



## **ACCIDENT WAIVER & RELEASE OF LIABILITY CONTRACT**

I, the undersigned participant in TRISUTTO Online Coaching training sessions, hereby certify that I have a sufficient level of fitness to participate in the training sessions that are prescribed to me and that I am physically fit and have not been advised otherwise by a qualified medical person. I am aware that ocean and pool swimming, cycling and running are potentially hazardous activities in an uncontrolled open course environment and carry with them the potential for serious injury or death. I hereby agree to assume all risks associated with TRISUTTO Coaching training sessions and all activities incident thereto including, but not limited to: extreme physical exertion; falls; contact with other participants, event equipment, watercraft, vehicular traffic, potentially dangerous animals; the effects of weather and cold water.

I hereby assume all of the risks of completing TRISUTTO Coaching training sessions that have prescribed. I realize that liability may arise from negligence or carelessness on the part of the entities or persons named below or from dangerous or defective equipment controlled by them.

Having carefully read the above waiver and all risks being known and appreciated by me and in consideration of my participation in TRISUTTO Coaching prescribed training sessions and all activities incident thereto; I hereby take action for myself and anyone entitled to act on my behalf as follows:

1. Waive, release and discharge from any and all liability for my death, disability, personal injury, property theft or actions of any kind however caused which may hereafter accrue to me the following entities or persons: TRISUTTO Coaching Coaches, directors, employees, volunteers, representatives, agents and sponsors.
2. Indemnify and hold harmless the entities or persons mentioned above from any and all liabilities or claims made as a result of participation in TRISUTTO Coaching prescribed training sessions, whether caused by negligence or otherwise
3. I release all rights to the use of my name, voice and photographic/electronic image without compensation.

I certify that I agree to all of the terms and conditions stated on this form. I acknowledge that this accident waiver and release of liability contract will be used by TRISUTTO Coaching and that it will govern my actions and responsibilities when undertaking TRISUTTO Coaching training sessions and shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. I have read this entire contract and understand its content without exception.

**NAME**

**Date**

**Signature**

Upon completion of this form, please return via email to