

SFSP VEGETARIAN COLD LUNCH



JULY 2026

Monday		Tuesday		Wednesday		Thursday		Friday	
JUN 29		JUN 30		1		2		3	
Cheese Sandwich , WG Bread, lettuce. Tomato, Cheddar Cheese, Baby Carrots, Ranch Dressing Clementine ,1% milk		BBQ TOFU , WG Bun , Cabbage & Carrots Slaw, Mango, Cherry Tomato, Ranch dressing, 1% milk contains: Egg		Garden salad : Cheese Cubes, Lettuce, Tomato, carrots, Croutons, Italian Dressing, Banana , 1% milk		Mexican Sloppy joes (Beans/Cheese), WG Bread, Baby Carrots, Apple 1% milk		Lunch Box 1 Cheese Cubes, Pretzel Bites, Celery Sticks, Ranch Dressing orange 1 % milk	
6		7		8		9		10	
Ranch Tofu Wrap: WW Tortilla, Lettuce, Baby Carrots, Ranch dressing Pear, 1% milk contains: Egg		Cheese stick, WG Cracker, Cucumber coins, ranch dressing Pineapple 1% milk		Black Beans Cobb Salad: Lettuce, Carrots, Cherry Tomato, Bread Croutons, Ranch Dressing, Apple, 1% milk		Cheese Sandwich , WG Bread, lettuce. Tomato, Cheddar Cheese, Baby Carrots, Ranch Dressing Banana , 1% milk		Mexican Beans & Cheese Fajitas Wrap WW Tortilla, Lettuce, Ranch Dressing, Watermelon, 1% milk.	
13		14		15		16		17	
Sunflower Butter & Jelly Sandwich, W.W. Bread, Baby Carrots, Ranch Dressing, orange 1% milk		TACO SALAD: Black beans , Mozzarella Cheese, corn Lettuce, Tomato, cucumber Croutons , Ranch , & Pineapple, 1% milk		Chang TOFU wrap: Lettuce, , W W Tortilla, Baby Carrots, Ranch Dressing, green apple, 1% milk contains: Soy		Lunch Box 2 Hummus , Pretzel Bites, Carrots & grape, ranch dressing Apple, 1% milk.		Enriched Pasta salad , pea, carrots, corn , Cheese Cubes, Italian Dressing, Banana, 1% milk	
20		21		22		23		24	
Cheese Sandwich , WG Bread, lettuce. Tomato, Cheddar Cheese, Baby Carrots, Ranch Dressing Pear 1% milk		Mexican Sloppy joes (Beans/Cheese), WG Bun, Baby Carrots, watermelon 1% milk		Lunch Box 1 Cheese Cubes, Pretzel Bites, Celery Sticks, Ranch Dressing Apple 1% milk		BBQ Veggie Burger Wrap: W W Tortilla, Lettuce, cucumber, tomato, Ketchup Orange, 1% milk		Cheese stick, WG Cracker, Cucumber coins, ranch dressing Pineapple 1 % milk	
27		28		29		30		31	
Sunflower Butter & Jelly Sandwich, W.W. Bread, Baby Carrots, Ranch Dressing Mango 1% milk.		Black Beans Cobb Salad: Lettuce, Carrots, Cherry Tomato, Bread Croutons, Ranch Dressing, Banana, 1% milk		Cheese Sandwich , WG Bread, lettuce. Tomato, Cheddar Cheese, Baby Carrots, Ranch Dressing Clementine 1% milk		Lunch Box 2 Hummus , Pretzel Bites, Carrots & grape, ranch dressing Watermelon 1% milk.		Mexican avocado sandwich WG Bun, Mexican Refried bean, Cheddar Cheese, Lettuce, avocado, baby Carrots , Ranch Dressing Banana 1% milk.	