



Sealants can stop cavities before they start

Sealants are like a shield for your teeth. They are a thin covering painted on the chewing surfaces of back teeth (molars). Sealants protect teeth by blocking out plaque and bacteria.

When applied to kids' teeth, sealants can save a lot of money over a lifetime. Dentists use sealants as part of the plan to ensure a healthy mouth. Getting sealants is quick, easy and painless!

Why should kids get sealants?

The back teeth do most of the chewing, but they're hard to reach and clean. A child's new permanent teeth are not as resistant to decay as adult teeth. Without sealants, cavities can form, causing toothaches and infections, which can make it hard to eat, talk and learn.

When should sealants be applied?

Sealants work best when applied after molars come into the mouth—around age 6 for first molars and age 12 for second molars. They usually last for 5 to 10 years and may need to be replaced if they become loose or worn.

Sealants seem like a no-brainer! What should I do?

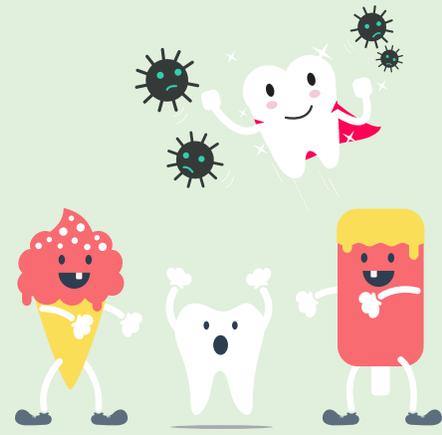
All BlueDental plans provide coverage for sealants. Children can get sealants at no cost on our Choice and Choice Plus plans. Whichever plan you may have, talk to your dentist about sealants today.

It's never too early to begin a lifetime of good dental health. Learn more about sealants at floridabluedental.com/sealants-kids.

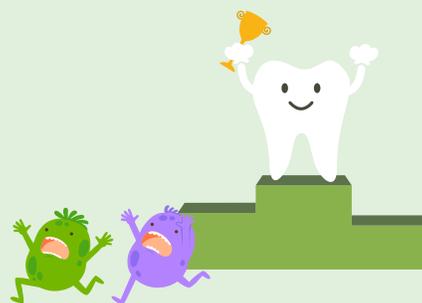
Don't have a dentist for your child yet?

Visit floridabluedental.com/find-a-dentist to find a dentist near you.

Sealants save!



Sealants **protect teeth** by blocking out plaque and bacteria.



Sealants can **save** a lot of **money** over a lifetime. It's quick, easy and painless!

Dental plans are offered by Florida Combined Life Insurance Company, Inc. (FCL), an affiliate of Florida Blue and an Independent Licensee of the Blue Cross and Blue Shield Association.

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773). FEP: Llame al 1-800-333-2227.

ATANSYON: Si w pale Kreyòl ayisyen, ou ka resewva yon èd gratis nan lang pa w. Rele 1-800-352-2583 (pou moun ki pa tande byen: 1-800-955-8770). FEP: Rele 1-800-333-2227.