

FAMILY CARE PLAN

STEP 1 OF 3

In Case of an Emergency Guidebook

HOW TO FIND THE
INFORMATION YOUR
FAMILY NEEDS
IF ANYTHING
HAPPENS TO YOU



Long Term Care
Family



CONTACT US

In Case of Emergency Guidebook:

How to find the information your family needs if anything happens to you

Maybe you've seen it with your friends or other family members: A sudden illness or accident leaves loved ones scrambling to track down information on medical conditions, financial accounts, keys to a lockbox, power of attorney documents, wills, and much more.

Failure to find this information can soon become a nightmare—especially if you're unable to tell loved ones where to go for the information they need to help you.

The In Case of Emergency Guidebook helps give your family these crucial details just when they may need them most.

Feel free to complete the entire Guidebook ... or even only a portion. Many people approach it by filling out the information they know off the top of their head right away. Then they add in pertinent details as they receive statements or other paperwork.

But regardless of your approach—your loved ones will probably agree that ANY information will be a big help when it comes to an emergency.

Important note: Please be sure to store this Guidebook in a secure place and inform a designated person of its location.

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Passwords

Your personal cell phone: _____

Your desktop computer: _____

Your laptop computer: _____

Your iPad or tablet: _____

Email 1: _____

Email 2: _____

Other: _____

Other: _____

Other: _____

Other: _____

Other: _____

Other: _____

Do you keep a list of usernames and passwords for online accounts? Yes No

If "yes," where is the list located?

Notes:

Medical information

You

Your spouse

Have you assigned a medical
Power of Attorney?

Yes No

Yes No

If "yes," who is it? _____

Location of document: _____

Do you have a living will?

Yes No

Yes No

Location of document: _____

Do you have a "do not
resuscitate" (DNR) document?

Yes No

Yes No

Location of document: _____

Are you an organ donor?

Yes No

Yes No

Do you have known allergies?

Yes No

Yes No

If "yes," please list: _____

Do you have diagnosed
medical conditions?

Yes No

Yes No

If "yes," please list: _____

Do you currently take any
medications?

Yes No

Yes No

If "yes," please complete the medication card contained in the back of this Guidebook.

Insurance information

Health insurance

Your health insurance:

- Private Employer-sponsored Medicare
 Medicare supplement Medicaid

Issuing company: _____

Policy owner: _____

Policy #: _____

Agent: _____

Do you have separate prescription drug coverage? Yes No

If "yes," please answer below:

Issuing company: _____

Policy owner: _____

Policy #: _____

Agent: _____

Your spouse's health insurance:

- Private Employer-sponsored Medicare
 Medicare supplement Medicaid

Issuing company: _____

Policy owner: _____

Policy #: _____

Agent: _____

Important documents

Will You Your spouse

Location of will: _____

Do you have a trust? Yes No

Type: Living Testamentary Revocable Irrevocable

Attorney or financial professional who set it up: _____

Trust name: _____

Location of documents: _____

Current passport You Your spouse

Location of passports: _____

Social Security card You Your spouse

Location of Social Security cards: _____

Marriage certificate Yes No

Location of marriage certificate: _____

Birth certificate You Your spouse

Location of birth certificate: _____

Death certificate Yes No

Location of death certificate: _____



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Family

WE ARE HERE TO HELP

We know firsthand that sudden challenges can arise when a family member is afflicted with a chronic mental illness or physical disability. Long-Term Care Family was created by people who have personally experienced these challenges.

The Family Care Plan helps alleviate the emotional, physical, and financial challenges that derive from these conditions.

With it, you and your loved ones can be well-prepared to handle most of what life throws your way, so you can focus on what's truly important – building relationships, exchanging laughter, and cherishing love.

CONTACT US TODAY TO GET STARTED



OR

