



## PERFORMANCE PROTEIN

Proper nutrition is necessary to maximise our health and wellness. It becomes even more important for the body when athletes and active people are training, competing, or recovering. The right balance of nutrients energises workouts, supports the body's natural resiliency, optimises performance, and promotes adaptation in muscle and other tissues in response to training so you can make the best of your workout.

Our NeoLife SPORT Performance Protein plays a significant role as a performance enhancing product that helps prepare the body for physical activity, workouts, and in maximising muscle building and repair, giving athletes and active people nutrition to help fuel performance.

No potentially harmful or artificial ingredients.

Designed to fuel your body, we use only the highest quality protein and key nutrients needed for optimal performance.



NeoLife Scientific  
Advisory Board

#2581 – 15 Servings

### Support Athletic Performance with High Quality Ingredients

- Sports and a high activity lifestyle can put an increased metabolic demand on your cells, and with an increased metabolic demand, the nutritional needs are amplified.
- While physical fitness and mental endurance are important, performance is directly linked to the quality, timing, and quantity of the food fueling the body.
- Optimised nutrition can give active people and athletes the competitive edge they need to win.

### Our Solution: NeoLife SPORT Performance Protein

- NeoLife SPORT Performance Protein provides—high quality protein, amino acids, vitamins and minerals in specialised formulas that help the body build stamina, lean muscle mass and the ability to repair and recover quickly.
- **MuscleMatch™ Protein Blend** features an amino acid profile optimised to closely match lean muscle, and promote maximum muscle building efficiency. Each serving (in 250ml skim/fat free milk) provides 26g protein, 5.7g branched-chain amino acids (BCAAs) including 2.6g Leucine for optimal muscle building and retention, and 5.1g Glutamine and Glutamic Acid to support immune strength and the integrity of the digestive tract.

- **Exclusive Protogard™ Process** uses low temperature blending to maximise nutritional value. Excellent PDCAAS value.
- Metabolically balanced **1:1 protein to carbohydrate ratio** (26g:26g)<sup>†</sup> optimised to support sport activity for immediate and sustained energy.
- Biologically complete protein with all 22 amino acids, including all the essential ones and 3 BCAAs—from whey & milk, and does not contain soya protein.
- Full spectrum of **25 balanced essential vitamins and minerals** with higher amounts of chromium and magnesium to support healthy blood sugar levels and optimal nerve and muscle function for athletic people.
- **Proprietary HoneyFruit** natural sweetener system based on honey and fruit juice powders plus stevia provides incomparable taste and flavour. Does not contain added fructose.
- **NeoLife Fibre Blend** includes both insoluble and soluble fibre to support a healthy heart and good digestion.
- **Glycaemic Response Control Technology** to help support normal blood sugar levels.
- Contains **protein-sparing carbohydrates** from honey and fruit juice to provide energy while sparing protein for muscle development.
- Includes special **Enzyme Blend**—plant derived enzymes to improve digestibility.

<sup>†</sup>Mixed in skim/fat free milk

# PERFORMANCE PROTEIN

- Includes **Neo-Plex Concentrate** —whole food antioxidants including vitamin C and citrus bioflavonoids.
- Includes **Lipotropic Factors** choline and inositol to support fat utilisation.
- **Mild vanilla flavour** —versatile enough to accommodate your own add-ins like fruits and berries.
- Only 1g of fat per serving.

## Key Features and Our Promise!

- Formulated under the strict guidance of the Scientific Advisory Board—world-renowned scientists and nutrition experts.
- No potentially dangerous stimulants.

- Contains only GMO-free ingredients.
- No artificial anything! No artificial colours, flavours, sweeteners, or preservatives added.
- Gluten-free
- Based in Nature, Backed by Science
- Guaranteed to be free of any substance currently banned by the National Collegiate Athletic Association, International Olympic Committee, and World Anti-Doping Agency.

## Nutrition Information

Serving Size: Two scoops (36 g)

Servings Per Container: 15

	Per 36 g Serving (2 scoops)	Per 100 g Serving	With 250 ml skim milk	With 250 ml skim milk %NRV*
Energy	536 kJ	1489 kJ	876 kJ	
Protein	18 g	50 g	26 g	46
Carbohydrates	9 g	25 g	21 g	
Total sugar	6 g	17 g	18 g	**
Dietary fibre	5 g	14 g	5 g	**
Total Fat	1 g	3 g	1 g	**
Saturated fat	0,14 g	0,39 g	0,27 g	1
Total Sodium	76 mg	211 mg	179 mg	9
Potassium	197 mg	547 mg	579 mg	12
Magnesium	181 mg	503 mg		57
Vitamin A	1250 I.U. (375 µg)	3472 I.U. (1042 µg)		48
Vitamin D <sub>3</sub>	140 I.U. (3,5 µg)	389 I.U. (10 µg)		23
Vitamin C	21 mg	58 mg		21
Vitamin E	10,5 I.U. (7 mg)	29 I.U. (19 mg)		47
Vitamin B <sub>6</sub> (thiamine)	0,525 mg	1,5 mg		53
Vitamin B <sub>2</sub> (riboflavin)	0,595 mg	1,7 mg		80
Vitamin B <sub>3</sub>	0,7 mg	2 mg		47
Folic acid	140 µg	388 µg		38
Vitamin B <sub>12</sub>	2,1 µg	5,83 µg		139
Biotin	105 µg	292 µg		350
Calcium	195 mg	542 mg		38
Pantothenic acid	3,5 mg	10 mg		70
Phosphorous	111 mg	308 mg		29
Niacin	7 mg	19 mg		45
Iron	6,3 mg	18 mg		49
Zinc	5,25 mg	15 mg		63
Iodine	53 µg	147 µg		35
Copper	0,7 mg	2 mg		78

	Per 36 g Serving (2 scoops)	Per 100 g Serving	With 250 ml skim milk	With 250 ml skim milk %NRV*
Chromium	60 µg	167 µg		171
Manganese	0,7 mg	2 mg		30
Selenium	25 µg	69 µg		45
Molybdenum	26 µg	72 µg		58
Choline	10 mg	28 mg		***
Inositol	10 mg	28 mg		**
Neo-Plex Concentrate	25 mg	70 mg		**

\* % NRV calculated for individuals 37 months and older.

\*\* No NRV established for this ingredient.

\*\*\* Less than 5% of NRV.

AOAC 2000.03 for fibre analysis.

**INGREDIENTS:** MuscleMatch™ Protein Blend (whey protein isolate, nonfat milk powder, calcium sodium caseinate), NeoLife Fibre Blend (maltodextrin fibre, oat fibre, guar gum), Proprietary HoneyFruit Sweetening System (honey powder, grape juice concentrate, rice dextrin, stevia), vanilla flavouring, lecithin powder (soya), magnesium oxide, zinc yeast, vitamin E (d-alpha-tocopherol and mixed tocopherols), chromium yeast, Neo-Plex Concentrate (orange juice powder, vitamin C (ascorbic acid), orange peel powder, citrus bioflavonoid), vitamin C (ascorbic acid), manganese yeast, copper yeast, ferrous sulfate, selenium yeast, inositol, kelp, niacinamide, Enzyme Blend (bromelain, papain, malt diastase, lactase, lipase and amylase), vitamin A palmitate, pantothenic acid, vitamin D<sub>3</sub>, vitamin B<sub>6</sub> (pyridoxine hydrochloride), vitamin B<sub>12</sub> (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.

No artificial colours, flavours, sweeteners, or preservatives added.

The key to Gold Medal performance is nutrition that works as hard as you do!

NeoLife Sport Performance Protein is designed to fuel your body with the highest quality protein and key nutrients needed for optimal performance.

**Exclusive MuscleMatch™** Formula features an amino acid profile optimised to closely match lean muscle and promote maximum muscle building efficiency. Includes all 22 amino acids involved in human nutrition including branched chain amino acids (BCAA). Proprietary protein blend includes whey and casein.

**Exclusive Protogard Process** uses low-temperature blending to maximise nutritional value.

**25 Vitamins and Minerals** to replenish those used up during intense activity.

**Directions for use:** Mix two (2) scoops (36 g) with 250 ml of ice cold skim milk in a shaker or blender. Can also be mixed in water. Use as a delicious food supplement every day or, before or after workouts.

†Amounts based on powder mixed in 250 ml of skim milk.