

No More Chasin' Tails Spay/Neuter Clinic Surgical Discharge Instructions

1. No running, jumping, playing, bathing or swimming for 10 days. Keep your pet quiet.

DOGS-Leash walk only when going outside. **If in heat**, keep away from intact males for at least two weeks.

CATS-Keep indoors and restrict your cat to a small room to prevent running and jumping if needed.

If in heat, keep away from intact males for at least two weeks.

2. Check your pet's incision site 2 times daily. Monitor incision site(s) for swelling, redness or any type of discharge. Some bruising and redness is normal after surgery. All the sutures are internal and absorbable, so they will dissolve on their own over the next few months. Unless indicated there are no suture/staples to be removed. **DO NOT** clean incision site with hydrogen peroxide or apply cream or ointments to the incision – it can damage surgical site.

Male dogs. Applying an ice pack wrapped in a towel to the scrotal area twice daily will help with any swelling especially in older and larger dogs.

Female dogs and cats may have a slight bulge at the incision-this is normal, as long as it is not accompanied by pain, redness or discharge. The bulge is a slight internal suture reaction. As the sutures dissolve over time the bulge will go down.

3. Appetite should return gradually within 24 hours after surgery. Lethargy (depression) lasting more than 24 hours after surgery, diarrhea or vomiting are not normal and you should take your pet to your regular veterinarian.

4. Do not change your pet's diet at this time. Feed your pet half of their regular diet tonight. If no vomiting occurs after an hour you may feed the other half of their regular diet at that time. Do not give junk food, table scraps, milk or any other people food during recovery period. This could mask post-surgical complications.

5. **PREVENT your pet from licking at incision site.** We recommend an E-Collar (cone) after surgery to keep your pet from licking. Keep the E-Collar on at all times unless you are able to monitor your pet for licking.

6. If your pet received a vaccine at our clinic other than rabies: Please discuss whether your pet needs a "booster" vaccine with your full service veterinarian.

7. If a microchip was requested: Do not rub the the skin between the shoulder blades for 48 hrs. We recommend that you periodically have the microchip scanned and always remember to update your information if you move.

8. Post-operative pain medication. All pets receive pain medication.

10. Your pet received a green tattoo next to their incision to indicate sterilization. IT IS NOT AN EXTRA INCISION.

11. Other instructions: _____

If there are questions or concerns directly related to the surgery during the recovery period, please call this office at (757) 255-8804 and arrange a complimentary re-check. If there is an emergency after hours, contact your veterinarian or an emergency clinic directly.

Animal Emergency Center
2025 George Washington Memorial Highway
Yorktown, VA 23693
(757) 234-0461

Peninsula Emergency Veterinary Clinic
1120 George Washington Memorial Hwy
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