

# Manteca Dental Care

| Rick Van Tran, DDS |  
& Associates

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## Home Care Instructions for Crowns and/or Bridges

**APPOINTMENTS.** Crown and bridges usually take 2 or 3 appointments to complete. On the first appointment, the tooth/teeth are prepared and impressions are taken. A temporary crown is then placed on your tooth/teeth until the permanent one can be seated. On the second appointment, the permanent crown will be cemented. If the crown does not meet Dr. Tran's or your expectations, the crown will not be cemented. Dr. Tran will take another impression to send back to the lab resulting in another appointment for seating.

**SENSITIVITY.** You may experience sensitivity, gum soreness and slight discomfort on the tooth/teeth and it should subside after the placement of the permanent crown.

**ANESTHESIA.** Whenever anesthesia is used, avoid chewing on your teeth or cheek until the numbness has worn off.

**CEMENTATION.** After the permanent restoration is placed you may feel slight pressure for a few days. Also, the bite may feel different for a day or two. But if the bite feels uneven or you feel discomfort on chewing on the tooth after 2-3 days call our office. Delaying the necessary adjustments may damage the tooth permanently.

**BRUSHING & CHEWING.** Once the crown is cemented, allow the cement to set for at least 12 hours before engaging in any rigorous chewing. Brush and floss as normal.

If you have any questions, concerns, pain, or discomfort, please do not hesitate to contact our office!

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