



Income and Expense Planning Worksheet

Income				
	Salary 1			
	Salary 2			
	Social Security 1			
	Social Security 2			
	Other income			
	Total Income			
Survival Expense Categories		Current Monthly amount		Total annual amount
Taxes	Property		X 12	-
Shelter	Mortgage/Rent		X 12	-
	Utilities(power, heat, water)		X 12	-
	Phones		X 12	-
	Furnishings		X 12	-
	Repair/Maintenance		X 12	-
	Subtotal			
Essentials	Food & Groceries		X 12	-
	Clothing and Cleaning		X 12	-
	Medical and Dental (out of pocket)		X 12	-
	Medicine(s) (out of pocket)		X 12	-
	Childcare		X 12	-
	Subtotal			X 12
Transportation	Vehicle(s) Payment		X 12	-
	Fuel		X 12	-
	Tires, Repair, Maint.		X 12	-
	Other (i.e. Car Registration)		X 12	-
	subtotal			X 12
Insurance (not employer paid or employee deducted)	Life Insurance		X 12	-
	Long Term Care Insurance		X 12	-
	Medical		X 12	-
	Vehicles/Umbrella		X 12	-
	Homeowners/Renters		X 12	-
	Disability		X 12	-
	subtotal			X 12
Debt	Credit Card Payments		X 12	-
	Loans		X 12	-
	subtotal			
Other			X 12	-
			X 12	-
Total Current Survival Expenses				

Stephen G. Davis is a member of





Davis Wealth Management, LLC

Plan, Protect and Preserve...Peace of Mind

10 Fayette Street, Concord, NH 03301

TF: 888.333.3818 | P: 603.715.2335 | F: 603.715.2439

steve@daviswealthmgmt.com

www.daviswealthmgmt.com

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Desired Expense Categories	Specifics	Current Monthly amount		Total annual amount
Entertainment	Activities(concerts, movies)		X 12	-
	Dining Out		X 12	-
	Other		X 12	-
	Subtotal	\$0.00		-
Hobbies			X 12	-
	Subtotal	\$0.00		-
Travel/Vacation			X 12	-
			X 12	-
	Subtotal	\$0.00		-
Other	Gifts(holidays, birthdays)		X 12	-
	Newspaper		X 12	-
	Internet, Cable TV		X 12	-
	Charitable Contributions		X 12	-
	Other		X 12	-
	Subtotal	\$0.00		-
Total Current Desired Expenses				-

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