

# A MASTERCLASS IN TIME & GROOVE DEVELOPMENT



SCOTT'S

BASS LESSONS





# A MASTERCLASS IN TIME & GROOVE DEVELOPMENT

## LESSON #1 - BECOMING FAMILIAR WITH SUBDIVISIONS

### Quarter Notes (Set the Metronome to 60bpm)

4:28 ♩ = 60

1 2 3 4 1 2 3 4

T A B 5 5 5 5 5 5 5 5

Round & Round...

### Eighth Notes

5:25 ♩ = 60

1 and 2 and etc.

5 5 5 5 5 5 5 5 5 5 5 5 5 5

Round & Round...

### Sixteenth Notes

6:53 ♩ = 60

1 e + a 2 e + a etc..

5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5

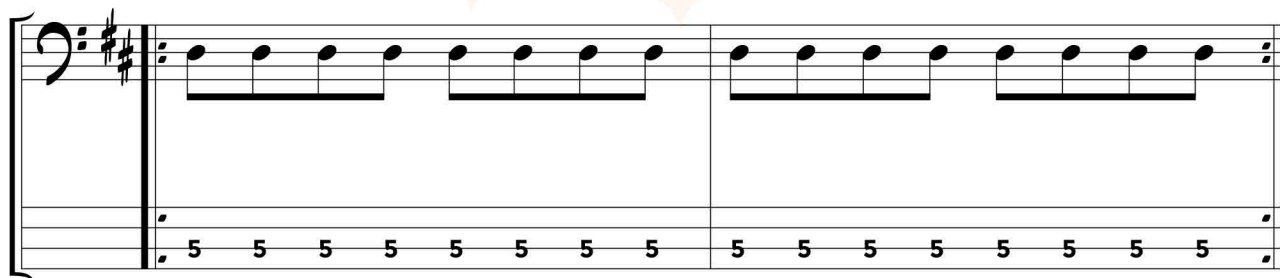
Round & Round...

# Half Tempo Exercise

## #1 - Set Metronome to 80bpm (Click on Every Beat)

11:44

♩ = 80



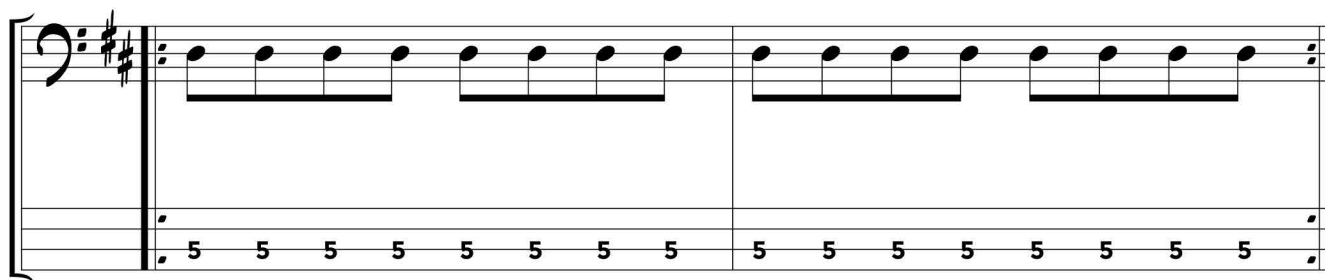
Exercise #1 musical notation. The staff is in bass clef with a key signature of one sharp (F#). The melody consists of two measures of eighth notes: G2, A2, B2, C3, D3, E3, F#3, G3. The first measure is followed by a repeat sign. The second measure is followed by a repeat sign. The bass line consists of two measures of eighth notes: 5, 5, 5, 5, 5, 5, 5, 5. The first measure is followed by a repeat sign. The second measure is followed by a repeat sign.

Round & Round...

## #2 - Set Metronome to 40bpm (Click on 1 & 3)

13:00

♩ = 40



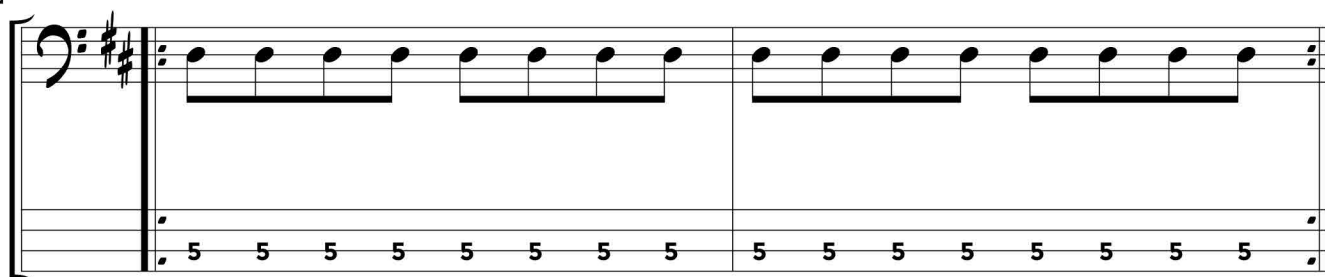
Exercise #2 musical notation. The staff is in bass clef with a key signature of one sharp (F#). The melody consists of two measures of eighth notes: G2, A2, B2, C3, D3, E3, F#3, G3. The first measure is followed by a repeat sign. The second measure is followed by a repeat sign. The bass line consists of two measures of eighth notes: 5, 5, 5, 5, 5, 5, 5, 5. The first measure is followed by a repeat sign. The second measure is followed by a repeat sign.

Round & Round...

## #3 - Set Metronome to 20bpm (Click on 1)

14:50

♩ = 20



Exercise #3 musical notation. The staff is in bass clef with a key signature of one sharp (F#). The melody consists of two measures of eighth notes: G2, A2, B2, C3, D3, E3, F#3, G3. The first measure is followed by a repeat sign. The second measure is followed by a repeat sign. The bass line consists of two measures of eighth notes: 5, 5, 5, 5, 5, 5, 5, 5. The first measure is followed by a repeat sign. The second measure is followed by a repeat sign.

Round & Round...



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## LESSON #2 - THE UPBEAT GROOVE EXERCISE

1:09

♩ = 100

**Upbeat Groove:** 1. Metronome on every beat  
2. Metronome on upbeats

T  
A  
B

7 4 5 7 0 4 5



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## LESSON #3 - THE HOPPER

4:10

♩ = 140

### Basic Groove

Basic Groove

**Metronome set to 140bpm on offbeat 16th notes:  
1 (e )and (a) 2 (e) and (a) 3 (e) and (a) 4 (e) and (a)**



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## LESSON #4 - GETTING YOUR SCALES CENTERED

### C Major Scale 1/4 Notes

(Metronome: 50bpm - Click 2 & 4)

2:39

TAB

### 8th Notes

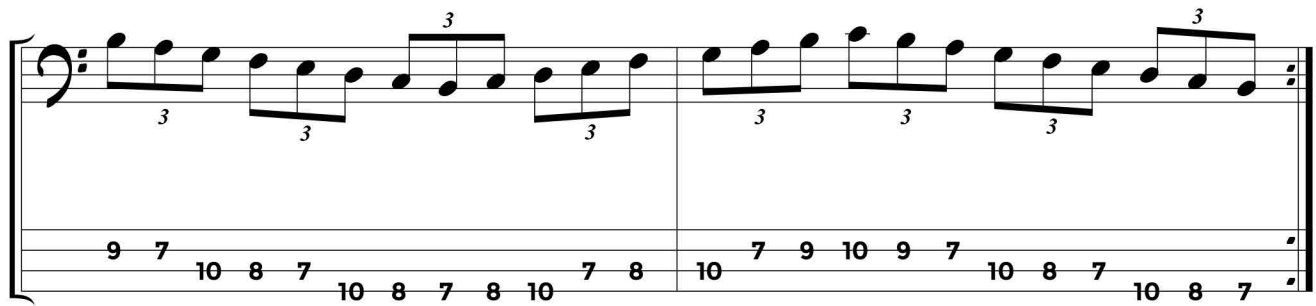
3:17

TAB

### 8th Note Triplets (play up and down x3)

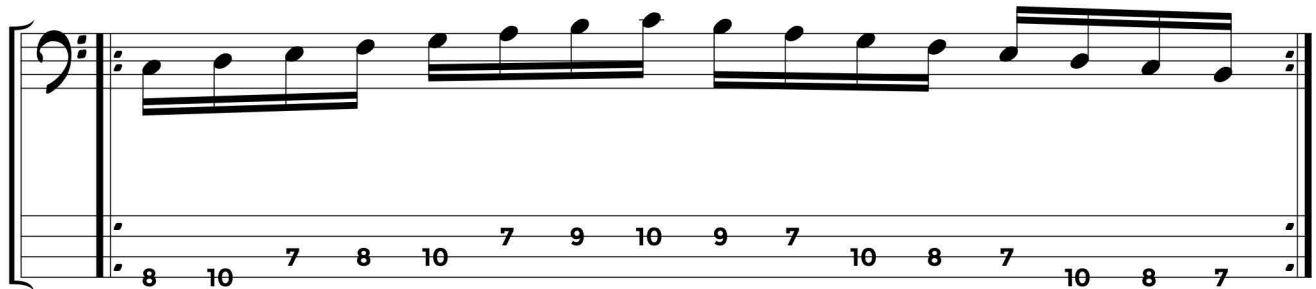
6:55

TAB



## 16th Notes

7:15



**Play up through Exercises in order then back down as follows:**

1/4 Notes  
 8th Notes  
 8th Note Triplets  
 16th Notes  
 8th Note Triplets  
 8th Notes  
 1/4 Notes  
 Round and Round...



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## LESSON #5 - THE SLOW WORM

### C Major Scale: 1 Note Per Click (20bpm)

1:49

♩ = 20

Musical score for "The Rose Tree" in bass clef, 4/4 time. The melody is: G<sub>2</sub> (quarter), A<sub>2</sub> (quarter), B<sub>2</sub> (quarter), C<sub>3</sub> (quarter), D<sub>3</sub> (quarter), E<sub>3</sub> (quarter), F<sub>3</sub> (quarter), G<sub>3</sub> (quarter), A<sub>3</sub> (quarter), B<sub>3</sub> (quarter), C<sub>4</sub> (quarter), D<sub>4</sub> (half). The guitar tablature below shows the fret numbers: 8, 10, 7, 8, 10, 7, 9, 10, 9, 7, 10, 8, 7, 10.

## Try at a variety of slow tempi



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## LESSON #6 - THE 4 ON 4 OFF GROOVE EXERCISE

**Basic Am Groove**

♩ = 100

1:25

Round & Round . . .

1. Metronome Click on every beat
2. Metronome Click 1 bar on, 1 bar off
3. Elaborate on the groove



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## LESSON #7 - THE 4 ON 4 OFF SOLO EXERCISE

**Solo in A Minor - 1 Bar of Click On, 1 Bar of Click Off**

**Click**

**No Click**

2:17



Round & Round . . .



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## LESSON #8 - THE TWO ON, TWO OFF EXERCISE

0:57

♩ = 112

**Dm Groove**

T  
A  
B

5 3 2 5 x 3 2

1. Click On all beats for 2 bars, Click Off for 2 bars
2. Click On beat 1 for 2 bars, Click Off for 2 bars
3. Advanced: Elaborate on the groove



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## LESSON #9 - THE TWO BEAT

### F Blues (Walking Line)

Ex 1. Click on Beat 2 only

Ex 2. Click on Beat 4 only

1:20

F7                      Bb7                      F7                      Cm7                      F7

Bb7                      Bbm                      F7                      Am7                      D7

Gm7                      C7                      Am7                      D7                      Gm7                      C7



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## LESSON #10 - SONG FORM FOCUS

### F Blues (Walking Line)

Click on Beat 1 of bars 1, 2, 3, 4, 5, 9

3:52





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## LESSON #11 - 6/8 GROOVE DEVELOPMENT

### 4/4 Groove

1:25

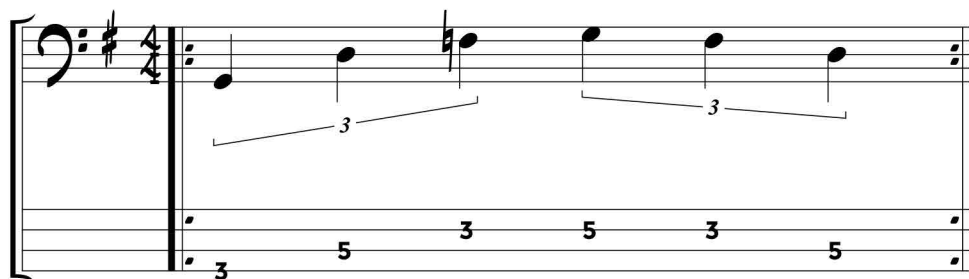


### 6/8 Groove

2:27



### 6/8 Groove against 4/4 time (Triplet Feel)



## Move Between 4/4 and 6/8 Triplet Feels

3:10

X4

X4

Two measures of music in F major, bass clef. The first measure is in 4/4 time, and the second is in 6/8 time. Both measures are marked with a repeat sign and a double bar line. The notation includes a treble staff with a key signature of one sharp (F#) and a bass staff with a key signature of one sharp (F#). The bass staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure. The treble staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure.

## Advanced: Blues in F (Moving Between Feels)

9:21

First system of music in F major, bass clef. It consists of two measures. The first measure is in 4/4 time, and the second is in 6/8 time. The notation includes a treble staff with a key signature of one sharp (F#) and a bass staff with a key signature of one sharp (F#). The bass staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure. The treble staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure.

Second system of music in F major, bass clef. It consists of two measures. The first measure is in 4/4 time, and the second is in 6/8 time. The notation includes a treble staff with a key signature of one sharp (F#) and a bass staff with a key signature of one sharp (F#). The bass staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure. The treble staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure.

Third system of music in F major, bass clef. It consists of two measures. The first measure is in 4/4 time, and the second is in 6/8 time. The notation includes a treble staff with a key signature of one sharp (F#) and a bass staff with a key signature of one sharp (F#). The bass staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure. The treble staff features a triplet of eighth notes (3, 5, 3) in the first measure and a triplet of eighth notes (3, 5, 3) in the second measure.

5 7 8 7 7 5 4 7 5 3 2 3 5 3 4 3 2 5 2 5 2

etc...



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## LESSON #12 - SHUFFLE GROOVE DEVELOPMENT

### Basic Shuffle Groove

1:25

Round & Round . . .

### Groove Through Blues Progression

1. Click On Each Beat (Metronome set to 80bpm)
2. Click On 2 & 4 (Metronome set to 40bpm)
3. Advanced - Click on 3rd triplet beat: 1 - tri -(plet)

3:00

D7 A7  
 5 7 5 7 5 7 5 7 5 7 5 7

E7 D7 A7  
 7 9 7 9 5 7 5 7 5 7 5 7



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## LESSON #13 - SWING FEEL DEVELOPMENT

### Sample Chord Progression (Jazz Standard)

Ex 1. Walking Bass with click on Beat 2 & 4 (for 160bpm use 80bpm click)

Ex 2. Click on 3rd triplet beat of 2 & 4: 1 tri plet 2 tri (plet) 3 tri plet 4 tri (plet)

C<sup>M</sup>7                      F<sup>7</sup>                      B<sup>b</sup>M<sup>A</sup>7                      E<sup>b</sup>M<sup>A</sup>7

A<sup>M</sup>7(b<sup>9</sup>)                      D<sup>7</sup>                      G<sup>M</sup>                      G<sup>7</sup>

C<sup>M</sup>7                      F<sup>7</sup>                      B<sup>b</sup>M<sup>A</sup>7                      E<sup>b</sup>M<sup>A</sup>7

A<sup>M</sup>7(b<sup>9</sup>)                      D<sup>7</sup>                      G<sup>M</sup>

A<sup>M</sup>7(b<sup>9</sup>)                      D<sup>7</sup>                      G<sup>M</sup>

C<sup>M</sup>7                      F<sup>7</sup>                      B<sup>b</sup>M<sup>A</sup>7                      E<sup>b</sup>M<sup>A</sup>7



Try increasing the tempo:  
240bpm (120bpm click)  
280bpm (140bpm click)  
320bpm (160bpm click)



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## LESSON #14 - SWING SOLO DEVELOPMENT

### Chord Progression (Autumn Leaves)

Solo with click on 2 & 4 (Metronome set to 80bpm)



