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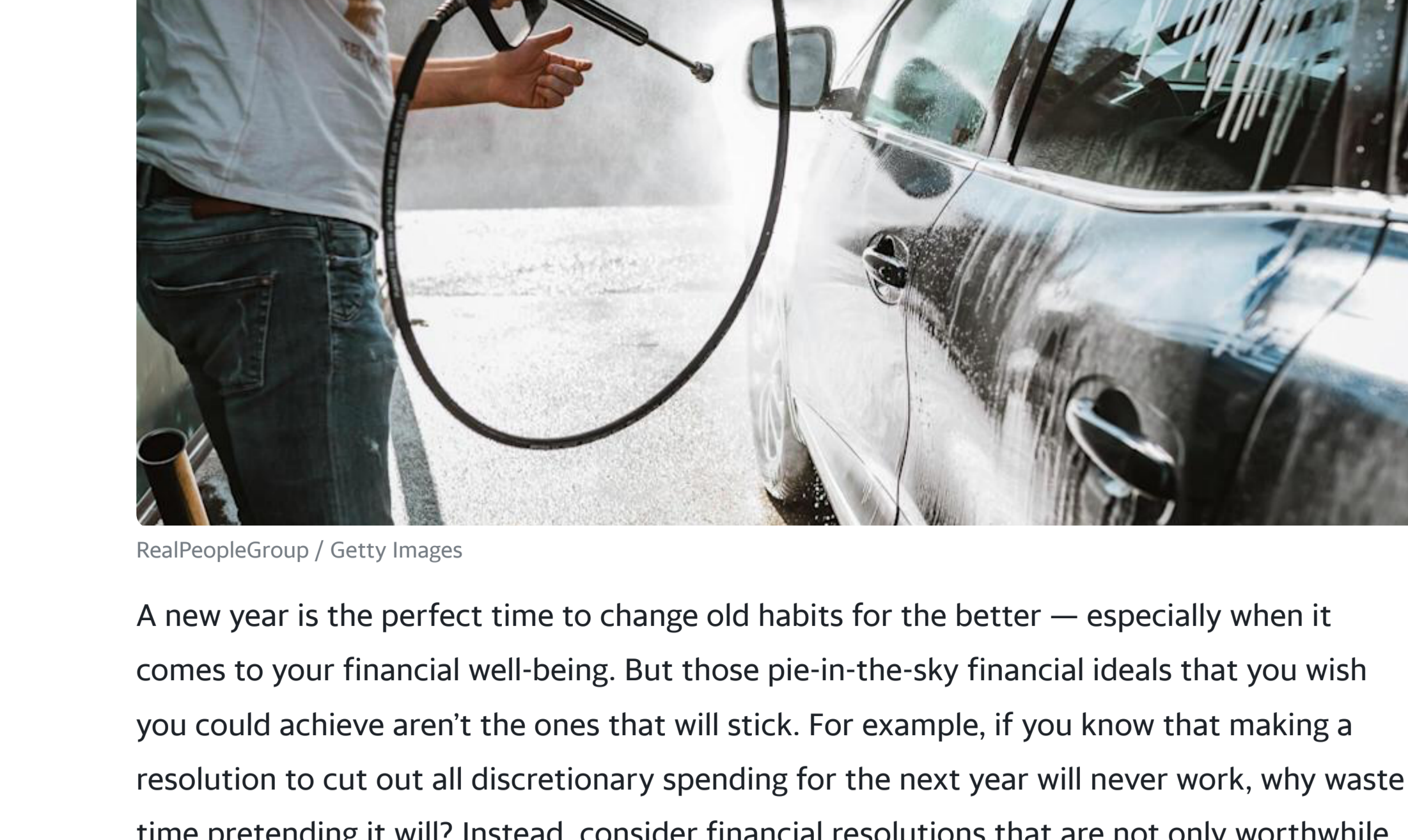
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5 Financial Resolutions for 2022 That Will Actually Stick

Cynthia Measom

Mon, December 13, 2021, 8:00 AM - 4 min read

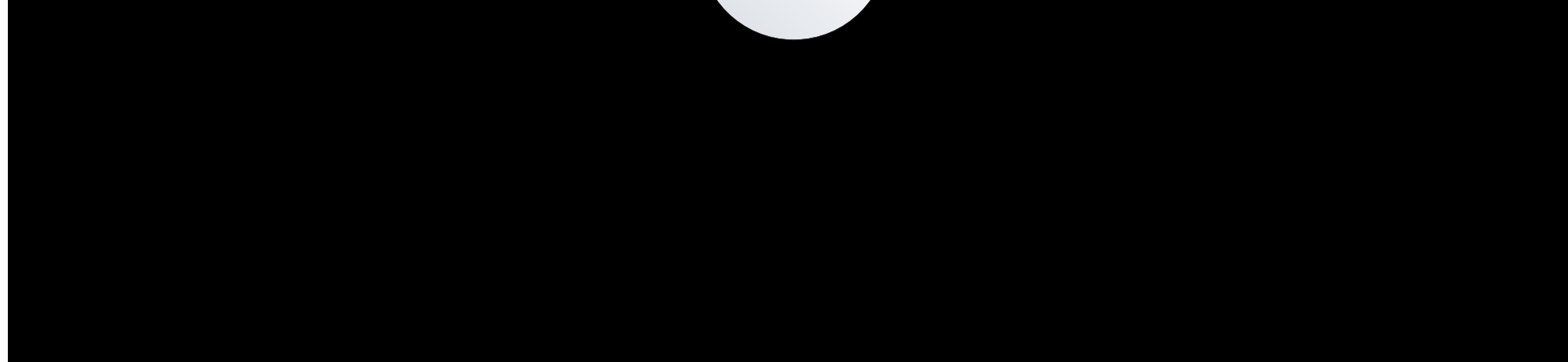


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A new year is the perfect time to change old habits for the better — especially when it comes to your financial well-being. But those pie-in-the-sky financial ideals that you wish you could achieve aren't the ones that will stick.

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Also See: Tips To Keep Your Finances in Order Without Sacrificing What You Want



Make Time Each Month To Revisit Your 'Why'

When you don't have a compelling reason to make the effort to do something, chances are it won't become a long-term habit. So come up with a "why" for each financial resolution you make.

Once you've written down a "why" for each financial resolution you've made, revisit them each month to make sure they still hold true.

Tips To Save More: Unplug These Appliances That Hike Up Your Electricity Bill

Save Money by Doing Things Yourself

Don't panic. You don't have to give up everything you enjoy having done for you — especially if it's something that makes your life easier and more organized, such as hiring a maid service.

"My favorite financial resolution involves assessing what 'little luxuries' you regularly treat yourself to that you could potentially do yourself," said Trae Bodge, smart shopping expert for TrueTrae.

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