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# **Executive Summary**

For most Americans, Social Security is a significant retirement asset. Making the best possible selections related to your Social Security options can mean a material difference in the income it provides to you over the course of your retirement years. Our firm uses software created by the industry leader in Social Security claiming strategies.

The purpose of this Social Security Analysis and Strategy Report is to:

- Offer a high-level introduction to and education about your Social Security retirement benefit options.
- Help you determine when to begin benefits.

# What You Will Find in the Following Pages

We've provided a great deal of information in this report. Some key highlights are:



An introduction to Social Security, explanation of key terms, and an explanation about how your benefits are calculated.



An analysis that compares your cumulative Social Security benefits for different starting dates and life expectancies.



A retirement needs analysis that compares the cumulative financial needs from your financial portfolio needed to meet your projected expenses.



A case study that demonstrates how the choice of Social Security starting date can extend the financial portfolio's longevity, that is, how long until your savings is exhausted.

# **Key Assumptions about This Report**

As you review your Social Security Analysis and Strategy Report, please keep in mind that

- 1. This report is designed to illustrate the importance of your decision on when to begin Social Security benefits and to help you decide the best strategy for your situation. Detailed analysis is needed to compare different strategies side by side, especially if you are married and spousal benefits are considered.
- 2. This report is provided for informational purposes only. The information and data should not be acted upon or taken as advice. The purpose of the report is to educate and give general guidance to help you craft a personalized approach in taking Social Security.
- 3. All the information provided is based on current Social Security rules, benefits calculations, and payout promises on existing funding levels.

## **Key Terms**

You may find some of these key terms throughout your report:

Children's (or Family) Benefits: Benefits received by dependent children that supplement family income.

Cumulative Benefits: Lifetime payout of Social Security benefits.

Delayed Retirement Credits: Increases in monthly Social Security benefits if you delay taking benefits.

Delayed Strategy: Claiming benefits after Full Retirement Age (FRA) in order to receive increased benefits.

Divorced Benefits: Benefits paid to the divorced spouse of an eligible worker to whom you were married at least 10 years.

Early Strategy: Claiming benefits at any time before Full Retirement Age (FRA).

Earnings Record: The history of your earnings for the years you have worked in your lifetime.

Earnings Test: The reduction in benefits taken if you continue to work while receiving benefits before you reach Full Retirement Age (FRA). Once you reach FRA, the earnings test does not apply to your income, and there is no limit on your earnings.

File and Suspend: A Social Security policy allowing a worker to file an application for retirement benefits but immediately suspend payments. This makes the worker's spouse eligible to file for and receive spousal benefits. This also allows the worker's benefit to accrue delayed retirement credits.

Full Retirement Age: The age at which you are eligible for your full monthly benefit.

Government Pension Offset (GPO): A provision that reduces and may eliminate the amount of spousal and survivor benefits paid to an individual who is eligible for a pension from work not covered by Social Security taxes.

Inflation: A decrease in the value and purchasing power of money.

Longevity Risk: The risk of running out of resources in your lifetime.

Monthly Benefit Amount: Also known as your Primary Insurance Amount (PIA), this is the benefit you will receive at your Full Retirement Age (FRA).

Non-Covered Pension: Some workers, especially state government employees including teachers, are eligible for a pension for work where Social Security taxes were not withheld from or paid on earnings. Such a pension is known as a non-covered pension.

Primary Insurance Amount: The monthly benefit amount based on your earnings record if you begin your benefits at your full retirement age.

Restricted Application: When a worker is eligible for both his or her own benefit and a spousal benefit, a restricted application can be filed for spousal benefits only, meaning the worker's own benefit will continue to accrue delayed retirement credits.

Spousal Benefits: Benefits paid to the spouse of an eligible worker. You must be at least age 62 to claim spousal benefits.

Survivor Benefits: Benefits paid to the surviving spouse of a deceased eligible worker.

WEP-PIA: This term applies to someone who is eligible for a pension from work not covered by Social Security taxes. The WEP-PIA reflects the adjustment to your Primary Insurance Amount because of the Windfall Elimination Provision (WEP).

Windfall Elimination Provision (WEP): A provision that may reduce Social Security benefits based on your earnings history if you are eligible to receive a pension from work not covered by Social Security.

# Let's Start with the Basics...

When you elect to begin receiving Social Security payments is important. You may retire from a career at age 62, but beginning benefits at age 62 may not be the best choice. The age at which you begin will impact your benefits for the rest of your life -- and potentially benefits available to your spouse if you are married.

There are several factors that should be considered before selecting the optimal date to begin benefits. Your health status, life expectancy, need for income, whether or not you plan to continue working, and how concerned you are about running out of money in your lifetime should all be considerations in determining your date to begin benefits. Analysis requires careful consideration of the inputs, assumptions and other factors that will impact your Social Security benefits including the taxation of those benefits.

While having a strategy for when to begin Social Security benefits is important, it is critical to consider Social Security benefits in conjunction with all of your retirement assets for an optimal strategy. Incorporating your benefits into an overall retirement income plan may make a material difference in the amount of income available to you in retirement.

# **How Your Benefit Eligibility is Determined**

#### Your benefit eligibility will depend on:

- 1. How much you earned over your working career
- 2. The age at which you apply for benefits
- 3. Spousal benefits extra money allocated to married couples
- 4. Survivor benefits reassessment of benefits to help the surviving spouse

Social Security benefits are based on average earnings over your highest 35 years of income, with earnings through age 60 indexed to reflect increases in U.S. workers' average wage level. For example, if the wage level in the U.S. is twice as high when you turn 60 as when you were 40, the formula doubles your age 40 earnings. If you worked less than 35 years, the "missing" years are calculated as zero. The maximum income in any year is equal to that year's maximum income subject to Social Security taxes.

If you claim benefits earlier than your Full Retirement Age (FRA) and continue to have more than a modest amount of earned income (e.g., wages and salary), you may lose some or all of your Social Security benefits. In addition, if you had wages from work not covered by Social Security, then the Social Security Administration's estimates of your benefits may be substantially too high.

# The Impact of Starting Age on Monthly Benefits

Many personal and household factors can influence your Social Security retirement benefits, and perhaps the most significant is the age you begin benefits. You can see below the range of benefits you would receive depending on the age you begin benefits. This does not include the impact of spousal benefits if you are married, which can make a significant difference when added in. The information below was created from information you provided.

John Sample					
Monthly benefits if begun at 62	\$2,030				
Monthly benefits if begun at Full Retirement Age 66 and 6months	\$2,800				
Monthly benefits if begun at 70	\$3,584				
Susan Sample					
Monthly benefits if begun at 62	\$2,030				
Monthly benefits if begun at Full Retirement Age 66 and 6months	\$2,800				
Monthly benefits if begun at 70	\$3,584				

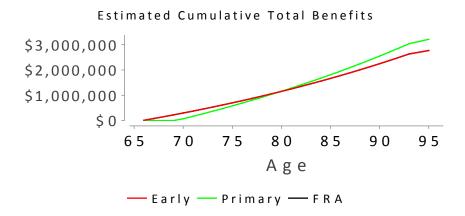
Benefit projections above are based on the estimated Primary Insurance Amount at Full Retirement Age that you provided. Benefit amounts may change based on additional earnings or changes in earnings that can impact the Primary Insurance Amount. If you are already receiving benefits, your actual benefit payments may differ from the estimates above based on when you began collecting. All benefits levels are expressed in today's dollars. All payments will increase with Cost of Living Adjustments (COLAs).

Not only does the age you begin benefits impact your monthly payments, it also affects your "longevity risk" - the risk of outliving your resources. If you choose to begin receiving Social Security benefits before your Full Retirement Age (FRA), your monthly benefits will be reduced. If you delay the start of benefits until after your Full Retirement Age (FRA), your monthly benefits will be increased. So, the basic tradeoff is between beginning earlier and receiving more but smaller payments or beginning later and receiving fewer but larger payments.

Since John was born in 1957, FRA is 66 and 6months and any benefit taken before age 66 and 6months will be reduced by 5/9% per month for up to 36 months, plus 5/12% per month for the next 12 months. So, if benefits are begun at age 62, the monthly benefit level would be \$2,030. If benefits are delayed until after attaining FRA, monthly benefits will be increased by 2/3% per month for up to 48 months and will be \$2,800 per month. Further, delaying the start of benefits until age 70 will increase the monthly benefit to \$3,584. While we've used John's information for the purposes of explanation, the same basic calculations apply also to Susan's benefits. All benefit levels are expressed in today's (i.e., inflation-adjusted) dollars and reflect the current promises of the Social Security system, which can be altered by the U.S. Congress at any time.

# How Your Primary Strategy Makes a Difference

Your primary strategy for claiming Social Security benefits is customized to your specific situation and is based on the information you provided. To create your primary strategy, our firm analyzed all the possible claiming strategies available to you and the overall benefit each would render. We weighed many factors in suggesting this strategy for you, including monthly benefit amount, your life expectancy, your marital status and others.



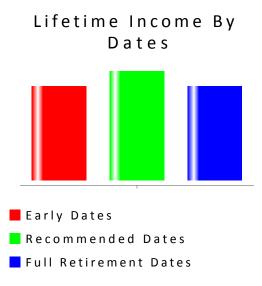
We have suggested a claiming strategy that would pay about

\$2,771,174

over your remaining life expectancy. The details of this strategy and how it works are discussed in this report.

Your primary strategy was created using the expected lifetimes of 93 for John and 95 for Susan. Given these assumptions, you need to maximize benefits for a potentially long joint life. Your primary strategy also provides the highest monthly benefit amount to a surviving spouse, reducing the chance of running out of money in his or her lifetime.

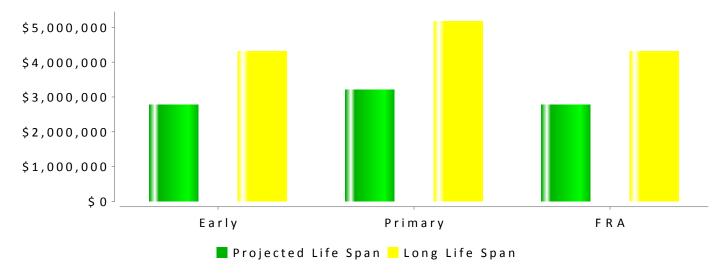
The graph on the right represents the cumulative lifetime benefits you could expect to receive over your life expectancy if you took benefits early (represented by the red bar), at Full Retirement Age (represented by the blue bar), or according to the primary strategy we have created for you (represented by the green bar).



# **Protection Against Longevity Risk**

The best strategy for you balances your cumulative lifetime benefits with the income you can expect to receive from Social Security and any other assets should you live longer than the ages you provided, 93 years for John and 95 years for Susan. This concept is known as "longevity risk," or the risk that you will run out of money in your lifetime.

The reason this is an important part of your Social Security decision is that, the longer your life, the longer your retirement savings must last. Getting more from your Social Security benefits means that you will need to withdraw less from your portfolio over the years.



The project life span bar in the graph above illustrates the cumulative lifetime benefit you could expect to receive should you live to the exact life expectancy you provided. The long life bar represents the comparative value of the cumulative lifetime benefits should you live 10 years longer than expected.

### The Difference a Long Life Makes

The table below shows the approximate value of your lifetime cumulative benefits over your life expectancy if you choose to take benefits early, at Full Retirement Age or according to the primary strategy we have created for you. The Short Life Span row illustrates the amount if each of you lives 10 years less than you plan. The Projected Life Span row illustrates the amount if each of you lives to the exact age you provided. The Long Life Span row is the amount you could expect if each of you lives 10 years longer than expected.

	Early Age	Primary Age	Full Retirement Age
Short Life Span	\$1,561,959	\$1,676,828	\$1,561,959
Projected Life Span	\$2,771,174	\$3,214,122	\$2,771,174
Long Life Span	\$4,318,899	\$5,181,769	\$4,318,899

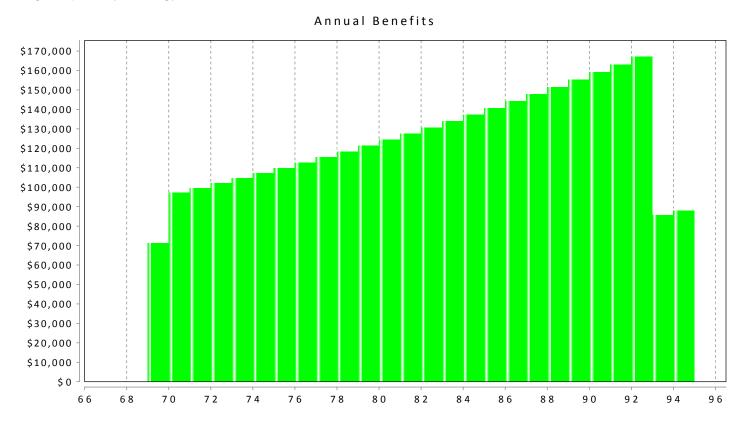
In order for you to take advantage of this strategy, you should pay close attention to these filing dates:

- John begins benefits based on his earnings record in the estimated amount of \$2,800 for October 2023 at age 66 and 8 months. Benefits are paid in the following month.
- Susan begins benefits based on her earnings record in the estimated amount of \$2,800 for October 2023 at age 66 and 6 months. Benefits are paid in the following month.
- In January 2051 Susan switches to survivor benefits in the estimated amount of \$5,524.

Be sure to file for benefits about three months before you expect to receive your first payment.

# **Annual Benefits You Can Expect by Age with Primary Strategy**

The graph below illustrates the annual total income you, or you and your spouse if married, would receive by using the primary strategy.



# Your Primary Social Security Strategy Details

We've constructed this primary strategy based on the information you provided. Your primary strategy was created to balance two equally important yet separate goals: get the most lifetime income and offer income protection if you live longer than expected. While getting the highest cumulative lifetime benefit may initially seem most important, taking both criteria into account is prudent in the event you live longer than expected. Our tools allow you to compare your primary strategy against other strategies to ensure that the primary strategy is best for your situation.

- John begins benefits based on his earnings record in the estimated amount of \$2,800 for October 2023 at age 66 and 8 months. Benefits are paid in the following month.
- Susan begins benefits based on her earnings record in the estimated amount of \$2,800 for October 2023 at age 66 and 6 months. Benefits are paid in the following month.
- In January 2051 Susan switches to survivor benefits in the estimated amount of \$5,524.

# Here's why your Primary Strategy was selected:

The primary strategy reflects a specific strategy for claiming your Social Security benefits and is in line with two goals shared by most retirees: maximizing expected lifetime benefits and minimizing longevity risk. It also has incorporated any complicated strategies around spousal benefits that will result in more money for you.

Our primary strategy is based on your life expectancy inputs and is the strategy that will likely provide the greatest cumulative lifetime benefit. However, because you are married, you should also consider survivor benefits in your claiming strategy. A surviving spouse can receive the larger of the two benefit amounts, but not both. If at least the higher earner waits to begin benefits on his or her earnings record until age 70, survivor income will be greatest. However, if you live a short life, waiting may increase survivor benefits, but it may not provide the greatest cumulative lifetime payout over your joint lifetimes. You should carefully consider these factors as you determine your best starting age.

Furthermore, because waiting to claim benefits increases your benefit with delayed retirement credits, it decreases the amount of money that must be withdrawn from savings each month and reduces the chance that a surviving spouse will run out of money in his or her lifetime.

If your primary strategy states that one of you should "file and suspend" or "file a restricted application," be certain that you are clear about this with the agent taking your application. It is not uncommon for an agent to be unfamiliar with a claiming strategy. If the agent is hesitant, ask to speak with a "technical expert" or an office manager.

## Here's when it might not work:

Your primary strategy may not be your best choice if either of you live significantly longer or shorter than projected, or if you continue to work and are younger than Full Retirement Age.

If you continue to work and are younger than Full Retirement Age:

- Social Security benefits based on your earnings record (including your spouse's spousal benefits) will be subject to an earnings test, which could reduce those benefits. The earnings test does not apply after you reach Full Retirement Age.
- If the earnings test will result in the loss of most or all of these benefits, you should consider waiting until Full Retirement Age (or until you stop working, whichever is sooner) to file for benefits.

\*This primary strategy assumes you will not receive a pension from work not covered by Social Security. If this assumption does not apply to you, the primary strategy may not be your best strategy for claiming Social Security benefits.

## **Why Taxes Matter**

Many people are not familiar with taxation on Social Security benefits. If Social Security is your only income, benefits will not be taxable. But if you have other income, including income from a pension, withdrawals from a 401(k), or investment income, taxes may be owed on up to 85% of your benefits. For each taxpayer, there is a range of income where 50% or 85% of their Social Security benefit is included in their taxable income. The actual rate that applies depends on your marginal tax rate. This tax effect can make a significant difference in the Social Security benefit you are able to collect and may mean you should use an alternate claiming strategy. If you plan to work after beginning Social Security benefits and before reaching your Full Retirement Age, we may be able to assist with some careful analysis and planning intended to reduce the impact of taxes on your benefits.

# **Analysis of Cumulative Lifetime Benefits**

On the following pages, you will see schedules that compare the differences between two Social Security claiming strategies.

**Schedule 1** illustrates the difference in both monthly and cumulative lifetime benefits between two strategies for claiming benefits. The "breakeven line" indicates the age at which one strategy begins to pay more in benefits than the other, meaning that if you live beyond that age, the primary strategy is probably the best choice for your situation.

# **Schedule 1**

### Breakeven Analysis comparing two strategies:

			Full Retirement Age				Primary				
Year	John	Susan	John (PIA=2800. 0)	Susan (PIA=2800. 0)	Annual Benefits	Cumulative Benefits	John (PIA=2800. 0)	Susan (PIA=2800. 0)	Annual Benefits	Cumulative Benefits	Difference
2023	66	66	\$2,800	\$2,800	\$11,200	\$11,200	\$0	\$0	\$0	\$0	-\$11,200
2024	67	67	\$2,908	\$2,870	\$69,158	\$80,358	\$0	\$0	\$0	\$0	-\$80,358
2025	68	68	\$2,981	\$2,942	\$70,924	\$151,282	\$0	\$0	\$0	\$0	-\$151,282
2026	69	69	\$3,055	\$3,015	\$72,697	\$223,979	\$0	\$0	\$0	\$0	-\$223,979
2027	70	70	\$3,132	\$3,090	\$74,512	\$298,492	\$3,956	\$3,956	\$71,203	\$71,203	-\$227,289
2028	71	71	\$3,210	\$3,168	\$76,373	\$374,865	\$4,055	\$4,055	\$97,110	\$168,313	-\$206,552
2029	72	72	\$3,290	\$3,247	\$78,280	\$453,145	\$4,156	\$4,156	\$99,534	\$267,847	-\$185,298
2030	73	73	\$3,372	\$3,328	\$80,235	\$533,380	\$4,260	\$4,260	\$102,020	\$369,868	-\$163,512
2031	74	74	\$3,456	\$3,411	\$82,239	\$615,619	\$4,366	\$4,366	\$104,569	\$474,437	-\$141,182
2032	75	75	\$3,543	\$3,496	\$84,294	\$699,913	\$4,475	\$4,475	\$107,182	\$581,618	-\$118,295
2033	76	76	\$3,631	\$3,584	\$86,400	\$786,314	\$4,587	\$4,587	\$109,860	\$691,478	-\$94,836
2034	77	77	\$3,722	\$3,673	\$88,559	\$874,873	\$4,701	\$4,701	\$112,604	\$804,082	-\$70,791
2035	78	78	\$3,815	\$3,765	\$90,772	\$965,644	\$4,819	\$4,819	\$115,419	\$919,501	-\$46,143
2036	79	79	\$3,910	\$3,859	\$93,041	\$1,058,685	\$4,939	\$4,939	\$118,302	\$1,037,803	-\$20,882
						Break Even	Point			•	
2037	80	80	\$4,008	\$3,955	\$95,366	\$1,154,050	\$5,063	\$5,063	\$121,258	\$1,159,061	\$5,011
2038	81	81	\$4,108	\$4,054	\$97,747	\$1,251,798	\$5,189	\$5,189	\$124,288	\$1,283,349	\$31,551
2039	82	82	\$4,211	\$4,155	\$100,190	\$1,351,988	\$5,319	\$5,319	\$127,394	\$1,410,743	\$58,755
2040	83	83	\$4,316	\$4,259	\$102,692	\$1,454,681	\$5,452	\$5,452	\$130,575	\$1,541,318	\$86,637
2041	84	84	\$4,424	\$4,366	\$105,258	\$1,559,939	\$5,588	\$5,588	\$133,837	\$1,675,156	\$115,217
2042	85	85	\$4,534	\$4,475	\$107,888	\$1,667,827	\$5,728	\$5,728	\$137,183	\$1,812,339	\$144,512
2043	86	86	\$4,648	\$4,587	\$110,584	\$1,778,412	\$5,871	\$5,871	\$140,611	\$1,952,949	\$174,537
2044	87	87	\$4,764	\$4,701	\$113,347	\$1,891,758	\$6,017	\$6,017	\$144,124	\$2,097,073	\$205,315
2045	88	88	\$4,883	\$4,819	\$116,180	\$2,007,939	\$6,168	\$6,168	\$147,726	\$2,244,800	\$236,861
2046	89	89	\$5,005	\$4,939	\$119,083	\$2,127,022	\$6,322	\$6,322	\$151,417	\$2,396,217	\$269,195
2047	90	90	\$5,130	\$5,062	\$122,058	\$2,249,080	\$6,480	\$6,480	\$155,199	\$2,551,416	\$302,336
2048	91	91	\$5,258	\$5,189	\$125,108	\$2,374,188	\$6,642	\$6,642	\$159,077	\$2,710,493	\$336,305
2049	92	92	\$5,390	\$5,319	\$128,236	\$2,502,424	\$6,808	\$6,808	\$163,055	\$2,873,548	\$371,124
2050	93	93	\$5,524	\$5,452	\$131,440	\$2,633,864	\$6,978	\$6,978	\$167,129	\$3,040,678	\$406,814
2051	94	94	\$0	\$5,662	\$67,808	\$2,701,672	\$0	\$7,152	\$85,652	\$3,126,330	\$424,658
2052	95	95	\$0	\$5,804	\$69,502	\$2,771,174	\$0	\$7,331	\$87,792	\$3,214,122	\$442,948

### **Healthcare Costs in Retirement**

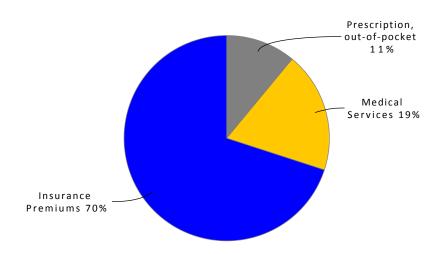
Most retirees are concerned about healthcare costs in retirement. However, many avoid planning for healthcare costs because both media and academic information is overwhelming. Often, though, retirees find that their actual spending on health-related goods and services in retirement differs significantly from projected estimates. So let's begin with the average annual expenditures actually reported by retirees.

The U.S. Bureau of Labor Statistics completes periodic surveys of American consumers related to actual expenditures – including expenditures on health insurance, out-of-pocket healthcare, and other related expenses in retirement.<sup>1</sup> According to actual spending data, the average consumer over age 65 reports the following expenditures on health-related services:

Insurance premiums (including Medicare Part B and Medicare Part D)	\$4,716
Prescription drug out-of-pocket expenditures	\$776
Medical services (including dental and vision out-of-pocket expenses and medical supplies not covered by insurance)	\$1,232
TOTAL annual expenditures on healthcare	\$6,724

U.S. Bureau of Labor Statistics Consumer Expenditure Survey, 2017-2018.

The allocation for health-related expenditures as compared to the total spent is:



As you can see from the chart above, insurance premiums account for the largest percentage of health-related expenditures; however, when compared to the average consumption of health services while in retirement, insurance premiums are essential. According to the most recent report from the Urban Institute, many average-income single adults retiring between 2015 and 2020 will receive about \$500,000 in benefits, and couples will receive roughly \$1 million, substantially more than previous cohorts. Under scheduled law, millennials who turn 65 around 2050 are projected to receive in real dollars about twice as much as those retiring at the time of this report (i.e., about \$1 million for an average-income single adult and \$2 million for a couple).

Costs for health-related services are certainly dependent on a number of factors including your health status, family history, age, employer-provided services, geography, and even your marital status. This report assumes that you fall into the average expenditures listed above. If you believe your actual expenditures will be more, you should plan accordingly. In addition, we've assumed that your income in retirement falls below the lowest threshold and you will not be subject to higher Medicare premiums based on income.

# **Your Expected Healthcare Costs in Retirement**

Based on your life expectancy of 93 for John and 95 for Susan, you should plan for the following health-related expenditures in retirement:

John: \$163,884 (cumulative lifetime total in today's dollars)

Susan: \$175,590 (cumulative lifetime total in today's dollars)

To arrive at these amounts, we calculated the number of years between Medicare eligibility at age 65 and your estimated life expectancy, then we multiplied by the annual expenditures reported to the U.S. Bureau of Labor Statistics in 2017-2018. Your actual expenditures may be more or less than this projection.

The amounts above are in current dollars and are not adjusted for inflation. However, according to the Kaiser Family Foundation, healthcare costs over the past 25 years have risen at an average of more than 6% per year. Future costs are expected to rise at about the same rate over the next decade, it's important to work with your financial professional to plan for these expenses.

### **Medicare Expenses**

#### Introduction

As you develop and manage plans for your future, medical insurance is a key component of your financial stability. To this end, as you approach age 65 you should become knowledgeable about Medicare coverage and what you need to do to ensure uninterrupted coverage and/or late enrollment premium penalties, regardless of your current medical coverage and work status.

#### **Recommended Medicare Enrollment Dates**

John and Susan, by enrolling during the enrollment period below – or in your special enrollment period after employer coverage ends – you will avoid gaps in coverage and late enrollment penalties.

Based on the birth date (s) you provided, your Medicare enrollment dates are below.

- John should enroll for Medicare coverage between November 2021 and May 2022.
- Susan should enroll for Medicare coverage between January 2022 and July 2022.

#### **Medicare Categories**

Like Social Security, Medicare can seem overwhelming. Medicare has 4 categories of coverage: parts A, B, C and D.

Part A is "hospital insurance" and helps pay for inpatient hospital care, skilled nursing facilities, hospice care, and some home health care. Because people usually pay for Part A coverage through a federal Medicare tax while working (1.45% of wages), most don't pay a deductible or monthly premium after age 65. However, if you did not pay Medicare taxes while working, you may still be able to purchase Part A coverage.

Part B is "medical insurance" and helps pay for doctors' visits, outpatient hospital care, physical and occupational therapy and some home health care. Part B coverage requires payment of a monthly premium. Premiums are set annually, and the premium is adjusted based on income thresholds.

Part C combines Part A, Part B, and, sometimes, Part D (prescription drug) coverage. These plans are called Medicare Advantage Plans and are managed by private insurance companies approved by Medicare. Rates for Plan C, and the coverage included, vary by carrier.

Part D provides coverage for prescription drug benefits. Plans vary by cost, number of drugs covered and pharmacies on each plan, but all plans must meet a minimum standard for drug coverage set by Medicare. The average monthly premium is around \$42.05, ranging from \$12.20 to \$76.40 monthly.

"Medigap" policies are available to people who do not purchase a Medicare Advantage Plan. Medigap plans will cover payment for some costs not covered by Parts A, B and D.

Even if you have a plan for each of the parts A, B, C, and D, not all medically-related services will be covered. Most notably, long-term (or custodial) care is not covered. Cosmetic surgery and alternative therapies such as acupuncture are not covered. And most plans do not cover dental or vision care, or hearing devices.

In determining what coverage you will need, you should create a list of services that are important to you or any medical condition you may have. In your evaluation of your options, make certain these services are covered by any plan you are considering. The website <a href="https://www.medicare.gov">www.medicare.gov</a> can provide additional help in comparing plans.

#### **Important Medicare Enrollment Dates:**

Understanding Initial and Special enrollment dates, and requirements for each, is important.

If you are planning to enroll in Medicare, the enrollment dates are critical for you in order to avoid delayed coverage which could result in a period of time with no coverage or a late enrollment penalty. When you're first eligible for Medicare, you have a 7-month Initial Enrollment Period to sign up. For example, if you're eligible when you turn 65, you can sign up during the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65. If you didn't sign up for Medicare when you were first eligible, you can sign up during the General Enrollment Period between January 1–March 31 each year and your coverage will start July 1.

If you incur a late enrollment penalty, it is permanent, meaning that your premiums will forever bear the added penalty. The penalty is 10% of the effective premium amount for each year you have no coverage. Here is an example:

John was quite healthy when he retired from work at 64, so he chose not to continue his employer coverage after leaving. He knew he would be able to enroll in Medicare at some point when he needed coverage. When John turned 65, he was still very healthy and decided to forego Medicare enrollment. But when John turned 67, he wasn't quite as healthy and decided to enroll in Medicare. To John's surprise, his late enrollment – two full years after his eligibility – carried a 20% penalty, 10% for each year he had no coverage. And the penalty was 20% of the new, increased premium each year.

Important Note for Those Still Working, Collecting Employer Long Term Disability or Covered Under COBRA: John and Susan, if you are still working and will be covered by an employer-sponsored healthcare plan with a company of 20 or more employees when you reach age 65 and won't need Medicare right away, the recommend enrollment dates might not apply to you. However, should your employer coverage end (including employees on Long Term Disability or covered under COBRA), you will be subject to a special enrollment period of eight months that begins when you leave work or when your coverage ends, whichever occurs first. The following caveats should be kept in mind:

- COBRA is not considered as coverage for the purpose of calculating when healthcare coverage ended.
- Some employer retiree medical insurance plans require you to sign up for Medicare when you are initially
  eligible, and Medicare then becomes the primary payer in coordination of benefits. You should speak to a
  benefits representative with your employer to determine if you might be required to enroll in Medicare for
  coordination of benefits.
- Under some group retiree plans, if you select a Part D offering, you could forfeit some or all of your retiree
  medical coverage for you and all your dependents. Be sure to know your specific plan benefits and rules.

### **Medicare Part B Premiums:**

The amount of your Medicare premium is determined each year using a benefit formula from the 1997 Balanced Budget Act which set the premium at 25% of the total program costs. In other words, the Part B premiums are calculated by dividing 25% of the actual cost of care and administration of the plan by the number of projected participants in the program. The remaining 75% of program costs are financed through general revenues.

Those with a modified adjusted gross income over \$97,000 if you are single and \$194,000 if you are married are assessed on income-related threshold adjustment and pay a higher premium for Medicare Part B. In addition, the premiums you pay for Medicare Part B are determined based on your income two years prior. For example, if you are enrolling in Medicare Part B for the first time in 2023, your income thresholds will be based on the income reported on your 2021 IRS tax return. If your income has gone down since that time, you may request a reduction in the income-related threshold adjustment by completing a form SSA-44 available from the Social Security Administration.

In 2023, the standard Part B premium will be \$164.90. You will pay this amount if:

- You enroll in Medicare Part B for the first time in 2023, and
- You were not already receiving Social Security benefits at the end of 2022, and
- Your income falls below the lowest threshold in the table below.

### 2023 Part B Premiums Based on 2021 Yearly Income

If you are Single with a Modified Adjusted Gross Income of:	If you are Married filing jointly and have a Modified Adjusted Gross Income of:	Your Medicare Part B premium per person will be:
\$97,000 or less	\$194,000 or less	\$164.90
\$97,001 - \$123,000	\$194,001 - \$246,000	\$230.80
\$123,001 - \$153,000	\$246,001 - \$306,000	\$329.70
\$153,001 - \$183,000	\$306,001 - \$366,000	\$428.60
\$183,001 - \$500,000	\$366,001 - \$750,000	\$527.50
\$500,001 and above	\$750,0001 and above	\$560.50

(These amounts are for 2023 only, and apply only to those who meet the criteria in the prior section of this report.)

If you are already collecting Social Security benefits at the time you begin Medicare coverage, your premiums will be automatically deducted from your Social Security payment each month. If you are not receiving Social Security benefits, you must pay your Medicare premiums by check, credit card or automatic draft from a bank account.

You can find additional information about Medicare and its associated coverage at www.medicare.gov.

# Incorporating Long-Term Care into Retirement Planning

The health-related costs we included in this report do not include costs you may incur for long-term care, and Medicare does not pay for most long-term care needs. Not everyone will need long-term care, but the longer you live, the greater your chances of needing some sort of assistance with daily activities. Additionally, specific medical conditions can increase your need for long-term care.

There are four basic types of long-term care:

- Remaining at home and hiring a service for household or care-related tasks—or asking family and friends to help out.
- Adult day services facilities that provide respite care for seniors, as well as support services for families.
- Assisted living facilities which are residential facilities that offer healthcare and personal services.
- Skilled nursing facilities that provide around the clock medical and personal care to residents.

Many people rely on family for care, most often for short-term care needs. Others are able to combine help from a service, part-time nurse, and/or adult day center to reduce the costs of long-term care or to delay the onset of full-time care.

According to the U.S. Department of Health and Human Services Administration on Aging, the average annual expenditures for long-term care across the United States are:

Average Annual Expenditures for Long-Term Care	
Adult Day Services (5 days per week, 52 weeks)	\$17,420
Assisted Living Facility (private one-bedroom, 52 weeks)	\$39,516
Home Health Care Homemaker Services (42 hours per week, 52 weeks)	\$41,496
Home Health Care Home Health Aide (42 hours per week, 52 weeks)	\$45,864
Nursing Home Semi-Private Room (365 days in residence)	\$74,820
Nursing Home Private Room (365 days in residence)	\$83,580

It's critical to plan for long-term care needs, even if you don't expect to have them. Of course, your first defense is to remain healthy as long as possible. In addition, you should begin to consider your opportunities for securing care, such as:

- Family and friends;
- Self-funding from your savings;
- Purchasing long-term care insurance;
- Purchasing a life insurance policy with a long-term care rider;
- Moving into a continuing care facility where you can transition from independent living into a skilled nursing facility at the appropriate time;
- Securing a reverse mortgage or home equity loan as a last resort.

## **Planning for Healthcare in Retirement**

While the numbers related to healthcare in retirement can be shocking, it's important that you begin to plan as early as possible. Now that you have an idea of the costs you can expect over your retirement horizon, you can begin taking a few steps in preparation:

- If you haven't already, commit to a healthy lifestyle. Moderate amounts of exercise and modest changes in eating habits can turn into significant health benefits.
- Discuss healthcare costs with your financial professional. These costs should be a part of your retirement income and spending plan.
- Prepare for unexpected expenses by setting aside savings dollars for potential healthcare needs.
- Do your homework. Learn what Medicare plans cover, as well as available resources in your community that can help you save on costs.

#### Disclosure

This report is for informational purposes only. All the information provided is based on Social Security rules, benefit calculations, and payout promises of existing Social Security policy at the time this report was printed. The purpose of the report is to educate and give general quidance to help craft a personalized approach to taking Social Security.

The Social Security claiming strategy highlighted in this report was generated based on information you provided. That information included estimates of your and, when applicable, your spouse's Primary Insurance Amount, life expectancy(ies), and date(s) of birth. If this information you provided, including your life expectancy projection(s), should prove wrong after the fact, then the primary strategy may not be the best strategy after the fact. Before selecting this or any other claiming strategy, you should analyze and compare it with other scenarios generated by your financial professional. The optimal strategy for a specific client depends, in part, on that client's tradeoff between the goals of maximizing expected lifetime benefits and minimizing the risk of outliving his or her financial assets. As such, it is ultimately the responsibility of the client to carefully consider the primary strategy before adopting it as his, her or their own. This report should be used only as a general quideline and not as the ultimate source of information about Social Security claiming strategies.

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