



MCCARY ANHEUSER
WEALTH MANAGEMENT

Are You in Control of Your Money or is it Controlling You? □

Ever feel like, despite your best efforts to manage your money, events happen that make you question how much control you actually have? This week, inspired by a recent article from *The Guardian*, we're examining the paradox of control and how sometimes striving to be in perfect control might hinder you in ways you're unaware.

Fixating on things out of your control can lead to burnout and missed opportunities. With the Fed lowering interest rates last week, now is an excellent time to realign your strategy and focus on what you CAN control for the future. As you know, life is all about balance—knowing when to take the reins and when to go with the flow. That's why our check-ins are important.

Curious to learn more? The articles below will keep you updated on what's happening around the financial world. Please reach out if you have any questions or life updates. Enjoy!

Lastly, as we enter the first days of Fall, fellow skiers like me start to think about the upcoming ski season. Please join me now and "Think Snow"!

Best wishes,

David McCary CFP®, CPWA®, CRI®, MBA

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