### **CYRS Wealth Advisors LLC**



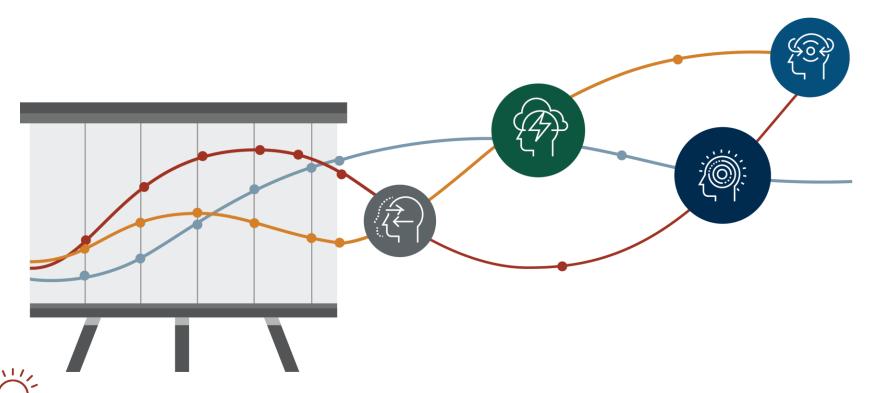
# WORKING TO IMPROVE LIFES FINANCIAL OUTCOMES



## The investor's dilemma

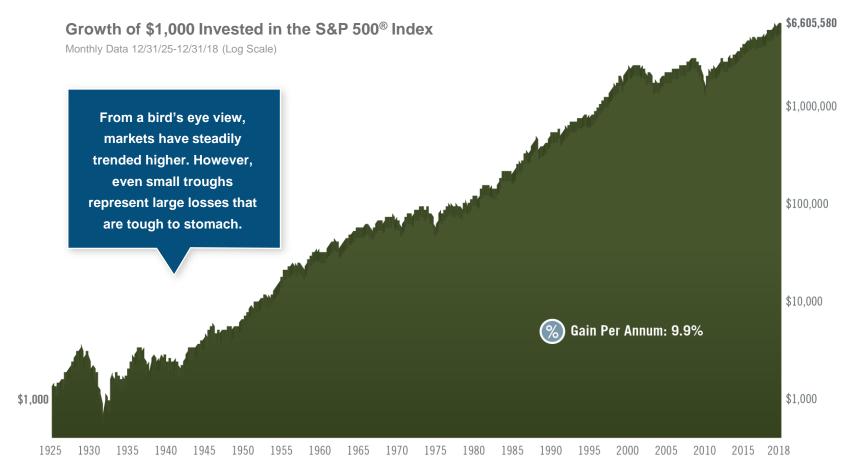
"The investor's chief problem—and even his worst enemy—is likely to be himself."

#### **Benjamin Graham**



Investor behavior trumps market savvy in driving great long-term outcomes.

## It's not as easy as it looks





"Invest for the long run" is the right advice, but it ignores basic human nature.

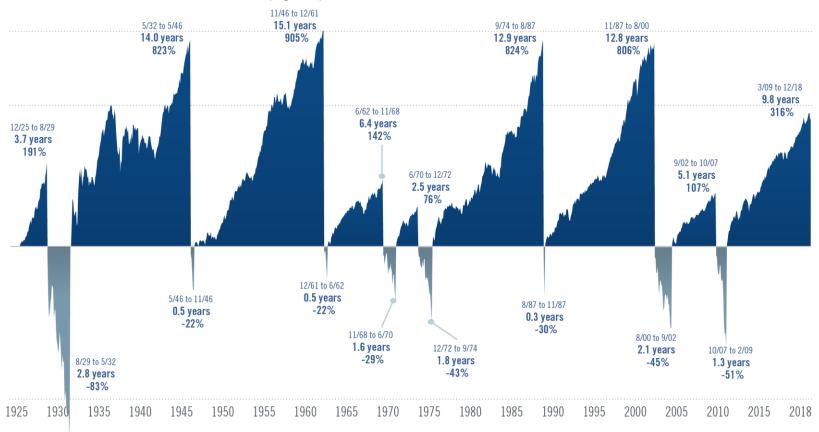
Past performance is not indicative of future results.

Source: Ned Davis Research. © 2019 Ned Davis Research, Inc. See full Ned Davis Research disclosure on page 20. The S&P 500® Index is a free-float market capitalization-weighted index of 500 of the largest U.S. companies. The index is calculated on a total return basis with dividends reinvested. It is unmanaged and not available for direct investment.

## The shape of markets

#### History of U.S. Bull and Bear Markets

Based on S&P 500® Index Returns 12/31/25-12/31/18 (Log Scale)





#### The ride matters.

Past performance is not indicative of future results.

Source: S&P Dow Jones Indices

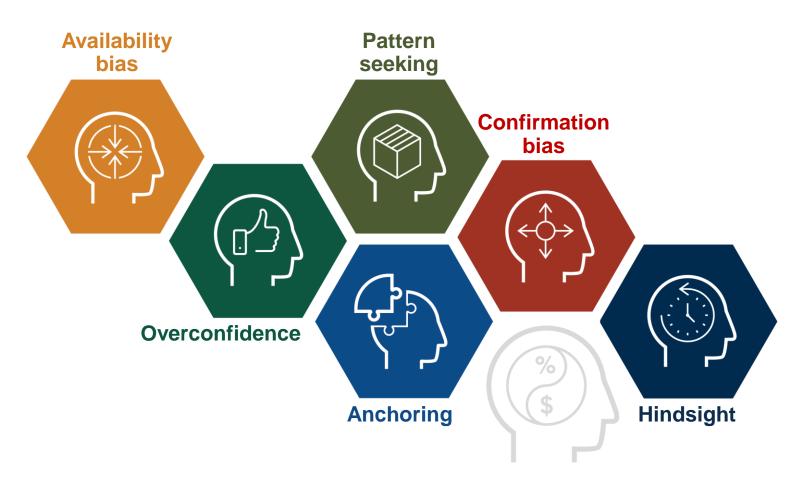
Ned Davis Research. © 2019 Ned Davis Research, Inc.



Bull markets are defined from the lowest close reached after the market has fallen 20% or more to the next market high.



Bear markets are defined from the last market high prior to the market closing down at least 20% to the lowest close after it's down 20% or more.



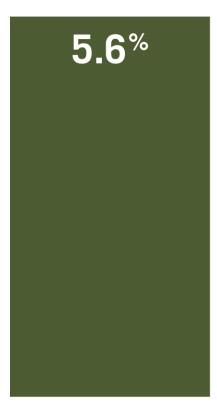


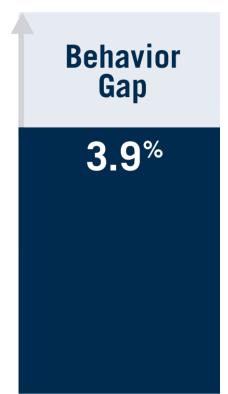
We're not irrational. We're human.

# The behavior gap

#### 20-Year Average Index vs. Investor Returns

Period ended 12/31/18





Investors have underperformed the market by a sizeable margin.

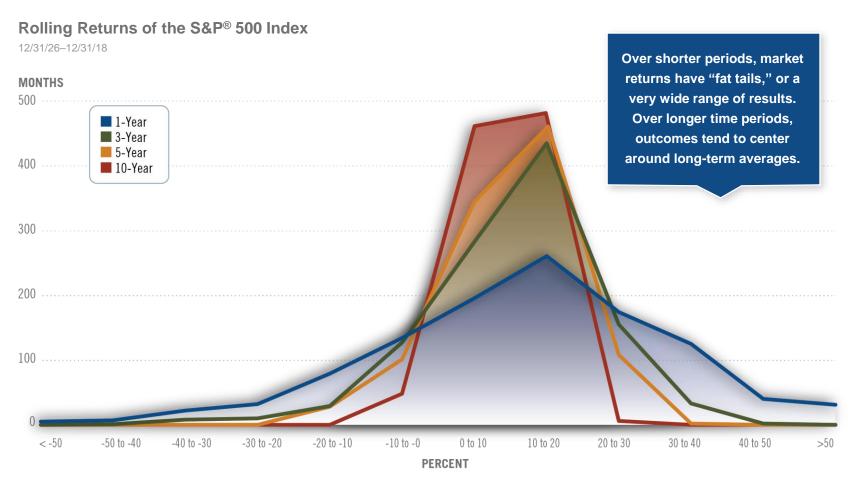
S&P 500® Index

Average Equity Fund Investor



The fear and greed cycle leads investors to buy high and sell low.

# **Setting realistic expectations**



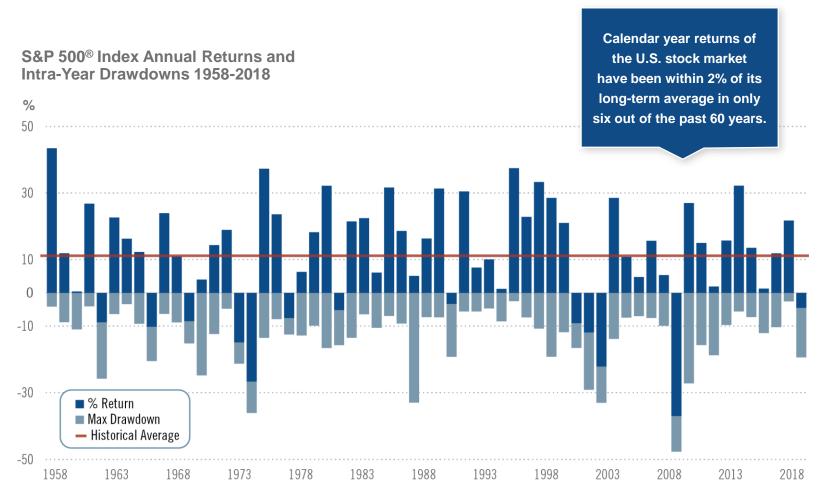


## Maintain realistic expectations for how markets actually behave.

Past performance is not indicative of future results.

Source: Ned Davis Research. © 2019 Ned Davis Research, Inc. Rolling returns performance illustrated. Data set begins at 12/31/25. First rolling 1-year period illustrated at 12/31/26. Rolling returns are annualized average returns for a period, ending with the listed year.

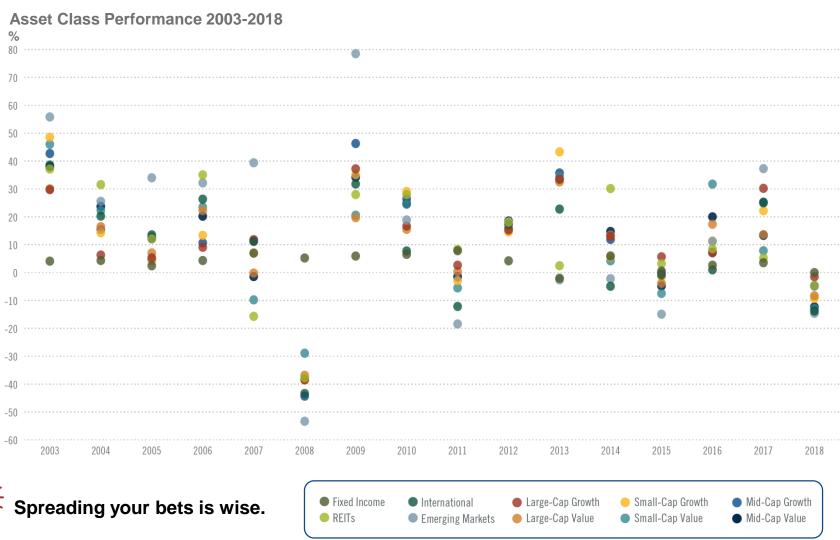
## **Ups and downs**





Big drawdowns in the stock market have been a common occurrence.

# **Diversification is important**

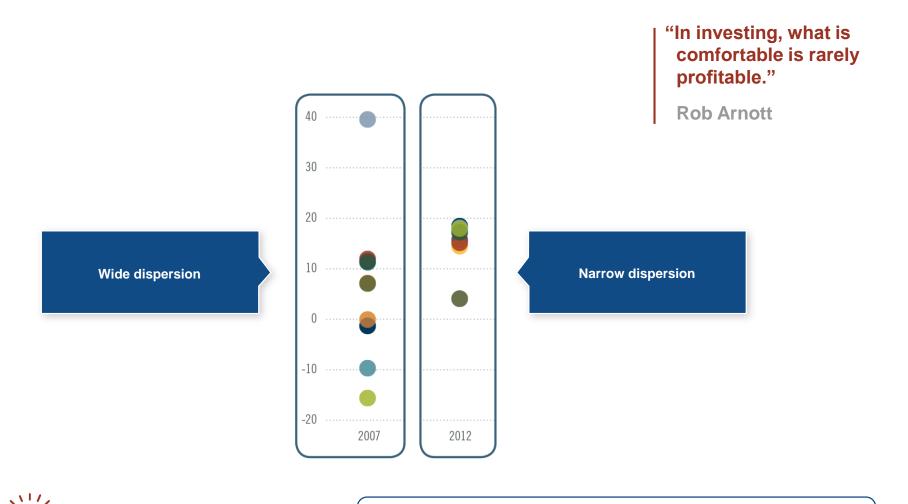


Past performance is not indicative of future results.

Diversification does not assure a profit or protect against losses.

Source: Virtus Performance Analytics. See page 20 for index definitions and important risk considerations.

## **Diversification is hard**



International

Emerging Markets

Fixed Income

REITs

Large-Cap Growth

Large-Cap Value

Small-Cap Growth

Small-Cap Value

Mid-Cap Growth

Mid-Cap Value

Past performance is not indicative of future results.

Diversification does not assure a profit or protect against losses.

Diversification feels lousy.

Source: Virtus Performance Analytics. See page 20 for index definitions and important risk considerations.

#### Diversification can involve using Real Estate

U.S. REITs vs. U.S. Equities %YoY Earnings Growth 1996-2018(1)



	Avg. Earnings Growth	Earnings Growth Volatility
U.5. REITs	7.2%	7.7%
U.S. Equities	7.4%	15.1%

At December 31, 2018. Source: Cohen & Steers, Bloomberg, Morningstar Direct.

Data quoted represents past performance, which is no guarantee of future results. The information presented above does not represent the performance of any fund or other account managed or serviced by Cohen & Steers, and there is no guarantee that investors will experience the type of performance listed above. There is no guarantee that any historical trend illustrated above will be repeated in the future, and there is no way to predict precisely when such a trend will begin. An investor cannot invest directly in an index and index performance does not reflect the deduction of any fees, expenses or taxes. Index comparisons have limitations as volatility and other characteristics may differ from a particular investment. The views and opinions are as of the date of publication and are subject to change without notice.

(1) (FFO) Runds from operations is the REIT industry's key earnings metric. It is calculated as GAAP net income, plus real estate gains (minus real estate losses), plus GAAP real estate depreciation and amortization. Earnings multiples are the retio of a company's share value to the amount of profit it makes in a particular period, whether paid out in dividends or not.

U.S. REITs: FTSE Namet Equity REITs Index contains all tax-qualified REITs with more than 50% of lotal assets in qualifying real estate assets other than mortgages secured by real property that also meet minimum size and liquidity criteria;
U.S. Equities: The Russel 3000 linkes which is a capitalization, and market index, maintained by FTSE assets, that seeks to be a benchmark of the entire U.S stock market. It measures the performance of the 3,000 largest publicly held companies incorporated in America as measured by total market capitalization, and represents approximately 98% of the American public equity market indexes are unmanaged and cannot be purchased for investment.

#### 20-Year Stock Market Returns, Ranked from Best to Worst

Start Date	End Date	%Gain / Year
1980	1999	17.74
1979	1998	17.60
1942	1961	16.68
1978	1997	16.49
1981	2000	15.56
1982	2001	15.13
1943	1962	15.03
1944	1963	14.89
1949	1968	14.75
1945	1964	14.72
1941	1960	14.58
1948	1967	14.44
1976	1995	14.42
1975	1994	14.41
1977	1996	14.39
1940	1959	13.95
1946	1965	13.61
1947	1966	13.50
1950	1969	13.31
1939	1958	13.25
1985	2004	13.12
1933	1952	13.01
1935	1954	12.93
1984	2003	12.88

•		
Start Date	End Date	%Gain / Year
1938	1957	12.85
1983	2002	12.60
1974	1993	12.59
1936	1955	12.28
1951	1970	12.05
1986	2005	11.84
1932	1951	11.75
1972	1991	11.72
1988	2007	11.71
1987	2006	11.70
1953	1972	11.59
1952	1971	11.57
1970	1989	11.39
1973	1992	11.16
1937	1956	11.06
1971	1990	10.98
1954	1973	10.76
1934	1953	10.50
1967	1986	10.04
1995	2014	9.78
1969	1988	9.39
1994	2013	9.15
1968	1987	9.14
1991	2010	9.10

Start Date	End Date	%Gain / Year
1966	1985	8.52
1989	2008	8.34
1961	1980	8.19
1963	1982	8.17
1964	1983	8.16
1990	2009	8.16
1993	2012	8.16
1996	2015	8.12
1958	1977	8.02
1957	1976	7.82
1992	2011	7.76
1965	1984	7.67
1997	2016	7.62
1931	1950	7.47
1998	2017	7.13
1956	1975	7.03
1955	1974	6.79
1960	1979	6.72
1962	1981	6.63
1959	1978	6.42
1999	2018	5.55
1928	1947	4.83
1930	1949	4.54
1929	1948	3.21





## History matters.

# The folly of market timing

#### Average Annual Return of the S&P 500® Index

Periods ended 12/31/18



The track record in figuring out significant rare events is not close to zero; it is zero.

GAIN PER ANNUM



## Market timing doesn't work.

### Starting early- Children Grandchildren

	Contributions (\$)	
Year	Mortimer	Randolph
1	3000	0
2	3000	0
3	3000	0
4	3000	0
5	3000	0
6	3000	0
7	3000	0
8	3000	0
9	3000	0
10	900	2122
11	0	3000
12	0	3000
13	0	3000
14	0	3000
15	0	3000
16	0	3000
17	0	3000
18	0	3000
19	0	3000
20	0	3000

	Contributions (\$)	
Year	Mortimer	Randolph
21	0	3000
22	0	3000
23	0	3000
24	0	3000
25	0	3000
26	0	3000
27	0	3000
28	0	3000
29	0	3000
30	0	3000
31	0	3000
32	0	3000
33	0	3000
34	0	3000
35	0	3000
36	0	3000
37	0	3000
38	0	3000
39	0	3000
40	0	3000







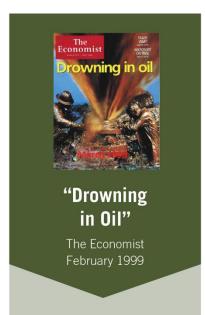
## Get ahead by starting early.

#### The Next Headlines?



Over the next 20 years, the S&P 500® Index rose nearly 2,400%.

August 1979



Despite concerns of massive over-supply, the price of oil climbed more than 600% over the next decade.



Investors who jumped into the tech-heavy Nasdaq saw their investment fall by nearly 50% over the next three years.



Following the great market crash of 2008-09, stocks rallied more than 300% over the next eight years.



Prepare. Don't predict.



# **CYRS Wealth Advisors, LLC**

- Independence is deeply ingrained in our culture. Our specialty is Financial Planning, Retirement and Wealth Management; providing industry leading Advice. During our Planning process, we thoroughly evaluate broad aspects of a client's unique financial life, individual goals and work, collaboratively calling upon Tax specialists, CPA's. and Lawyers.
- Our clients are corporate sponsored retirement plan looking for independent consultative investment fiduciary advice and experience collectively of thousands of plans. Individuals with typically with at least \$500,000 of potential investable assets work with us, often CPA's, Lawyers, CFO's and CEO such a larger private Business owners. Professionals, Trusts, and sometimes Foundations are clients. When our processes are followed, we find our client's retirement plans and Financial lives, are often less hectic, more organized and less stressful. We also find their financial, trustee, retirement, and estate plans are more structured, organized and focused.
- Our resource support includes 750+ Commonwealth Financial Network support staff.



# Disclosure

Securities and Investment Advisory Services offered through Commonwealth Financial Network,<sup>®</sup>, Member FINRA/SIPC, a Registered Investment Adviser. Fixed Insurance and services through CYRS Wealth Advisors LLC or CES Agency. CYRS Wealth Advisors is located at 1111 South Alpine Rd., Suite 701, Rockford, Illinois 61108, 815-316-1111.

<u>WWW.Cyrswealthadvisors.com</u>. Slide content provide curtesy of Virtus investment Partners, 800-243-4361. Virtus Investment Partners, Inc Distributed by VP Distributors, LLC 3375 @2019 Virtus

David M Cyrs B.A., M.S., AIF® is a CERTIFIED FINANCIAL PLANNER®, and Certified Retirement Counselor®, dual licensed as a General Securities Representative and Investment Advisor Representative. He is the owner of CYRS Wealth Advisors an Illinois specialty Financial Planning and Wealth Management firm, which specializes in Retirement, Investment Wealth Management, and Estate Planning, with a Holistic Wealth Management focus.

This document contains confidential, privileged information and ideas intended solely for the review of the intended audience/client/prospect of CYRS Wealth Advisors LLC. re-transmission or further dissemination in part or in whole of any kind of this or its related documents is prohibited by all other parties. Investments and Advisory Services offered through Commonwealth Financial Network<sup>®</sup>, Member SIPC and FINRA, a Registered Investment Advisor. Fixed Insurance products and services offered through CYRS Wealth Advisors, LLC or CES Insurance Agency.

CYRS Wealth Advisors is not affiliated with Commonwealth, Any provided Information is based upon sources believed to be accurate, but no guarantee can be made to completeness or accuracy. Always Consult statements

provided by any Custodians or Product Investment sponsors for complete information including but not limited to prospectus. Past performance is no guarantee of future results.

## **Definitions and disclosures**

#### **Ned Davis**

Ned Davis Research © Copyright 2019 Ned Davis Research, Inc. Further distribution prohibited without prior permission. All Rights Reserved. See NDR Disclaimer at www.ndr.com/copyright.html. For data vendor disclaimers refer to www.ndr.com/vendorinfo/

DALBAR average equity investor performance results are calculated using data supplied by the Investment Company Institute. Investor returns are represented by the change in total mutual fund assets after excluding sales, redemptions, and exchanges. This method of calculation captures realized and unrealized capital gains, dividends, interest, trading costs, sales charges, fees, expenses, and any other costs. After calculating investor returns in dollar terms, two percentages are calculated for the period examined: Total investor return rate and annualized investor return rate. Total return rate is determined by calculating the investor return dollars as a percentage of the net of the sales, redemptions, and exchanges for each period. 20-year period ended 12/31/18.

Maximum Drawdown: The peak to trough decline for an investment during a time period.

Fixed Income is represented by the Bloomberg Barclays Capital U.S. Aggregate Index which measures the U.S. investment grade fixed rate bond market.

REITs are represented by the FTSE Nareit Equity REITs Index, a free-float market capitalization-weighted index which measures equity tax-qualified REITs that meet minimum size and liquidity criteria and are listed on the New York Stock Exchange, the American Stock Exchange, and the NASDAQ National Market System.

International is represented by the MSCI EAFE® Index, a free float-adjusted market capitalization index that measures developed foreign market equity performance, excluding the U.S. and Canada.

Emerging Markets are represented by the MSCI Emerging Markets Index (net), a free float-adjusted market capitalization-weighted index designed to measure equity market performance in the global emerging markets.

Large-Cap Growth is represented by the Russell 1000<sup>®</sup> Growth Index, a market capitalization-weighted index of growth-oriented stocks of the 1,000 largest companies in the Russell Universe, which comprises the 3,000 largest U.S. companies.

Large-Cap Value is represented by the Russell 1000<sup>®</sup> Value Index, a market capitalization-weighted index of value-oriented stocks of the 1,000 largest companies in the Russell Universe, which comprises the 3,000 largest U.S. companies.

Small-Cap Growth is represented by the Russell 2000® Growth Index, a market capitalization-weighted index of growth-oriented stocks of the smallest 2,000 companies in the Russell Universe, which comprises the 3,000 largest U.S. companies.

Small-Cap Value is represented by the Russell 2000® Value Index, a market capitalization-weighted index of value-oriented stocks of the smallest 2,000 companies in the Russell Universe, which comprises the 3,000 largest U.S. companies.

Mid-Cap Growth is represented by the Russell Midcap® Growth Index, a market capitalization-weighted index of medium capitalization, growth-oriented stocks of U.S. companies.

Mid-Cap Value is represented by the Russell Midcap® Value Index, a market capitalization-weighted index of medium-capitalization, value-oriented stocks of U.S. companies. Indexes are unmanaged, their returns do not reflect any fees, expenses, or sales charges, and are not available for direct investment.

Important Asset Class Risk Considerations: Credit & Interest: Debt securities are subject to various risks, the most prominent of which are credit and interest rate risk. The issuer of a security may fail to make payments in a timely manner. Values of debt securities may rise and fall in response to changes in interest rates. This risk may be enhanced with longer-term maturities. Equity Securities: The market price of equity securities may be affected by financial market, industry, or issue-specific events. Focus on a particular style or on small or medium-sized companies may enhance that risk. Foreign & Emerging Markets: Investing internationally, especially in emerging markets, involves additional risks such as currency, political, accounting, economic, and market risk. Real Estate Investments: Investing in real estate investment trusts (REITs) may be negatively affected by factors specific to the real estate market, including interest rate, leverage, property, and management.