

Please join the
Somerville Council on Aging
for our



**Health &
Wellness Fair**
Thursday, October 26th
10am-12pm



167 Holland St. Somerville, MA

The day includes:

- Guest speaker
- Blood pressure screenings
- Healthy living info
- Flu shot clinic
- Light healthy breakfast
- Healthy lunch
- Healthy eating info
- Raffles and giveaways

Come learn how to build a healthier you!

Lunch and Bingo will be following.

You must RSVP at 617-625-6600 ext. 2300