



# SPRING SPIRIT!

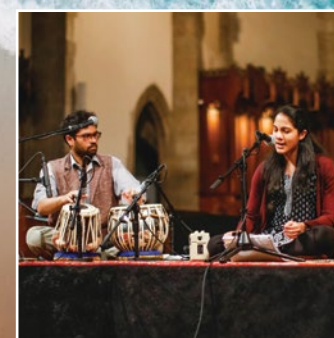
2019



## A Meeting of Two Seas 3.0: Migration Stories

**Sunday April 28 3 pm → Rockefeller**

Following the groundbreaking performances of music of South Asia offered these past two years at Rockefeller Chapel by a coalition of Hindu and Muslim students working to create a "meeting of two seas," this year's concert takes a new direction: celebrating the performance traditions that emerged from the movement and migration of diverse spiritual communities across South Asia, the Middle East, and Andalusia. Refreshments afterward.



Scenes from the 2018 event, photographed by Kiran Misra.

## Trivia Night

**Monday April 15**  
**7-8:30 pm**  
→ **Ida Noyes 034**

Come with a team or join one! Questions on holidays, rituals and traditions. Food and prizes!

Sponsored by the Spiritual Life Collective



## Sacred Spaces Visit

**Saturday April 20**  
**9 am-2 pm**  
→ **Ida Noyes Lobby**

Join us on a special visit of the Baha'i and Buddhist temples! Please RSVP to spirit@uchicago.edu by Wednesday, April 17th.

Sponsored by Spiritual Life Collective



## Nature Retreat

**Sunday May 19 9 am-3:30 pm → Ida Noyes Lobby**

A half-day nature retreat at the Starved Rock State Park. The day will include an easy hike with stops along the way for reflection, and will end with a meal together. Transportation and meal provided. RSVP to spirit@uchicago.edu by Wednesday, May 15th.



## LUNCHTIME DIALOGUES

### All You Can Eat, All You Can Ask

**12-1:30pm → Baker Dining Commons Private Dining Room, 5500 S. University**

A no-agenda conversation with Religious and Spiritual Advisors over lunch! Students of all traditions and none are welcome. RSVP to spirit@uchicago.edu.

**Monday April 15**

with Jewish, Multifaith, and Orthodox Christian Advisors.

**Tuesday April 30**

with Lutheran, Confucian, and Muslim Advisors.



### Earth Day Dialogue:

**ETHICAL CONSUMPTION OF MEAT AND ENVIRONMENT**

**Monday April 22 12:30-1:30 pm → Ida Noyes 034**

Join us for a lunch-time dialogue on the metaphysics of vegetarianism and spiritually motivated environmentalist frameworks. We will discuss whether animals have rights, if animal products can be consumed ethically, and what sort of responsibilities people have towards the environment according to a variety of faith traditions. Vegetarian lunch will be served.

### Dialogue: Faith and Social Justice

**Tuesday April 23 12:30-1:30 pm → Ida Noyes 034**

In today's political atmosphere, faith-based activist movements are becoming more prominent than ever before. Does your faith tradition make connections between inner spirituality and worldly injustice? How does political engagement affect personal spirituality, and vice versa? Join us for a vegetarian lunch to discuss these questions and more.

### SOUPport: Multiple Religious Belonging

**Wednesday April 24 12-1 pm → Ida Noyes 034**

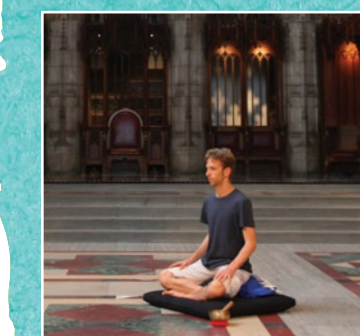
Conversations and support over a warm bowl of soup. We will discuss multiple religious belonging with Religious Advisors, Angela Parkinson and Josh Oxley.

## WEEKLY OFFERINGS

### Twenty Minutes Still

**Weekdays | 8-8:20 am → Bond**

Still the mind and body. Meditation for twenty minutes in the stillness of Bond. All levels welcome.



### Yoga at Rockefeller

**Tuesdays | 5:30-6:30 pm → Rockefeller**

Join us for a gentle yoga session in the embrace of Rockefeller's great stones, led by Rachel Carbonara. Bring a yoga mat if you have one and wear loose comfortable clothing. Weekly from April 9-May 28.

### Zen Meditation

**Wednesdays | 5-7 pm → Rockefeller**

5 pm instruction for beginners; 5:30 pm half an hour of Zen meditation, followed by a dharma talk.

## Passover

**April 19-27**

For more information, visit:  
www.chabaduchicago.com  
www.uchicagohillel.org



## Ramadan

**May 6-June 5** (Tentative. Based on moon sighting.)

Daily iftar and taraweeh will be offered. Please visit our website for more information about community access, location, and sponsorship for iftars.



## Faith Listening Sessions

**Wednesdays April 10 April 24 May 1 2-4 pm**  
→ **Ida Noyes 034**

How does faith fit into your daily academic life as a student. Where do you see faith and your chosen vocation intersecting? With Pastor Kwame Pitts.

Sponsored by Body and Soul UChicago Campus Ministry/Lutheran Student Fellowship

## Anba Anagelos

**Monday April 15 11-12 pm → Bond**

Anba Angaelos is known for his advocacy and activism in the UK, particularly on issues of refugee rights, immigrant services, and Christianity inclusivity.

Sponsored by the Orthodox Christian Fellowship

## Easter Sunday

**Sunday April 21 11 am-12:30 pm → Rockefeller**

The Chapel Choir leads a festival service with hymns arranged with brass and music of René Clausen, and with organ music of Jean Langlais.



## Confucian Sacred Reading: The Analects

**Sunday April 21 2:30-4 pm → Rockefeller**

How do Confucians read their sacred texts? Join UChicago's Confucian Commons on Rockefeller Chapel's chance to read & learn contemplatively through the practices of quiet-sitting, rhythmic recitation, and communal reflection.

Sponsored by Confucian Commons

## Homeless Food Run

**Thursday April 25 6-8pm**  
→ **Calvert House Basement**

Help prepare and distribute meals for the homeless.

Sponsored by Homeless Food Run (Calvert House)

## Jumu'ah: Muslim Friday Prayers

**Friday April 26 1:30-2 pm → Bond**

Wonder what happens at Friday prayers? You're invited to experience a khutbah, a traditional Friday sermon and prayer.

## Holi: Unleash the Colors

**Saturday April 27 (Raindate: May 4) | 1-2 pm**  
→ **Eckhart Quad**

A celebration of Holi, the ancient Hindu religious festival marking the arrival of spring—cover your friends in colored powder!

Sponsored by the Hindu Student Sangam and the South Asian Students Association



## Ecumenical Christian Worship

**Sunday April 28 11 pm-12 pm → Rockefeller**

Worship in Rockefeller Chapel enclosed by glorious Gothic architecture and the sounds of carillon bells and our magnificent organ in a rhythm dating back to 1928. Visiting choir Tornaveus from Catalonia sings and Assisting Chaplain and Confucian Religious Advisor Angela Parkinson offers the sermon.

## World Book Day: Sant Jordi Celebration

**Sunday April 28 12 pm-12:30 pm → Rockefeller**

In honor of visiting Catalan choir Tornaveus, roses and books will be available immediately after the morning worship at Rockefeller for taking home or leaving under the sculpted images of your favorite saints and scholars adorning the Chapel from St. Michael to JS Bach. Leave a book, take a book, stop and smell the roses!

## Spiritual Springtime: Celebrating Ridván

**Monday April 29 3-4:30 pm → Bond**

The festival will examine the spiritual renewal of humanity and its destiny for peace through readings, discussion, music and flowers. Light refreshments will be served.

Sponsored by the Baha'i Student Association



## Religious Leadership in Diaspora

**CONTINUITIES AND BREAKS IN EASTERN CHRISTIAN COMMUNITIES**

**Thursday May 2 5-7 pm → Swift 106**

A panel of Eastern Christian leaders, hailing from the Coptic, Syriac, and Mar Thoma traditions, will discuss life and religiosity in diaspora as complicated by historical, social, and religious geographies that are oceans away. Dinner will follow.

Sponsored by the Orthodox Christian Fellowship and the Theology Club

## Refresh, Refuel, ReEnergize!

**Saturdays in May 3-5 pm**  
→ **Augustana Lutheran Church**

Come out for self care, wellness and holistic workshops on caring for one's mind, body and spirit as a student.

Sponsored by Body and Soul UChicago Campus Ministry/Lutheran Student Fellowship

## Interfaith Iftar

**Thursday May 9 7:45-9:15 pm**  
→ **Regenstein Library, Room A-11**

Join the Muslim community as they break fast together and learn what Ramadan means to them.



## Celebrating Traditions Through Food

**Monday-Friday April 22-May 3**  
→ **Baker, Bartlett and Cathey Dining Commons**

Join us in the dining halls to celebrate a different religious tradition each night at dinner.

Sponsored by UChicago Dining.

**Spiritual Life** | spirit.uchicago.edu | spirit@uchicago.edu | Ida Noyes 034

**Jigna Shah** Assistant Dean of Rockefeller Chapel and Director of Spiritual Life  
**Seher Siddiquee** Assistant Director of Spiritual Life and Advisor for Muslim Affairs  
**Nur Banu Simsek, Nikhil Mandalaparthi, Nadine Azalea** Spiritual Life Assistants  
**Amatunoor Frederickson** Spiritual Life Intern

**PRAYER SPACES**  
**Hindu Prayer** Rockefeller Uncommon Room  
**Muslim Prayer Room** Ida Noyes 032  
**Meditation Room** Ida Noyes 033