

September 17, 2024

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Where Trust And Confidence Are Paramount™

While doing my research for investment opportunities, I find many fascinating articles which I have enjoyed sharing with you. I've selected a few articles this month that I hope you enjoy reading.

Optimistically Yours,



Raymond F. Saleeby Jr.

Did You Know

Biden's decision to quit feels personal for nation's older citizens

<https://www.wsj.com/health/wellness/biden-step-down-older-americans-37b3637b>

Those with large IRAs need Roth Conversions now, Ed Slott says

<https://www.fa-mag.com/news/large-ira-owners-need-roth-conversions-now--ed-slott-says-79307.html>

Rich parents want to give to charity and leave more money to their kids. Here's how billionaire families do it.

<https://www.businessinsider.com/estate-planning-charitable-lead-trusts-clt-wealth-management-taxes-2024-1>

10 life lessons from Warren Buffett every person in their 30s should hear

<https://247wallst.com/investing/2024/06/03/life-lessons-from-warren-buffett-every-person-in-their-30s-should-hear/>

10 life lessons from Warren Buffett every person in their 50s should hear

<https://247wallst.com/banking-finance-and-taxes/2024/05/26/10-life-lessons-from-warren-buffett-every-person-in-their-50s-should-hear/>

The one reason Warren Buffett isn't the world's richest person

<https://www.forbes.com/sites/chasewithorn/2024/07/09/the-one-reason-warren-buffett-isnt-the-worlds-richest-person/>

Elemind launches first-of-its-kind neurotechnology headband for sleep

<https://www.forbes.com/sites/forbes-personal-shopper/2024/09/03/elemind-headband-launch/>

Will I lose my memory?

<https://www.aarp.org/entertainment/books/info-2024/debra-whitman-discusses-memory-loss-and-new-book.html#:~:text=In%20other%20words%2C%20cognitive%20change,getting%20dementia%20have%20actually%20declined>

Did You Know (Continued)

Caution! These drugs can cause memory loss

<https://www.aarp.org/health/drugs-supplements/info-2017/caution-these-10-drugs-can-cause-memory-loss.html>

Why it's a new day for COPD patients – and Regeneron, Sanofi, Verona stocks

<https://www.investors.com/news/technology/regeneron-stock-copd-treatment-market-verona-amgen-astrazeneca/>

The benefits of Ozempic are multiplying

<https://www.wired.com/story/the-benefits-of-ozempic-are-multiplying/>

How long til we're all on Ozempic?

<https://ritholtz.com/2024/09/weekend-reads-630/>

You can get shingles under 50. Here's when to worry.

<https://www.wsj.com/health/wellness/shingles-under-50-increasing-chicken-pox-b4cf6a55>

Muscle is the Cornerstone of longevity

<https://worth.com/muscle-is-the-cornerstone-of-longevity/>

Muscle: The organ that powers vitality (link to 10 articles)

<https://www.theepochtimes.com/health/muscle-the-organ-that-powers-vitality-5685024>

Motivation: A new explanation for why exercise reduces depression

<https://shenyun.theepochtimes.com/health/researchers-propose-an-explanation-for-why-exercise-reduces-depression-5700207>

Is fish oil helpful or harmful for the heart?

<https://www.nytimes.com/2024/06/24/well/eat/omega-3-fish-oil-heart-health.html>

Teens' energy-drink habit is amping anxiety, disrupting class and triggering seizures

<https://www.wsj.com/tech/personal-tech/teens-energy-drink-habit-is-amping-anxiety-disrupting-class-and-triggering-seizures-9badd52b>

New electric bandage accelerates healing of chronic wounds: Animal study

<https://shenyun.theepochtimes.com/health/new-electric-bandage-accelerates-healing-of-chronic-wounds-animal-study-5701525>

Mercury alert: The FDA's list of fish to avoid for a healthier life

https://www.theepochtimes.com/health/mercury-alert-the-fdas-list-of-fish-to-avoid-for-a-healthier-life-5681258?utm_medium=social&utm_source=twitter&utm_campaign=digitalsub

Ditching wedding stationery for informal text invitations

<https://www.nytimes.com/2024/08/10/fashion/weddings/wedding-invitations-text-email.html>



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