

Virtual Event
May 2
2 p.m. ET

YOU'RE INVITED!

Role Reversal: How to Take Care of Yourself and Your Aging Parents

Are you the caregiver for a loved one who needs assistance because of health-related issues? At times, it may be the most challenging job of all – but know that you are not alone. Please join us and Iris Waichler, author of the book, *Role Reversal: How to Take Care of Yourself and Your Aging Parents*, to hear about caring for aging parents and overcoming the challenges faced by caregivers. In this session, you can expect to learn about:

- How to have the caregiver conversation
- How to build a support network and caregiving team
- The challenges of caregiving and causes of caregiver burnout
- How to prevent and cope with caregiver burnout
- Caregiver resources

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Presenter

Iris Waichler, MSW, LCSW,¹ patient advocate, social worker and author of *Role Reversal: How to Take Care of Yourself and Your Aging Parents*

Where is the event

Virtual via ON24

When is the event

Thursday, May 2 at 2 p.m. ET
(1 p.m. CT, 11 a.m. PT)

How do I sign up?

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