**A Meeting of Two Seas 3.0: Migration Stories**

**Sunday April 28 7 pm**  
Rockefeller  

Following the groundbreaking performances of music of South Asia offered these past two years at Rockefeller Chapel by a coalition of Hindu and Muslim students working to create a ‘place of one’s own,’ this year’s concert takes a new direction, celebrating the performance traditions that enriched the movement and migration of diverse religious communities across South Asia, the Middle East, and Andalusia.

**Passover**

*April 11–17*

**Ida Noyes 034**  
Come with awe or join us! Questions on holidays, music and traditions. Food and refreshments  
Sponsored by the Unitarian Universalist Fellowship of Chicago

**Easter Sunday**

*April 21 10-12:30 pm*  
Rockefeller  

The Easter Vigil Mass begins with the Procession of the Fire and the Easter Proclamation, followed by the Liturgy of the Eucharist.

**Holy Week: The Colours**

*Saturday April 13 (Before Maundy Thursday)*  
1–2 pm  
Eckhart Commons  

A celebration of all of the ancient Hindu religious festivals marking the arrival of spring—color your friends in colored powder! Sponsored by the Hindu Student Groups and the South Asian Students Association.

**Contemplation: Confucian Sacred Reading**

*Sunday April 14 10–11:30 AM*  
Rockefeller  

A celebration of the Analects, the ancient Confucian sacred reading marking the arrival of spring—contemplate and ponder a passage from this text! Sponsored by Confucian Commons

**Fellowship**

*Monday April 15 11–12 pm*  
Ida Noyes Lobby  

Join us as special guests of The REACH and Buddhist temple! Please RSVP to spirit@uchicago.edu by Wednesday, April 13th.  
Sponsored by Spiritual Life Collection

**Nature Retreat**

*Sunday April 28 9 am–12 pm*  
Ida Noyes Lobby  

A half-day retreat at the Starved Rock State Park. The day will include an easy hike with stops along the way for reflection, and will end with a sit down meal. Transportation and admission provided. RSVP to spirit@uchicago.edu by Monday, May 17th.

**World Book Day: Sant Jordi Celebration**

*Sunday April 28 12–3 pm*  
Rockefeller  

In honor of Saint Catherine of Siena, a nun and holy, we will have available immediately after the morning worship at Rockefeller to take home or leave under the sculpted images of your favorite saints and scholars adorning the Chapel from St. Michael to St. Barra. Leave a little, take a little, stop and smell the roses!  
Sponsored by the Bible and Muslim Student Association

**Spiritual Springtime: Celebrating Ravidun**

*Monday April 29 6–10 pm*  
Rockefeller  

The Rock will examine the spiritual renewal of Ravidun, and his destiny for peace through readings, discussion, music and flowers. Light refreshments will be served.  
Sponsored by the Ravidun Student Association

**Trivia Night**

*Monday April 29 7–9 pm*  
Ida Noyes Lobby  

Come out for self care, wellness and holistic workshops on anxiety and stress management.  
Sponsored by Midwest Christian Ministry and Lutheran Student Fellowship

**Refresh, ReEnergize!**

*Tuesday April 30 3–4:30 pm*  
Augustine Lutheran Church  

Come out for self care, wellness and holistic workshops on anxiety and stress management.  
Sponsored by the Lutheran Student Fellowships

**RENEW: Reaching Out to Earth**

*Wednesday May 1 1–2 pm*  
Ida Noyes Lobby  

Celebrate the environment around us and discuss the importance of earth day! 
Sponsored by the Student Engagement Board and Rockefeller Student Union

**Faith and Social Justice**

*Wednesday April 17 1–2 pm*  
Ida Noyes Lobby  

A discussion on how our faith motivates us to be social justice leaders.  
Sponsored by the Spiritual Life Collective

**Ecotheological Christian Worship**

*Sunday April 28 5–7 pm*  
Regenstein Library, Room A-11  

Sunday evening worship and contemplation in the Meditation Room.  
Sponsored by the Rockefeller Student Union and the Rockefeller Community

**Religious Leadership in Diaspora**

*Monday April 29 7–8 pm*  
Ida Noyes Lobby  

Join us in the dining halls to celebrate a different religious tradition. Food and prizes!  
Sponsored by UChicago Dining

**Trivia Night**

*Monday April 29 7–9 pm*  
Ida Noyes Lobby  

Come out for self care, wellness and holistic workshops on anxiety and stress management.  
Sponsored by Midwest Christian Ministry and Lutheran Student Fellowship

**SOUPport: Multiple Religious Belonging**

*Wednesday April 24 11–12 pm*  
Ida Noyes Lobby  

Come out for self care, wellness and holistic workshops on anxiety and stress management.  
Sponsored by the Spiritual Life Collective

**Sweat and Strength**

*Thursday April 25 4:30–7 pm*  
Regenstein Library, Room A-11  

Yoga at Rockefeller  

Thursday | 5–7 pm  
Rockefeller  

Join us for an evening of yoga in Rockefeller. Yoga classes include:  
Sponsored by Yoga at Rockefeller

**Zen Meditation**

*Thursday April 25 7:30–8:30 pm*  
Regenstein Library, Room A-11  

Zen Meditation  

Thursday | 7:30–8:30 pm  
Rockefeller  

In conjunction with Rockfeller's Zen Buddhist group and religious studies courses, come to meditate in the Meditation room of Rockefeller.  
Sponsored by the Rockefeller Community

**WEEKLY OFFERING**

**Twenty Minutes Still**

*Weeklyly 7:15–7:35 am*  
Rockefeller  

Mindfulness meditation for ten minutes to start the day. All meditation practices are offered in silence.  
Sponsored by the Rockefeller Community

**RHYTHM OF THE SOUL**

*Weeklyly 8–9 pm*  
Regenstein Library, Room A-11  

Yoga at Rockefeller  

Weeklyly | 8–9 pm  
Rockefeller  

Join us for a yoga class in Rockefeller. Yoga classes include:  
Sponsored by Yoga at Rockefeller

**Earth Day Dialogue**

*April 22 12–1 pm*  
Ida Noyes Lobby  

A discussion on how our faith motivates us to be social justice leaders.  
Sponsored by the Spiritual Life Collective

**SOUTH ASIA CULTURES**

*April 29 11–12 pm*  
Ida Noyes Lobby  

Celebrate the environment around us and discuss the importance of earth day! 
Sponsored by the Student Engagement Board and Rockefeller Student Union

**Ethical Consumption of Meat**

*Tuesday April 30 12–1 pm*  
Ida Noyes Lobby  

Join us for a lunch-time dialogue on the metaphysics of humanity, food and nature.  
Sponsored by the Spiritual Life Collective

**Passover**

*April 11–17*

**Ida Noyes 034**  
Come with awe or join us! Questions on holidays, music and traditions. Food and refreshments  
Sponsored by the Unitarian Universalist Fellowship of Chicago

**Anba Amgole**

*Monday April 15 11–12 pm*  
Bond  

Anba Amgole is known for his advocacy and activism in the UK, particularly on issues of religious freedom, integrity of service, and Christologically inclusivity.  
Sponsored by the Orthodox Christian Fellowship

**Faith Listening Sessions**

*Wednesdays April 10*  
Ida Noyes Lobby  

With a fellowship board member you can discuss your faith, community, and faith questions!  
Sponsored by Spiritual Life Commissioner

**Migration Stories**

*April 28 7–9 pm*  
Ida Noyes Lobby  

Come out for self care, wellness and holistic workshops on anxiety and stress management.  
Sponsored by the Spiritual Life Collective

**Spiritual Life**

*spirit.uchicago.edu|spirit@uchicago.edu|Ida Noyes 034*