

Looking good, America! We spent \$16 billion on plastic surgery in 2016 - more than ever before



There are changing attitudes, too. Now millennials film their nose jobs and an hour later, it's on their Instagrams." (STOCK_COLORS/GETTY IMAGES/ISTOCKPHOTO)

If you've noticed more perky bosoms than ever, you're not wrong. Breast augmentation was the most popular cosmetic surgery last year, with nearly 300,000 performed.

A new report, issued by the the American Society of Plastic Surgeons, tallied elective cosmetic surgeries and minimally invasive procedures for 2016. Boob jobs was followed by nose jobs (223,000), tummy tucks (128,000) and butt lifts (18,500). Each at several thousand dollars a pop.

That's small potatoes compared to the number of injections, fillers, peels and laser treatments we endured: nearly 12 million. Unlike the surgeries, these minimally-invasive procedures are far more affordable, ranging in average cost from \$138 to \$673.

All told, that adds up to \$16 billion.

Melanie Griffith hopes she looks normal after cosmetic surgeries



"People are spending more money on plastic surgery now than ever before because of advancements in safety, technique and technology." (RONSTIK/GETTY IMAGES/ISTOCKPHOTO)

"People are spending more money on plastic surgery now than ever before because of advancements in safety, technique and technology. Ten years ago we only had one type of botulinum injection (Botox) and none of the lasers or injectables available now," said ASPS VP and spokesperson Dr. Alan Matarasso. "There are changing attitudes, too. Now millennials film their nose jobs and an hour later, it's on their Instagrams," he told The Daily News.

Still, you don't want to cheap on any procedure. "The most important consideration for patients should be choosing a board-certified, ASPS-member surgeon," said ASPS president Dr. Debra Johnson. "The cost of any procedure is not nearly as important as doing your homework and selecting a surgeon whose primary focus is your safety."

This is your face (or body) we're talking about. After all, you don't want to end up like this.