

# TRS HMO Additional Resources

## Teacher Retirement System Of Texas

### General Information

- [TRS Website](https://trs.texas.gov) (trs.texas.gov)
- [TRS Forms](#)
- [Frequently Asked Questions about TRS-ActiveCare](#)

### General Contact Information

TRS-ActiveCare Customer Service: **1-866-355-5999**    Scott & White Health Plan (HMO): **1-844-633-5325**    Blue Essentials Access (HMO): **1-888-378-1633**

Click the links below to jump to that section within the document:

[Blue Essentials – West Texas](#)

[Blue Essentials – South Texas](#)

[Baylor Scott & White HMO – Central Texas](#)

# TRS HMO Additional Resources

## Blue Essentials (West & South Texas)

### Contact Information

**1-888-378-1633**

Weekdays: 8 a.m. – 6 p.m., CT

### 2023-2024: Plan Information

- [Regional Rates and Plan Highlights](#)
- What Region is my District In?
  - [AskTED](#)
  - [Participating District List](#)

### 2022-2023: Plan Information

- [Regional Rates](#)
- Plan Highlights
  - [Plan Highlights](#)
  - [Plan Highlights](#) (English & Spanish)
- What Region is my District In?
  - [AskTED](#)
  - [Participating District List](#)

# TRS HMO Additional Resources

## General Information

- [Blue Essentials Home Page](#)
- [Blue Access for Members](#)
- [Information on Blue Essentials Access](#)
- Prescription Drug Benefit – [MyPrime.com](#)
- [Health and Wellbeing](#)
- [Update your Preferences](#)
- [Claim Form](#)
- [Transition of Care Form](#)
- [Standard Authorization Form to Use or Disclose Protected Health Information \(PHI\)](#)

## 24/7 Nurseline

Call the 24-hour nurseline seven days a week to speak with a registered nurse when you or a family member has a health problem or question. Nurses provide health advice and information about high fevers, earaches, cuts, bruises and more. To talk to a nurse or to access an audio library of over 1,200 topics, call **1-888-315-9473**.

# TRS HMO Additional Resources

## Baylor Scott & White (Central & North Texas)

### Contact Information

Baylor Scott & White's highly trained Customer Advocates can help you with things like finding a provider and answering questions about your benefits or claims. If you're experiencing a problem, they'll help make it right. Whatever your question or concern may be, their Customer Advocates will work with you to resolve it as quickly as possible—in most cases, before you hang up the phone.

Call us at **800-321-7947**, 7 AM to 7 PM, Monday – Friday OR

Send a secure email and receive a secure response through the [Member Portal](#)

[Baylor Scott & White Website](#)

For COBRA questions contact WageWorks: Call **877-722-2667** from 7 AM – 7 PM, Monday – Friday or email [MyBenefits@WageWorks.com](mailto:MyBenefits@WageWorks.com).

Download the [WageWorks COBRA Participant Site User Guide](#).

### 2023-2024: Plan Information

- [Regional Rates and Plan Highlights](#)
- [Benefit Summary](#)
- [Member Guide](#)
- What Region is my District In?
  - [AskTED](#)
  - [Participating District List](#)

### 2022-2023: Plan Information

- [Regional Rates](#)
- [Member Guide](#)
- [Benefits Booklet](#)
- [Plan Highlights](#)
- [Plan Highlights](#) (English & Spanish)
- What Region is my District In?
  - [AskTED](#)
  - [Participating District List](#)

# TRS HMO Additional Resources

## General Information

- [Baylor Scott & White Website](#)
- [Member Portal](#)
- [BSWHP Map](#)
- [Transition of Care](#)

## Provider Search

SWCP TRS members can see providers anywhere in our service area, no matter where they live. Their open access HMO means members are free to see any network provider without a referral. [Find a Provider](#)

## Pharmacy/Prescriptions Resources

- [SWHP Group Value Formulary](#)
- [Quantity Limits-Group Value and Group Choice](#)
- [Drug List Changes](#)
- [SWHP Specialty Pharmacy Drug Program](#)

## Additional Resources

- [Frequently Asked Questions](#)
- [Claims Information](#)
- [Appeals and Grievances](#)
- [Authorizations and Referrals](#)
- [Order an ID Card](#)