



## Join us for the ActiveAgers Kickoff Party!

### What motivates you to stay active?

The Somerville Council on Aging is an Active Aging community through the Massachusetts Council on Aging. The goal of this program is to encourage seniors to prioritize their health through movement and fitness.



### Let's Celebrate!

Special guest Jane Burgess and SCOA's Health and Wellness Coordinator Michelle Deutsch will lead us in a dance party and sing-a-long to celebrate our achievements.

There will also be raffle prizes and lunch to celebrate.

**Friday, January 30<sup>th</sup> at 11:00am**

**Space is Limited. To RSVP, please contact  
Michelle at 617-625-6600 x2315**



Persons with disabilities who need ADA accommodations to access this program, please contact Adrienne Pomeroy in advance at 617-625-6600 x 2059 or [apomeroy@somervillema.gov](mailto:apomeroy@somervillema.gov).

The City of Somerville can provide you with an interpreter in your language for free.

To request an interpreter, please contact us at [languageaccess@somervillema.gov](mailto:languageaccess@somervillema.gov) or call 311 (617-666-3311) at least 7 days in advance of this event.

