



# OLDER AMERICANS MONTH



JAKE WILSON  
MAYOR

CHAMPION YOUR HEALTH: MAY 2026

## Let's Celebrate!

**Tuesday, May 12th**  
**11:00am**  
**The George Dilboy Post**  
**351 Summer St.**

The 2026 theme, Champion Your Health, focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages taking an active role in managing your own health, advocating for yourself, accessing preventive care, and making informed decisions that support independence.

**Join us for an afternoon of fun as we celebrate you.**

***\$10 per person -lunch will be chicken gyro, rice and salad***

*Please call Debby to RSVP at 617-625-6600 ext. 2321*



The City of Somerville can provide you with an interpreter in your language for free. To request an interpreter, please contact us at [languageaccess@somervillema.gov](mailto:languageaccess@somervillema.gov) or call 311 (617-666-3311) at least 7 days in advance of this event.



The City of Somerville can provide you with an interpreter in your language for free. To request an interpreter, please contact us at [somerviva@somervillema.gov](mailto:somerviva@somervillema.gov) or call 311 (617-666-3311) at least 7 days in advance of this event.