



TULLAHOMA VISION ASSOCIATES

J. SHAWN MCBRIDE, O.D.

JAMES H. BLANKS, O.D.

OPTOMETRIC PHYSICIANS

CONTACT LENS POLICY

Welcome to our office! We look forward to providing you with the best in contact lens care. Our expertise in contact lens fitting and extensive knowledge of the latest designs and materials have enabled us to fit thousands of satisfied patients. Our philosophy is to give you the best vision and comfort possible while ensuring that your eyes are in optimum health over a lifetime of contact lens wear. As members of Vision Source and leaders in this field, we often have access to products not available in most other offices. We offer the full range of contact lens designs, including soft disposable, astigmatism-correcting (toric), continuous wear, Transitions light-adaptive, cosmetic colors, custom gas permeable, hybrid, bifocal, multifocal, orthokeratology/Corneal Refractive Therapy, myopia control, scleral, hand-painted prosthetic, and even complex designs for irregular corneas due to disease such as keratoconus, trauma or surgery. Please read the following policies and important information regarding our contact lens services.

PATIENTS NEW TO CONTACT LENS WEAR OR WHO HAVE BEEN OUT OF CONTACT LENS WEAR FOR THREE MONTHS OR LONGER

WE REQUIRE THE FOLLOWING:

1. Comprehensive Well-Vision Eye Examination or Medical Eye Examination and current refraction

This is necessary to evaluate your eye health and assess any conditions that may interfere with contact lens wear. Your glasses prescription will be determined also. No contact lens services are included; however, these services may be covered in part by a vision plan or medical insurance.

2. Initial Contact Lens Fitting

The doctor will use the Corneal Topography and refractive information gathered, along with your lifestyle needs and eye health factors, to design the best lens combination for you. The initial lenses will be evaluated by the doctor for fit, comfort and vision.

Changes in the lens parameters or design may be indicated based on the initial evaluation. Once a satisfactory fit is obtained, you will have a one-on-one training session on contact lens insertion and removal, care and cleaning, wearing schedule and lens replacement schedule.

The fitting fee covers the initial corneal topography assessment, consultation with the doctor regarding your contact lens and lifestyle needs, design of the lenses and/or determination of the best contact lens parameters, diagnostic lenses (in most soft lens fittings) used in the evaluation process, staff time ordering specific diagnostic lenses, dispensing of lenses with training in care, and a starter kit of contact lens care products. The fitting fee also includes all necessary follow-up visits for the first year to ensure the best fit, physiologic response, and visual acuity. The fitting is considered complete when the doctor and patient are satisfied that the contact lenses are working well and the patient can be released to long-term follow-up (six-month progress exam and/or annual comprehensive eye health exam). Long-term follow-up visits, medical tests and procedures, visits related to medical conditions, and the annual comprehensive eye health exam are NOT included in the fitting fee.

Contact Lens Prescription

A contact lens prescription will be released to you at the end of contact lens fitting, when the doctor has determined that the lenses are working well for your eyes and vision needs. You may then purchase your lenses from us or any authorized distributor you choose. Our pricing is very competitive, and we will assist you in receiving the maximum benefit from your vision plan or health insurance. Rebates may also be available on many disposable lenses purchased through our office that are not available through other outlets. If you purchase lenses from us, we can direct-ship them to you (at no charge for annual supplies) and replace lost or torn disposable lenses. We guarantee all lenses from our office against manufacturer's defects.

The number of lenses and refills authorized, as well as expiration date of the prescription is at the sole discretion of the doctor based on the type of lens worn, wearing schedule, risk factors, previous history of complications or non-compliance, probability of prescription change, and other factors. Contact lens progress exams and/or a comprehensive eye health exam may be required before additional refills of the contact lens prescription are authorized. These visits are extremely important to monitor eye health and physiologic response to lens wear, even when there are no symptoms.

3. Contact Lens Progress Examinations

These visits are necessary at regular intervals to monitor and assess the fit and physiologic response to your contact lenses. Lenses should be worn to these appointments unless there are eye health issues or you are instructed not to wear

them. The doctor will review your contact lens history and any symptoms, changes or concerns since your last visit. He will also review your wearing and replacement schedule, care regimen, past complications, relevant medical history and lifestyle needs. We will measure your visual acuity with your contact lenses and determine if a prescription change would be beneficial. The doctor will also look for eye health conditions that might affect contact lens wear and examine your eyes to verify good physiologic response to the lenses. These visits are **included** with a contact lens fitting for the first twelve months at **no additional charge**. Other scheduled or unscheduled progress exams are included at **no additional charge** as part of the Continuous Care Program. **These visits do NOT include evaluation and management of active medical problems (e.g. eye infections, ocular injuries, inflammation due to allergy, follow-up of glaucoma, etc.).** However, these issues may be covered in part by medical insurance.

PATIENTS CURRENTLY WEARING CONTACT LENSES

WE REQUIRE THE FOLLOWING:

1. Comprehensive Well-Vision Eye Examination or Medical Eye Examination and current refraction
2. Corneal Topography Analysis

This mapping of the cornea gives the doctor detailed measurements of the size and curvature necessary for fitting contact lenses, as well as provides information which may indicate a medical condition or contraindication to contact lens wear. Also, changes in corneal topography over time may indicate adverse physiologic response and give an early indication of problems related to contact lens wear. This mapping will be performed annually at the comprehensive eye exam or more frequently if indicated for contact lens wearers.

3. Contact Lens Analysis & Assessment

This covers the doctor's analysis of your previous contact lens history, wearing schedule, care regimen, past complications, current symptoms and satisfaction with your current lens design. It also covers the doctor's assessment of your current lens condition and parameters, as well as suitability for continued wear of your current lenses or design. Also, this includes certain additional testing related to contact lenses that may be performed at the time of the comprehensive eye health examination. The doctor and staff will discuss your current situation and options, advise you about the

latest technologies and make sure you are doing all that is necessary to care for your eyes and lenses. The fee for these services is separate from the exam fee.

4. Contact Lens Refit

For patients that desire or need a different contact lens brand or design than what they are currently wearing, or if the current lens parameters are unknown, a Contact Lens Refit Fee will be charged. This fee is based on the type and complexity of the lenses being fit as well as the anticipated amount of time and number of visits required to complete the fitting. This fee **includes** the Contact Lens Analysis & Assessment described above in addition to the initial Corneal Topography analysis. Also included are diagnostic lenses, a starter supply of lens care products, and all follow-up progress visits until the fitting is considered complete, up to one year.

THESE SERVICES ARE IN ADDITION TO THE EYE EXAMINATION AND MAY NOT BE COVERED BY A VISION PLAN.

- We are not responsible for unused lenses should your prescription change. For disposable lenses, in some cases **unopened, unexpired** boxes may be exchanged for a different power.
- Lenses under warranty must be exchanged or returned within the warranty period to receive credit. Any lens changes beyond those included with the warranty or after the warranty has expired will incur additional charges.
- We are not responsible for **lost lenses** for any reason.
- We do not dispense lenses if you have an unpaid balance.
- If using Care Credit, no other discounts apply.

It is important to make and keep appointments in a timely manner. This will allow us to better serve you.

Having a pair of functional "back-up" glasses is recommended for all contact lens patients. You may not use them often; however, there could be a time when you should not wear contact lenses due to an injury or medical condition.

IF YOU HAVE ANY QUESTIONS, PLEASE ASK BEFORE YOU SEE THE DOCTOR.