



[View HHS Website](#)

Seasonal Health Information



Free Vaccine Clinics

Getting your annual flu and COVID vaccines can help protect you and those around you from getting sick. Use the link below to find a city-sponsored vaccine clinic near you, or talk to your primary care provider or pharmacist about where you can get your annual vaccines. More clinics will be added throughout the fall and winter.

[Vaccine Clinic Dates](#)

Bug Bites

The state has announced the first human case of West Nile Virus this year, and Somerville is currently considered high risk! It is peak season for ticks and mosquitoes in New England, and these insects can carry harmful diseases. Be sure to wear bug spray if you are going to be outside during the evening when ticks and mosquitoes are most active. For more information on avoiding bug bites, click the links below!

[Tick-Borne Diseases](#)

[Mosquito-Borne Diseases](#)

Check Out Some of Our Events  
and Programs



## Overdose Awareness and Recovery Month

September is Overdose Awareness and Recovery Month, and the City of Somerville Office of Prevention wants to make sure you have the tools to prevent, identify, and respond to an overdose. We'll be hosting several events this month related to overdose prevention, and all month long, you can find City Hall lit up with purple lights and purple flags decorating the lawn to help us remember those we've lost to overdose-related deaths.



Monthly Virtual Overdose Prevention Training

Naloxone (Narcan) Distribution Event 9/18/25

Overdose Prevention Training 9/23/25

### 9/11 Remembrance Event

Join us as we honor the lives lost and the heroes who responded on September 11, 2001. This solemn remembrance ceremony will take place from **6:00 to 7:00 PM** in **Davis Square** and is open to all community members.

### Veterans Family Night

Veterans and their families are invited to an evening of connection, appreciation, and fun. Enjoy food, activities, and community as we celebrate those who have served and the loved ones who support them.

Join us **September 18th, 6:30 PM - 9 PM** at **Dilboy VFW Post (531 Summer St, Somerville)**

### Fall Community Meetings

Learn about HHS and other city departments at the fall ward meetings! We'll be highlighting the fantastic work our team does to support Somerville youth and families, out-of-school time, new parents, and much more!

Find Your Ward Meeting Here

### Veterans' Services Coffee Hour

Start your morning with a warm cup of coffee and great conversation at the **Central Library, September 18th, from 9:30 AM to 10:30 AM**. This informal gathering is a chance to connect with local veterans, neighbors, and city staff in a relaxed setting.

### Veterans Group

Veterans are invited to join us at the **Council on Aging on September 23rd at 10:30 AM** for a supportive and welcoming group gathering. This is an excellent opportunity to connect with fellow veterans, share experiences, and learn about available resources in the community.

Learn More

### Health and Wellness Fair

Explore resources and services that support a healthier lifestyle at our Health and Wellness Fair. Join us **September 20th at Lincoln Park from 11 AM - 2:30 AM**. With free screenings, wellness activities, and local vendors, this event is an excellent opportunity to prioritize your well-being.

Learn



More

Council on Aging Events

We encourage all of our senior residents to join us for any or all of our upcoming events, including:

- Our Annual Summer Picnic
- Monthly Cultural Series Luncheons
- And Many More!

For more information, contact Debby Higgins at 617-625-6600 ext. 2321

Council on Aging

Sign Up for the Medical Reserve Corps

Interested in volunteering to support your community in Somerville and across Massachusetts? Sign up for the Medical Reserve Corps (MRC). Accepting volunteers across all skill levels!

Learn More

Mobile Farmers Markets Continue!

Our **Mobile Farmers Market** continues to run through the Fall! Check out the link below to see where we'll be and come get some healthy and locally sourced produce!

Market Hours and Info

Find Local Food Resources

Visit the website below for information on food pantries, community meals, SNAP benefits, and other local food sources.

SOMERVILLE FOOD COALITION

MBTA Reduced-Fare Pass

The MBTA now offers an income-eligible reduced-fare pass to save on your transit needs. Create a MyCharlie account and apply now on the MBTA Website below.

LEARN MORE

Veterans' Breakfast

Be sure to check the City Calendar each month for the complimentary Veterans' Breakfast. Join us on the **3rd Thursday of each month from 9 AM - 10:30 AM** at now at**the Dilboy VFW Post 529** for June, July, and August! The breakfast is open to Veterans and their family.

- Email [veterans@somervillema.gov](mailto:veterans@somervillema.gov) to learn more.

Seeking Support Services in Somerville?

Join our Community Health Workers every other Thursday at Connexion (149 Broadway, Somerville, MA) from 11 am – 1 pm. We will provide hygiene kits, snacks, referrals to internal and external partners for the following services:

- ESL
- Housing
- SHC
- SNAP
- MassHealth

Our next Engagement Event is **Thursday, September 18th**.

Back to School and Youth Programing

SomervilleHub Community Resources

Somerville is here to help. Whether someone is looking for assistance with the basics like food, housing, clothing, or healthcare, or more specialized resources, SomervilleHub can help residents find what they need!

SomervilleHub

Congrats SomerBaby!

SomerBaby is a free program to welcome new babies to Somerville. This Summer, we performed **45 home visits!** This program provides new parents with information and support when a baby is born. SomerBaby Provides:

- 'Welcome Baby' bag
- Home Visit
- Information and support on breastfeeding

- Home safety information  
- Referrals to additional resources  
Know a new parent or have a new baby at home? Click the link below to complete the referral form to receive support from SomerBaby!

SomerBaby

## After School Programing

Somerville offers many excellent after-school programs! There are many clubs and out-of-school-time activities to help fill our students' days with engaging and fulfilling activities. You can also explore the new community schools after-school program, which offers many new opportunities. Check out the link below for more information!

Check Them Out  
Here!

PAYMENTS                      GOVERNMENT                      FOR RESIDENTS

# City of Somerville

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