

# Special Learning Webcast Overview



## Transition Survival 103: Advanced Social Skills for Adolescent and Adults - Part 2

**Speaker:** Michele LaMarche, BCBA and Christine Austin, MS, BCaBA

**Date:** July 26, 2012

**Time:** 3:30 - 5:30 pm EST

**Format:** 100 minutes of content with 20 minutes of real-time Q&A (via chat) available after the presentation.

**To Register:**

[www.special-learning.com/webinar/july/103\\_part2](http://www.special-learning.com/webinar/july/103_part2)

**CE Credits:**

Eligible for 2 BCBA and BCaBA Continuing Education Credits

Eligible for 2 Social Work CEU's in the state of Ohio

*CEU's provided by Step by Step Academy*



BACB Approved Provider #: OP-10-2011

Social Workers Approved Provider #: RSX071001

### Abstract:

How do you deal with situations...like adjusting to change? Are you always willing to try something new? What do you do when you have to make a very important decision? How do you problem solve? How do you deal with mistakes? Have you ever asked someone out on a date? How did you feel? According to Baker (2005), appropriate social behavior is a subjective process. How people behave in a social situation depends, not only on the people involved, but on what the situation calls for as appropriate.

When reviewing the questions above, we identify there are cognitive processes required such as learning self-regulation techniques and understanding relationships in order to respond appropriately in social situations. We will identify these necessary skills and look at strategies that can be taught during early treatment. Strategies that are taught in order to increase these skills will assist in the way individuals act with others. Teaching and learning these skills can include role modeling, lots of practice, and developing opportunities to use these skills often in daily interactions.

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### **Abstract:**

and/or supervising direct treatment staff, and other professionals working with adolescents and/or adults with autism, Asperger's and related disorders.

For example, some of the social skills we will be reviewing in this webcast are as follows:

- Self-regulation
  - o Interaction Readiness
  - o Problem Solving
  - o Adjusting to Change
  - o And, more...
  
- Relationships
  - o Expressing Affection
  - o Asking Someone Out on a Date
  - o Giving Encouragement
  - o And, more...

This is only a partial list of the skills needed to be a successful adult in society. As professionals, it is important that we find effective ways to teach these skills so that learners will be proficient at these skills. Knowing what to do and when to do it in a social situation not only lessens the possibility of stigma, it also increases independence and success in daily life.

This event will total 120 minutes with a review of theory, practice and methodology designed for teachers, paraprofessionals, guidance counselors, Mental Health counselors, BCABA's and BCBA's working with person's with autism



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### **Outcomes:**

Upon completion of *T Transition Survival 103: Advanced Social Skills for Adolescent and Adults - Part 2*, participants will:

1. Identify crucial social skills needed for success in self-regulation and relationship building
2. Identify several teaching strategies for use with the student to learn these skills
3. Understand the most effective ways people learn and develop these skills

### ***References:***

**Baker, J. (2005).** Preparing for life: the complete guide for transitioning to adulthood for those with autism and Asperger's Syndrome. Arlington, Texas: Future Horizons Inc.

**Coucovanis, J. (2005).** Super skills: a social skills group program for children with Asperger syndrome, high-functioning autism and related challenges. Shawnee Mission, KS: Autism Asperger Publishing Company.

**Goldstein, A. P., & McGinnis, E. (1997).** Skillstreaming the adolescent, revised edition: new strategies and perspectives for teaching prosocial skills. Champaign, IL: Research Press.