

Name: _____ Date: _____



History and Physical

REASON FOR TODAY'S VISIT:

❖ Please mark if you have had any of the following conditions, even if it was only an acute incident.

Heart Issues:	No _____ Yes _____	Hypothyroidism:	No _____ Yes _____
Poor Circulation:	No _____ Yes _____	Diabetes:	No _____ Yes _____
Bradycardia:	No _____ Yes _____	Breast Cancer:	No _____ Yes _____
Tachycardia:	No _____ Yes _____	Breast Lump:	No _____ Yes _____
A-Fib:	No _____ Yes _____	Migraines:	No _____ Yes _____
Hypertension:	No _____ Yes _____	Stroke:	No _____ Yes _____
Hypotension:	No _____ Yes _____	Nerve pain:	No _____ Yes _____
Bleeding Issues:	No _____ Yes _____	Depression:	No _____ Yes _____
Anemia:	No _____ Yes _____	Anxiety:	No _____ Yes _____
Lung problems:	No _____ Yes _____	Bi-Polar disorder:	No _____ Yes _____
Shortness of Breath:	No _____ Yes _____	Schizophrenia:	No _____ Yes _____
Blood Clots in Lungs:	No _____ Yes _____	Glasses/Contacts:	No _____ Yes _____
Asthma:	No _____ Yes _____	Dry eyes:	No _____ Yes _____
Liver Problems:	No _____ Yes _____	Skin Problems:	No _____ Yes _____
Cirrhosis:	No _____ Yes _____	Eczema:	No _____ Yes _____
Kidney Problems:	No _____ Yes _____	Arthritis:	No _____ Yes _____
Kidney Stones:	No _____ Yes _____	Cancer:	No _____ Yes _____
Re-occurring UTI's:	No _____ Yes _____	Weight Change:	No _____ Yes _____
Kidney Infections:	No _____ Yes _____	Auto-Immune Disorder:	No _____ Yes _____
Renal Disease:	No _____ Yes _____	Congenital Disorder:	No _____ Yes _____
Stomach Problems:	No _____ Yes _____		
Crohn's/ Ulcerative Colitis:	No _____ Yes _____		
Hyperthyroidism:	No _____ Yes _____		

Please list any other medical conditions that you had:

Name: _____ Date: _____

Height: _____ Weight: _____ Breast Size: _____ Latex Sensitivity: No _____
Yes _____

Allergies and Reaction Type:

List any previous surgeries along with the approximate date of surgery:

List all of current medications including over-the-counter, aspirin, herbal supplements, vitamins, and birth control:

History of Smoking: No _____ Yes _____ Quit- Year: _____ Packs per day: _____

Alcohol Consumption: No _____ Yes _____ Quantity per day _____ How many years _____

Recreational drug use:

Occupation:

How many times have you been pregnant? _____ How many times have you carried to term? _____

History of Birth Control Use: _____ How many years: _____

Most recent PAP smear: _____ Normal/Abnormal: _____

Mammogram: _____

Results: _____

List any prior problems with anesthesia:

Family Medical History:

Pre-Operative Patient Information: Smoking, second-hand exposure nicotine products (patch, gum, nasal spray). Patients who are currently using tobacco or nicotine products are at a greater risk for significant complication of skin drying and delaying healing. Individuals exposed to second-hand smoke may have significant negative effects on anesthesia and recovery from anesthesia with coughing and possibly increased bleeding. Individuals who are not exposed to tobacco smoke or nicotine containing products have a significantly lower risk of this type of complication. Please indicate your current status regarding these items below.

_____ I am a non-smoker and do not use nicotine products. I understand the risk of second-hand smoke exposure causing surgical complications.

Name: _____ Date: _____

_____ I am a smoker or use tobacco or nicotine products. I understand the risk of surgical complications due to smoking or the use of nicotine products. I have been informed that I must not smoke, use any nicotine products, and avoid second-hand smoke a month prior to my surgery and one month after my surgery.

_____ I understand a nicotine test will be performed prior to surgery. If positive, surgery will be canceled and/or rescheduled.

Date: _____

Signature: _____