

SOMERVILLE COUNCIL ON AGING INVITES YOU TO OUR MEMORY CAFE AT MOUNT VERNON RESTAURANT



A Memory Café is a safe, comfortable environment to share your stories and socialize with others who have worries about their memory. The café is geared towards individuals with Early to Moderate Alzheimer's and their Care Partners as well as those who worry about Memory Problems. This is a social event, a nurse is not on site and staff do not have the capability to perform hands on care.

Mount Vernon Restaurant
14 Broadway
Somerville, MA 02145

Thursday, December 7th

4:30 PM until 6:00 PM

Being active physically, socially, and mentally is good for the brain!

For additional information or to RSVP, contact: Natasha or Ashley
Somerville Council on Aging, Phone: 617-625-6600 ext. 2300