

Somerville Council on Aging

Please join us on ***Tuesday, December 14, 2021*** at ***10:00 am*** at the ***Ralph & Jenny Senior Center*** for an Interactive Senior Friendly Body Movement Show.



Marcus Santos from *Grooversity Global Drumming Network* will lead this hands-on interactive, multicultural show, showcasing a friendly body movement adaptation of traditional rhythms and dances from different countries. The audience becomes part of the show that includes the use of friendly body movement, technology and cultural diversity awareness.

Grab n' Go Lunch available following the performance

To join the fun, please RSVP to Debby at 617-625-6600 ext. 2321 or email dhiggins@somervillema.gov



This program is supported in part by a grant from the Somerville Arts Council, a local agency which is supported by the Massachusetts Cultural Council.