



ARESTIN® Aftercare Instructions

4 Important Tips to Remember After Treatment

To help ensure you receive the maximum benefit from your ARESTIN® treatment, please follow these instructions carefully after the medication has been placed.

1. Do Not Touch the Treated Areas

Avoid touching, rubbing, or disturbing the areas of your gums where ARESTIN® has been placed. This allows the medication to remain in position and begin working effectively.

2. Continue Brushing

Wait **4 hours after treatment** before brushing your teeth. After 4 hours, resume your normal brushing routine and brush **three times daily** as recommended by our dental team.

3. Continue Flossing

Continue to **floss daily**. However, please do not use devices designed to clean between the teeth—such as a Hydrofloss® or Waterpik®—for **at least 10 days** following treatment.

4. Maintain Your Follow-Up Appointments

Periodontal disease is caused by bacteria that can persist and may cause infection to return. Regular follow-up appointments are an important part of maintaining healthy gums and teeth and monitoring your periodontal health.

Please contact our office if you have any questions or concerns following your ARESTIN® treatment.