Catholic Resources on Grief and Loss
Complied by Fr. Andrew Liaugminas, Chaplain & Director of Calvert House

Websites:

U.S. Conference of Catholic Bishops: Catholic prayers for death and dying and mourners.

Archdiocese of Chicago’s Online Grief Groups:
https://www.archchicago.org/coronavirus/online-grief-groups

Books and Resources:


Lorene Hanley Duquin, Grieving with the Help of Your Catholic Faith (Huntington, IN: Our Sunday Visitor, 2006).

Mauryeen O’Brien, O.P., Gentle Keeping: Prayers and Services for Remembering Departed Loved Ones Throughout the Year (Ave Maria Press, 2008).

Jeannie Ewing, From Grief to Grace: The Journey from Tragedy to Triumph (Sophia Institute Press, 2016).

Peter Kreeft, Making Sense Out of Suffering (Servant Books, 1986).