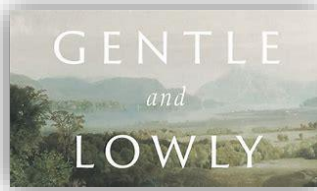


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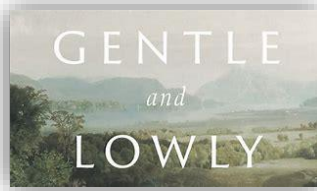
2020-2021 Study Questions

October

Chapter 1 - His Very Heart

1. What does the word “gentle” mean in Matthew 11:29? What does the word “lowly” mean? (19-20)
2. How does knowing that the ONLY way that Christ describes his heart --“gentle and lowly” affect and change your view of Him? How is knowing this about Him an example for you? (17-19)
3. How is “finding rest for your soul” different from finding rest for your body? (22)
4. Where else is the word “easy” (Matthew 11:30) used in the New Testament and how is it translated there? What implications does that have on our understanding of Matthew 11:30? (22-23)

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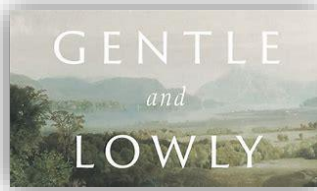
2020-2021 Study Questions

October

Chapter 2 - His Heart in Action

1. What ways did the author list that Christ's compassion was shown to humanity? Can you think of other ways in scripture that show the heart of compassion Jesus had for believers and unbelievers without distinction? (25-27)
2. The tendency of fallen humanity is to have a "lopsided view of Jesus". In what ways do you struggle to view Him as He has revealed Himself? For what reasons do you think you have those views and how do you replace them with a more consistently truthful view of Him? (28)
3. What does the author mean that it is better to be biblical than "artificially balanced" in terms of Who Christ is? (29)
4. When Jesus sees a fallen world, what is His tendency and most natural instinct? (30)

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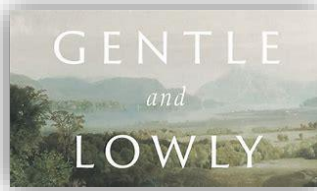
2020-2021 Study Questions

October

Chapter 3 - His Happiness of Christ

1. How is Christ's heart and joy engaged in a new way in our foibles and failures? (35-37) How do we most naturally respond to the failures of others and how can we grow to be more like our God?
2. For what joy did Jesus endure the cross in Hebrews 12:2? (39)
3. The author mentions that each person in Christ's church is a member of His body. In what ways is the metaphor of Christ and His church as a body mentioned? (40-41) How is the body metaphor different from how an organization works?

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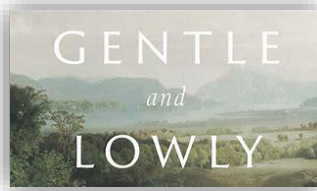
2020-2021 Study Questions

November

Chapter 4 – Able to Sympathize

1. What biblical evidence do we have that tells us that Christ is just as approachable and compassionate today as when He walked on the earth? (Heb. 4:15, Pg. 44-46)
2. What exhortations does Heb 4:16 give us when we read that He sympathizes with our weakness? (45) How do these truths help us change how we approach trials and prayer in our own life?
3. Jesus was the only perfect human. In what ways is Christ able to sympathize with our humanity living in a fallen world? (46-48)
4. What 2 reasons does the author give to assure us that even though we have sinned, Jesus can be in solidarity with us in our weakness? (49)

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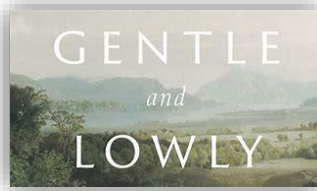
2020-2021 Study Questions

November

Chapter 5 – He Can Deal Gently

1. Who does “ignorant” and “wayward” refer to in Hebrews 5:2? (53-54)
2. What elicits tenderness from Jesus? Is it how heinous our sins are or whether a sinner comes to Him? What elicits His fierce judgment upon a sinner? (54)
3. What are we encouraged to do when we sin, knowing He does not handle us roughly when we come? (54)
4. For what reason can Jesus deal with us gently as given in Hebrews 5:2? (55-56)

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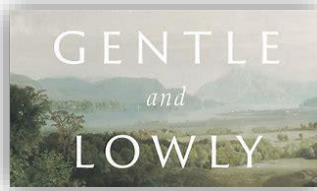
2020-2021 Study Questions

November

Chapter 6 – I Will Never Cast Out

1. What objections to John 6:37, not listed by Bunyan or the author (62-64), do you struggle with? How are you tempted to distrust Jesus' words? Consider writing these doubts/objections in a prayer to our Lord, lacing your prayer with this verse and others to strengthen your faith and trust in the heart and character of God.

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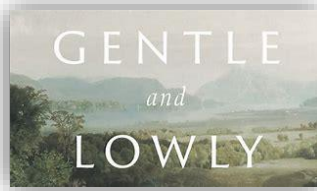
2020-2021 Study Questions

November

Chapter 7 – What Our Sin Evoke

1. What is the main reason we do not feel the full weight of our sin? What is the remedy? (67-68)
2. Is grace a “thing” we get or a Person? Who and why is He the grace we need and have been offered? (69)
3. Who does the heart of Christ go out to? (74-75) Is it everyone without distinction?

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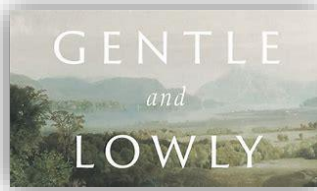
2020-2021 Study Questions

January

Chapter 8 – To the Utmost

1. What doctrine does the author mention has to be rediscovered every generation? What is in us that naturally resists this divine truth? (78)
2. Elaborate on Christ's intercession for us. Why do we need intercession continually if we are fully justified and forgiven forever? (79-82)
3. What "small pocket" of your life do you struggle believing the forgiveness of God so that it hinders you from confession and coming to Him? (83) How does knowing His heart help to transform your trust in coming to Him with/in that "pocket"?

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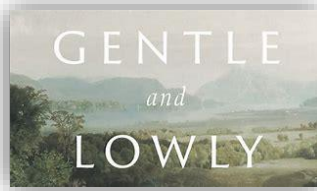
2020-2021 Study Questions

January

Chapter 9 – An Advocate

1. What is a biblical definition of advocacy? (88-89) Consider doing your own word study on the topic.
2. How is biblical advocacy different from intercession? (90)

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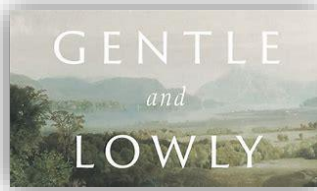
2020-2021 Study Questions

January

Chapter 10 – The Beauty of the Heart of Christ

1. What is the first reason Jonathan Edwards gave to children in regard to why they must love the Lord Jesus Christ above all things? (96)
2. What adorns Christ with beauty and how can we as women who desire to follow Him put on this most Christ-like of virtues? (1 Peter 3:4, 97)
3. Why is it important for us to dwell not only on the transcendent greatness of God, but on the loveliness of His heart? (97-98)
4. What children has God currently placed in your life? In what ways can you continue/start/increase in teaching them about the loveliness of the heart of Christ? (100) What has kept you from diligently sharing this truth of who He is in the past and how can you overcome that in the future? Consider making a plan and prayer and asking God for wisdom.

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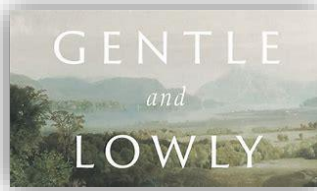
2020-2021 Study Questions

January

Chapter 11 – The Emotional Life of Christ

1. Who is the example of a godly emotional life? What does that look like? (105)
2. What emotion is most frequently attributed to Jesus? (105)
3. Do fallen emotions always *overreact*? (107) Are there ways or patterns you find in your life of *underreacting* to the needs of others/lack of compassion? In what ways can you show more of the heart of Christ to your spouse, family, friends, and those who do not know Christ?
4. How does Jesus' anger rightly reflect His compassionate heart? How is it possible to release and confess bitterness when sinned against after knowing His heart toward sin when we are sinned against? (108-110, 112)

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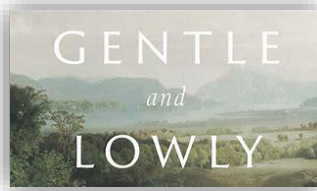
2020-2021 Study Questions

February

Chapter 12 – The Tender Friend

1. Why and to whom is it a comfort knowing Jesus is a friend of sinners? How might that be uncomfortable to many? (114)
2. What does it mean that Christ is a friend of sinners and how can knowing this relieve our hesitancy about coming to Him with a penitent heart? (114-115)
3. Who do “all the kinds and degrees of friendship meet” in? Does this change your previous perspective and view of our Lord? (116)
4. What facets of Christ’s friendship does Richard Sibbes draw from the scriptures? (119)

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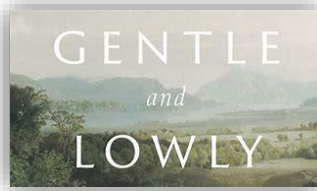
2020-2021 Study Questions

February

Chapter 13 – Why the Spirit?

1. What involvement does the third member of the Trinity have in helping us know the heart of Christ? (122-125)

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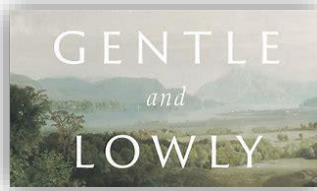
2020-2021 Study Questions

February

Chapter 14 – Father of Mercies

1. How does 2 Corinthians 1:3 reconcile/clear up the idea that the Son is gentle, but the Father is not so much as the Son? (128-131)

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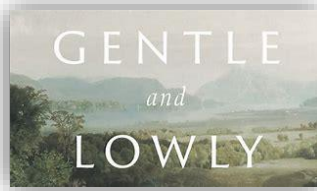
2020-2021 Study Questions

March

Chapter 15 – His “Natural” Work and His “Strange” Work

1. What do we learn from Lamentations 3:33 about afflictions, even major ones, that come into our lives? Who is it from? (136-137)
2. To what degree are we able to be comforted during severe trial and affliction? (137)
3. How is God “conflicted” in sending us pain in our lives? In what manner does He send it and what is His goal? (138-139)
4. What acts of God are His “strange” work versus His acts that are “natural”? (139-142)

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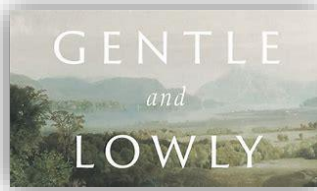
2020-2021 Study Questions

March

Chapter 16 – The Lord, the Lord

1. How does God describe Himself in Exodus 34:6-7? (148-150) How would your life be different if these attributes were not true about our Creator?
2. What is one aspect of the Christian life that the author names on page 151-152? How has this been true in your life whether you are a new Christian or have been walking with Christ for years? How have you persisted in this hard work thus far?

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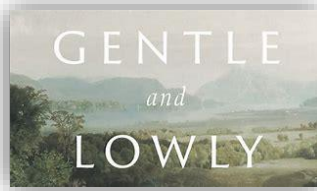
2020-2021 Study Questions

March

Chapter 17 – His Ways Are Not Our Ways

1. In Isaiah 55:8, in what context are we shown God's compassionate heart? (155-156)
2. How different are God's thoughts and ways from our own tendencies? (Is. 55:8-9) In what ways are God's plans different from how fallen humans might think His plans are toward sinners? (157-158)
3. Where and to Who is the heart of God naturally drawn in Is. 57:15? (162) Consider memorizing this verse.
Mary, the mother of Jesus, alluded to this portion of scripture during her Magnificat and praise to God for the plans He had for her (Luke 1:48-49)

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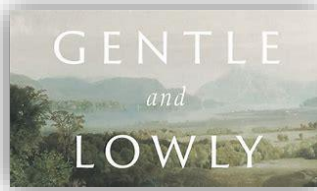
2020-2021 Study Questions

April

Chapter 18 – Yearning Bowels

1. What does the word “remember” in Jeremiah 31:20 refer to in relation to God? (164-165) What was the reason that God would “remember” Israel?
2. Consider listing the Hebrew and other synonyms for “heart” in Jer. 31:20. What do they mean in this context? (165)
3. How does knowing that God yearns for the “real” you, help in understanding Who He is? (166)
4. The author mentions that our world is “starving for a yearning love, a love that remembers instead of forsakes”. How do you see this in your own heart and life and how has knowing Christ satisfied that longing? (168-169)

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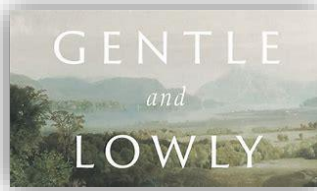
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April

Chapter 19 – Rich in Mercy

1. What is the only thing recorded in scripture God is called *rich* in? What does this mean according to the author? (172)
2. What does God delight in according to Micah 7:18? (172)
3. How does our own folly activate God's love for us? Does this mean he loves folly? (174, Psalm 5:4)
4. What thoughts are given to why we need God's rich mercy and the embodiment of His rich mercy for our everyday lives? (174-178)
5. What keeps you from embracing or believing God's rich mercy toward you even as a Christian who daily battles and oftentimes fails? How does a right understanding of mercy help inform your doubts about how Christ views you in the midst of sometimes persistence failure? (179-180)

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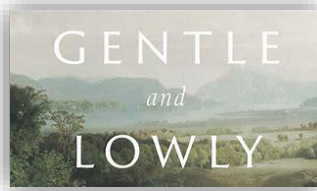
2020-2021 Study Questions

April

Chapter 20 – Our Law-ish Hearts, His Lavish Heart

1. What are the two ways the author mentions that you can live the Christian life? How do you tend to struggle with that on a daily basis of seeking to honor the Lord through obedience? (181-182)
2. What is the central message of Galatians? (182)
3. What dangers to the Christian life are posed by operating out of a legal spirit? How does that distort our view of Christ and the gospel on a practical level? (183-186) How might our worship of Christ and attitude toward others who fail be affected?

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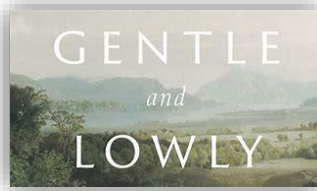
2020-2021 Study Questions

May

Chapter 21 – He Loved Us Then; He'll Love Us Now

1. The nature of the Christian life given in Romans 7, encourages us as we understand Paul's struggle against sin and as we look inwardly at our own struggles. When does Romans 5:8 say that Christ loved us? How does the author encourage us that even after becoming Christians, Christ still loves us even when we fail? (189-190)
2. Is it normal, as a Christian to have a sensitized conscience? Because we have a heightened awareness of our sin through the word of God and the Spirit of God, how can that affect how we view ourselves and our relationship to God when we sin? What encouragement does the author give during these times? (190-193)
3. When we sin, as believers, how do we restore a right relationship back with our Father? (194)
4. How did this chapter encourage you when you despair or are despondent in regard to failures in life?

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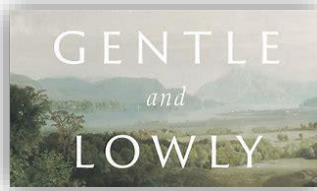
2020-2021 Study Questions

May

Chapter 22 – To the End

1. In what manner did Jesus show His unselfish love for us, seeking our best, even when we were at our worst? How do we normally love in our fallen state? (198)
2. What were the circumstances in Jesus' life in John 13:1? What does this passage reveal about Jesus' heart even when he was heading to His own suffering? (198-199)
3. How was the sin-bearing and wrath of God more full of anguish for Jesus than the physical pain of the cross? (200) How does knowing this help us to put failures and sins in perspective as we dwell on our forgiveness in Christ? (202)
4. In what ways is God's love for His bride the church different from His love for humanity in general? (203-204)

Women Walking Wisely



2020-2021 Study Questions

May

Chapter 23 – Buried in His Heart Forever

1. The Westminster Confession of Faith states that the chief end of man is to glorify God and to enjoy Him forever. What 2 ways does the author discuss that help us to understand *how* we glorify God? (206-207)
2. What does the word “kindness” mean from Ephesians 2:7? Who is this kindness toward in this verse? (210-211)
3. In what ways does this book leave you yearning to be with Christ? How has your heart and mind been renewed about Who Christ and our God is and in what specific ways was your life changed throughout the course of this year?