



# FEMININE HERBAL COMPLEX

Women everywhere know that even though you might be healthy in all other respects, monthly complaints and mood swings can be challenges to your feelings of wellness. For centuries, master herbalists have known that women have unique cyclical needs and that certain herbs work to balance the feminine cycle. Because a woman's menstrual cycle places her body in a constant state of flux, specific formulations have evolved over the centuries to assist women in achieving balance and wellness by addressing needs that are specific to the female system. NeoLife's Feminine Herbal Complex addresses those needs with a unique blend of herbs that support normal female physiology and function.



#2896 – 60 tablets

## Why choose herbs for my female concerns?

- Because herbs have been proven effective from centuries of use.
- Because herbs have a long history of safe use, without the side effects associated with chemical drugs.
- Because herbs are nature's solutions to wellness challenges.
- Because herbs are non-habit forming.
- Because herbs work naturally and gently to support normal female function.
- Because herbs have been shown to relieve menstrual and premenstrual symptoms including: inflammation, irritability, cramping and mild anxiety.

## Why NeoLife's Feminine Herbal Complex?

- **Comprehensive formula.** Our unique "complete family" approach to the formula provides broad, synergistic effects of the herbal constituents, which optimise their ability to support a woman's unique cyclical needs.
- **Herbs are selected from many global traditions,** bringing you the best herbal knowledge from around the world.
- **Contains St. John's Wort,** which has been shown to help support calmness, relieve low mood and support positive mental attitude.
- **Contains Wild Yam,** which has been shown to support normal female physiology and function.
- **Guaranteed purity, potency and consistency.**
- **Derived solely from nature's herbs,** containing no chemical or animal products.

The following benefits have been attributed to the herbs contained in NeoLife's Feminine Herbal Complex by master herbalists:

Chevallier, A., *Encyclopedia of Medicinal Plants*, Dorling & Kiindersley Ltd., London, 1996. Hoffman, D., *The Complete Illustrated Holistic Herbal*, London, 1996. Hsu, Hong-Yen, *Oriental Materia Medica*, Keats Publishing Company, New Canaan, CT, 1986. McIntyre, A., *The Complete Woman's Herbal*, Gala Books, Ltd., London, 1994.

\*These statements have not been evaluated by the National Agency for Food and Drug Administration and Control (NAFDAQ). This product is not intended to diagnose, treat, cure or prevent any disease.

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These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use. Some products may not be available in every market.

HERB	TRADITIONAL BENEFIT
<b>Wild Yam — root</b> ( <i>Dioscorea villosa</i> )	Helps reduce inflammation, relaxes muscle spasms and supports normal female physiology and function.
<b>Red Sage — leaf</b> ( <i>Salvia officinalis</i> )	Assists in reducing excess sweating, inflammation and menstrual cycle irregularities, promotes vitality.
<b>St. John's Wort — flower</b> ( <i>Hypericum perforatum</i> )	Assists in relief from irritability, anxiety and helps reduce inflammation.
<b>Vitex — fruit</b> ( <i>Vitex agnus-castus</i> )	Assists in menstrual cycle irregularities, supports normal female physiology and function.
<b>Lady's Mantle — herb</b> ( <i>Alchemilla vulgaris</i> )	Assists in menstrual cycle irregularities, overcoming heavy menstrual flow, reduces inflammation.
<b>Chinese Angelica — root</b> ( <i>Angelica polymorpha</i> )	Promotes vitality, assists in menstrual cycle irregularities.
<b>Skullcap — herb</b> ( <i>Scutellaria lateriflora</i> )	Relieves mild irritability and anxiety, assists in menstrual cycle irregularities.
<b>Ginger — root</b> ( <i>Zingiber officinale</i> )	Helps reduce inflammation, relaxes muscle spasms.
<b>Dandelion — root</b> ( <i>Taraxacum officinale</i> )	Assists in excretion of excess fluid.
<b>Liquorice — root</b> ( <i>Glycyrrhiza glabra</i> )	Helps reduce inflammation, assists in symptoms of nervous tension.