

1  
one

WELCOME

**ABOUT YOU**

Today's Date: \_\_\_/\_\_\_/\_\_\_ File #: \_\_\_\_\_

Name: \_\_\_\_\_

What You Prefer To Be Called: \_\_\_\_\_  Male  Female

Birthdate: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_, SS#: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_ CITY STATE ZIP

Home Phone #: \_\_\_\_\_

Other Phone #s: \_\_\_\_\_

Referred By: \_\_\_\_\_

Employer: \_\_\_\_\_ How Long? \_\_\_\_\_

Employer's Address: \_\_\_\_\_

\_\_\_\_\_ CITY STATE ZIP

Occupation: \_\_\_\_\_ Work Phone#: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Separated  Widowed

Spouse's Name: \_\_\_\_\_

Email address: \_\_\_\_\_

Preferred Language:  English  Spanish Other: \_\_\_\_\_

2  
two

**Current Medications**

(List current prescription Meds or NONE)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**REASON FOR VISIT**

Have you ever been treated by a Chiropractor before?  Yes  No

If so, please explain: \_\_\_\_\_

The reason for this visit is a result of (Please circle): work, sports, auto, trauma or chronic.

(Explain what happened): \_\_\_\_\_

\_\_\_\_\_

Please describe the pain & its location: \_\_\_\_\_

\_\_\_\_\_

When did condition begin? \_\_\_/\_\_\_/\_\_\_

Is this condition getting worse?  Yes  No  Constant  Comes and goes

Is this condition interfering with your (Please Circle): work, sleep, or daily routine.

If so, please explain: \_\_\_\_\_

Have you had this or similar conditions in the past?  Yes  No

If so, please explain: \_\_\_\_\_

Have you been treated by a Medical Physician for this condition?  Yes  No

If so, where? \_\_\_\_\_

3  
three

- RACE**
- \_\_\_ American Indian or Alaska Native
  - \_\_\_ Asian
  - \_\_\_ Black or African-American
  - \_\_\_ Hispanic or Latino
  - \_\_\_ Native Hawaiian or Pacific Islander
  - \_\_\_ White
  - \_\_\_ Other Race
  - \_\_\_ Multi-Racial

# 4 four

**IN EVENT OF EMERGENCY**

Who should we contact? \_\_\_\_\_

Relation: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Who is your Med. Doctor? \_\_\_\_\_ Phone #: \_\_\_\_\_

## HEALTH HISTORY

### Are you taking any of the following medications?

- Nerve pills    Pain killers (including aspirin)    Muscle relaxers    Stimulants  
 Blood Thinners    Tranquilizers    Insulin    Other(s) \_\_\_\_\_

### Have you ever had any of the following diseases/medical condition(s)?

- |                                |                               |                       |
|--------------------------------|-------------------------------|-----------------------|
| Y N Heart Attack / Stroke      | Y N Heart Surg./Pacemaker     | Y N Heart Murmur      |
| Y N Congenital Heart Defect    | Y N Mitral Valve Prolapse     | Y N Artificial Valves |
| Y N Alcohol / Drug Abuse       | Y N Venereal Disease          | Y N Hepatitis         |
| Y N HIV+ / Aids                | Y N Shingles                  | Y N Cancer            |
| Y N Frequent Neck Pain         | Y N Emphysema /Glaucoma       | Y N Anemia            |
| Y N High/Low Blood Pressure    | Y N Psychiatric Problems      | Y N Rheumatic Fever   |
| Y N Severe/Frequent Headaches  | Y N Kidney Problems           | Y N Ulcers / Colitis  |
| Y N Fainting/Seizures/Epilepsy | Y N Sinus Problems            | Y N Asthma            |
| Y N Diabetes / Tuberculosis    | Y N Difficulty Breathing      | Y N Chemotherapy      |
| Y N Lower Back Problems        | Y N Artificial Bones / Joints | Y N Arthritis         |

Please list any other serious medical condition(s) you have or ever had:

Please list anything that you may be allergic to: \_\_\_\_\_

List previous surgeries/treatments with dates: \_\_\_\_\_

List any past serious accidents with dates: \_\_\_\_\_

Family Health History: \_\_\_\_\_

Are you wearing:  Heel Lifts  Sole lifts  Inner soles  Arch supports

What is the age of your mattress? \_\_\_\_\_ Is it comfortable?  Yes  No

For women: Are you taking Birth Control?  Yes  No

Are you Pregnant?  No  Yes/How long? \_\_\_\_\_ Nursing?  Yes  No

# 5 five

# 6 six

### Allergies to Medication? YES or NO

(List Medications you are allergic to)

Medication: \_\_\_\_\_

Medication: \_\_\_\_\_

Medication: \_\_\_\_\_

Medication: \_\_\_\_\_

Food: \_\_\_\_\_

Environmental: \_\_\_\_\_

- I hereby authorize assignment of my insurance rights and benefits directly to the provider for services rendered (if offered at this office).
- We invite you to discuss with us any questions regarding our services. The best health services are based on a friendly, mutual understanding between provider and patient.
- Our policy requires payment in full for all services rendered at the time of visit, unless other arrangements have been made with the business manager. If account is not paid within 90 days of the date of service and no financial arrangements have been made, you will be responsible for legal fees, collection agency fees, and any other expenses incurred in collecting your account.
- I authorize the staff to perform any necessary services needed during diagnosis and treatment. I also authorize the provider to release any information required to process insurance claims.
- I understand the above information and guarantee this form was completed correctly to the best of my knowledge and understand it is my responsibility to inform this office of any changes in my medical status.

Signature \_\_\_\_\_ Date    /    /   

PLEASE RECYCLE SO THAT WE MAY PRESERVE THE HEALTH OF OUR PLANET.



# PAIN CHART

## ABOUT YOU

Name: \_\_\_\_\_ File #: \_\_\_\_\_

What is your current weight: \_\_\_\_\_ lbs., and height, \_\_\_\_\_ Ft. \_\_\_\_\_ In..

Smoking Status (age 13 and over):

\_\_\_\_\_ Current every day smoker      \_\_\_\_\_ Current occasional smoker

\_\_\_\_\_ Former smoker      \_\_\_\_\_ Never Smoked

## SHOW US WHERE IT HURTS

Please mark area(s) of injury or discomfort as shown in the example below. Mark all areas with the appropriate symbols and indicate the degree of pain using a scale from 1 (discomfort) to 10 (extreme pain).

Description → Numbness  
Symbol → NNNN

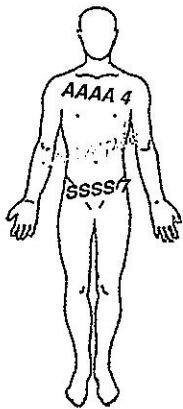
Pins & Needles  
PPPP

Burning  
BBBB

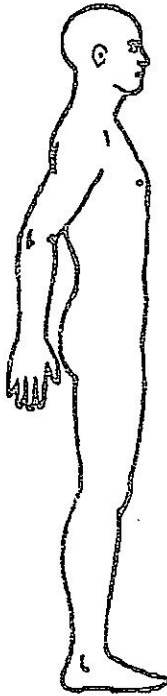
Aching  
AAAA

Stabbing  
SSSS

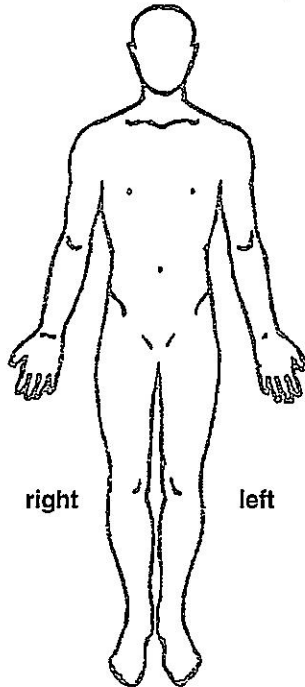
○ Circle any area of pain not represented by a symbol.



Example



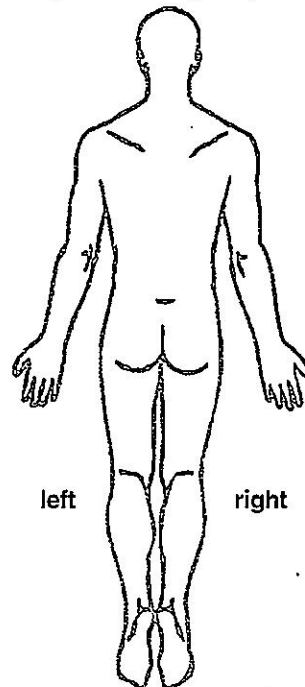
Right



right

left

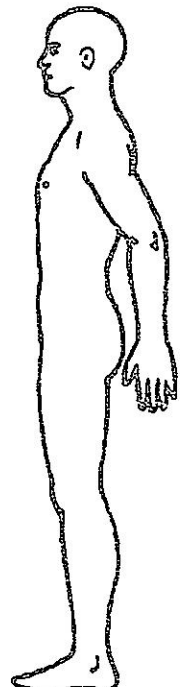
Front



left

right

Back



Left

## DOCTOR'S NOTES

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PLEASE RECYCLE SO THAT WE MAY PRESERVE THE HEALTH OF OUR PLANET 

# Quadruple Visual Analogue Scale (QVAS)

Patient's Name \_\_\_\_\_ Chart # \_\_\_\_\_ Date: \_\_\_\_\_

Instructions: Please circle the number that best describes the question being asked. Remember, a low number means there is less pain; a higher number means there is more pain.

The pain I am rating is: (brief description, 'Back pain,' 'Neck pain,' etc.)

\_\_\_\_\_

## 1 - Rate your pain RIGHT NOW

No Pain \_\_\_\_\_ Worst Possible pain  
0 1 2 3 4 5 6 7 8 9 10

## 2 - Rate your TYPICAL OR AVERAGE pain

No Pain \_\_\_\_\_ Worst Possible pain  
0 1 2 3 4 5 6 7 8 9 10

## 3 - Rate your pain AT ITS WORST (how close to a "10" does your pain get?)

No Pain \_\_\_\_\_ Worst Possible pain  
0 1 2 3 4 5 6 7 8 9 10

## 4 - Rate your pain AT ITS BEST (how close to a "0" does your pain get?)

No Pain \_\_\_\_\_ Worst Possible pain  
0 1 2 3 4 5 6 7 8 9 10

**OATS**

\_\_\_\_\_  
Examiner

To calculate Outcome Assessment Tool Score (OATS), add first three numbers, divide by 3 and multiply by 10.

This form is an adaptation of "Quadruple Visual Analogue Scale" reprinted from Spine, 18, Von Korff M, Reyo RA, Cherkin D, Barlow SF, Back pain in primary care: Outcomes at 1 year, 855 862, 1993, with permission from Elsevier Science.