

# POWERFUL DECISIONS

The key to making better decisions is to intentionally decide whom you want to be as a decision-maker and how you will make decisions.

## MY DECISION MAKING PERSONA

---

Who am I as a decision-maker?

---

---

Who do I want to be as a decision-maker?

---

---

What are the values that I want to filter my decisions through?

---

# MY DECISION-MAKING PROCESS

---

What are the potential options I am considering?

---

---

What information do I need to make this decision?

---

---

What are my concerns about each option?

---

# MY DECISION-MAKING PROCESS

---

What are the reasons I love each option?

---

---

What are my values, and how does each option align with my values?

---

---

How would I need to grow as a person to get those outcomes?

---

---

How do I feel about each option?

---

# MY DECISION-MAKING PROCESS

---

How would it look to have my own back with this decision?

---

---

What is the next step in this process?

---