining -Focus on gratitude Think kind thoughts Give up harsh judgements -Give up worry Trust God to provide Give up discouragement-Be Full of Hope Give up bitterness Turn to Forgiveness Give up hatred Return good for evil Give up anger Be more patient Give up pettiness Become mature Give up jealousy Pray for trust Give up sin Turn to virtue Give up giving up Persevere

Handy Little Chart God has a positive answer:

You Say	God Says	Bible Verse	
It's Impossible	All things are possible	Luke 18:27	
I'm too tired	I will give you rest	Matthew 11: 28-30	
Nobody really loves me	I love you	John 3:16 & 3:34	
I can't go on	My grace is sufficient	2 Corinthians 12:9 & Psalm 91:15	
I can't figure things out	I will direct your steps	Proverbs 3:5-6	
I can't do it	You can do all things	Philippians 4:13	
I'm not able	I am able	2 Corinthians 9:8	

It's not worth it	It will be worth it	Romans 8:28	
I can't forgive myself	I Forgive you	1 John 1:9 & Romans 8:1	
I'm afraid	I have not given you a spirit of fear	2 Timothy 1:7	
I'm always worried and frustrated	Cast all your cares upon me	1 Peter 5:7	
I'm not smart enough	I give you wisdom	1 Corinthians 1:30	
I feel all alone	I will never leave you or forsake you	Hebrew 13:5	

How did Father's Day come about?

Origins of Father's Day

On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.

The next year, in Spokane, <u>Washington</u>, a woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers, and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in <u>Washington, D.C.</u> In 1924, President <u>Calvin Coolidge</u> urged state governments to observe Father's Day.

In 1972, in the middle of a hard-fought presidential re-election campaign, <u>Richard Nixon</u> signed a proclamation making Father's Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

This day honoring fathers is celebrated in the United States on the third Sunday of June: Father's Day 2023 occurs on June 18.

Woestina Reformed Church

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