

Seventh Grade

Sign of the Cross

In the Name of the Father and of the Son, and of the Holy Spirit. Amen.

Glory Be (Doxology)

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Lord's Prayer (Our Father)

Our Father, Who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.
Amen.

Hail Mary

Hail Mary full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Grace Before Meals

Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty through Christ our Lord. Amen.

Grace After Meals

We give You thanks, for all Thy benefits, O Almighty God; Who lives and reigns forever. Amen.

Act of Contrition #1

O my God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good I have sinned against You whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more and to avoid whatever leads me to sin. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of Your faithful, and enkindle in them the fire of Your love.
V. Send forth Your Spirit and they shall be created.
R. And You will renew the face of the earth.
Let us pray.
O God who has instructed the hearts of the faithful by the light of the Holy Spirit, grant us in that same Spirit; to be truly wise, and ever to rejoice in His consolation. Through Christ, Our Lord.
Amen.

Act of Contrition #2

O my God, I am heartily sorry for having offended You. I detest all my sins because of Your just punishment. But most of all because they offend You, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin. Amen.

The Ten Commandments

1. I am the Lord your God. You shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet (desire) your neighbor's wife.
10. You shall not covet (desire) anything that belongs to your neighbor.

Prayer to St. Michael

St. Michael the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do you O prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits, who prowl about the world, seeking the ruin of souls. Amen.

Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

For the Faithfully Departed

Eternal rest grant unto them O Lord, and let perpetual light shine upon them. May their souls and the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Act of Faith

O my God, I firmly believe that You are one God in Three Divine Persons, Father, Son and Holy Spirit. I believe that Your Divine Son became Man and died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic church teaches because You revealed them Who cannot deceive nor be deceived. Amen.

Act of Hope

O my God, relying on Your infinite mercy and promises, I hope to obtain the pardon of my sins, the help of Your grace and live everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

Act of Love

O my God, I love You above all things with my whole heart and soul because You are all-good and worthy of all my love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

Hail Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.
V. Pray for us, O Holy Mother of God.
R. That we may be made worthy of the promises of Christ.

The Beatitudes (from the Sermon on the Mount)

1. Blessed are the poor in spirit; for theirs is the kingdom of heaven.
2. Blessed are they who mourn; for they will be comforted.
3. Blessed are the meek; for they will inherit the land.
4. Blessed are they who hunger and thirst for righteousness; for they will be satisfied.
5. Blessed are the merciful; for they will be shown mercy.
6. Blessed are the clean of heart; for they will see God.
7. Blessed are the peacemakers; for they will be called children of God.
8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful,
and enkindle in them the fire of your love.
V. Send forth your Spirit and they shall be created.
R. And You will renew the face of the earth.
Let us pray.

O God, who has instructed the hearts of the faithful
by the light of the Holy Spirit, grant us in that
same Spirit to be truly wise, and ever to rejoice in
His consolation, through Christ, our Lord. Amen.

The Angelus

(Prayed at noon Mon after Pentecost to Holy Sat.)

The Angel of the Lord declared unto Mary
--and she conceived of the Holy Spirit.
Hail Mary.....
Behold the handmaid of the Lord
--Be it done unto me according to Thy word.
Hail Mary.....
And the Word was made flesh—and dwelt among
us.
Hail Mary.....
Pray for us, O holy Mother of God
--That we may be made worthy of the promises of
Christ.
Let us Pray: Pour forth, we beseech You, O Lord.
Your grace into our hearts; that we, to whom the
Incarnation of Christ, Your Son, was made known
by the message of an angel, may by His Passion
and Cross, be brought to the glory of His
Resurrection through the same Christ Our Lord.
Amen.

Vocation Prayer

Lord, let me know clearly the work which You are
calling me to do in life. And grant me every grace
I need to answer Your call with courage and love
and lasting dedication to Your will. Amen.

Regina Caeli

(Prayed at noon during Easter Season)

Queen of heaven, rejoice, alleluia.
The Son you merited to bear, alleluia,
Has risen as He said, alleluia.
Pray to God for us, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord has truly risen, alleluia.
Let us pray. God of life, You have given Joy to the
world by the resurrection of Your Son, Our Lord
Jesus Christ. Through the prayers of His mother,
the Virgin Mary, bring us to the happiness of
eternal life. We ask this through Christ our Lord.
Amen.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

(bow)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son is adored and glorified, who has spoken through the prophets, I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known, that anyone who fled to your protection, implored your help, or sought your intercession, was left unaided. Inspired with this confidence, I turn to you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen.

Prayer to St. Joseph

O St. Joseph, whose protection is so great, so strong, so prompt before the Throne of God, I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intercession and obtain for me from your Divine Son all spiritual blessings through Jesus Christ, Our Lord; so that having engaged here below your Heavenly power I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the Kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for us. Amen.