

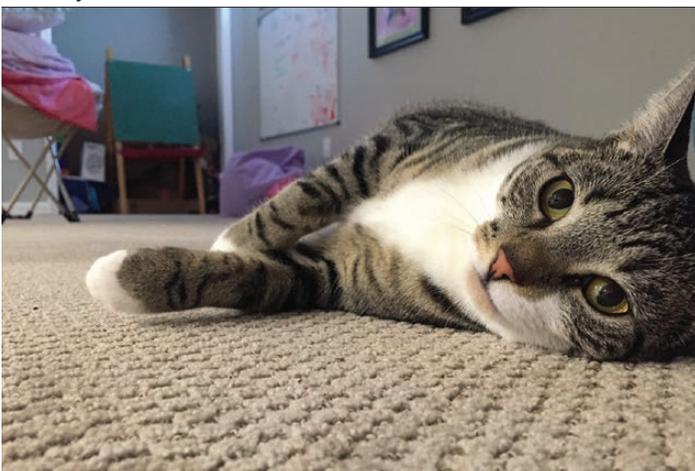
100% effective at preventing the disease but can reduce the risk of severe illness.” Ask your veterinarian if the leptospirosis vaccination is right for your furry family!

Be vigilant about your Easter treats. Keep lilies and candy in check—chocolate, grapes and raisins are toxic to cats and dogs, and all lilies can be fatal if ingested by cats. Dr. Jill Shiffman explains, “even small ingestions (such as 2-3 petals or leaves) or even just the pollen or water from the vase) – can result in severe, acute kidney failure.” Kittens also love to nibble on the colorful plastic grass found in Easter baskets, which can lead to an obstructed digestive tract, severe vomiting and dehydration.

Be careful during your spring cleaning. Spring cleaning is a tradition in many households, but be sure to keep all cleaners and chemicals out of your pets’ way! Almost all cleaning products (even all natural ones) contain chemicals that may be harmful to pets. The key to using them safely is to read and follow directions for proper use and careful storage. Check in with your vet to get more information on the best product to use in your home.

Spring is a time for frolicking and having fun outdoors with your furry friends. By simply following the above recommended precautions you are doing right by your pet and protecting them from the dangers that arise during spring time.

*Zoey Schreiber



**A few of Bergen County Veterinary Center's happy patients who live in Ramsey!*

WITH TEAMWORK, ANYTHING IS POSSIBLE

By Lauren DePaul Schreiber

Not many people can say that they have been recognized as a real life hero on Disney Channel, but for Nina Davis, this is an honor she can call her own. Twelve year old Nina Davis has been playing soccer since she was four years old. “When I first started playing, I spent most of the time doing cartwheels and planning playdates! I started to get serious when I joined my first club team at age six.” She discovered there was so much to love about the sport, but most of all, she was happy being part of a team. “We have to trust each other and work together to win. Sometimes you take risks and you have to be confident that someone has your back,” says Nina.

Five years ago, Nina joined NJ Lightning, a soccer team made up of girls from all different towns and various soccer clubs. Teammates on the field, they are also best friends off the field. “They are like my second family,” says Nina. One of the members of the team, McKenna Houston, has Type-1 Diabetes. The team has worked together to help keep McKenna safe on the field by educating themselves on how to help her when issues arise during practice and games.

This past January, the team headed to Disney World to compete in the 3v3 soccer tournament. While they were there, Disney awarded them the Kim Possible Hero Award, recognizing them for the special nature of their team. They were featured in the Kim Possible Kickoff which promoted the movie on Disney Channel. In the movie, Kim is a soccer player and a super hero. “The

experience was so much fun but really long because we had to keep shooting scenes over and over again. When we weren't shooting,

we were playing soccer games against the film crew and winning, which was awesome. The best part was meeting actress Sadie Stanley who was super nice,” says Nina. The Kim Possible Kick off aired on February 15th.

Nina and her team hope to do more to raise awareness for Type-1 diabetes and continue to play together for a long time, supporting each other on and off the field.

