



**KATJANA BALLANTYNE**  
**MAYOR**

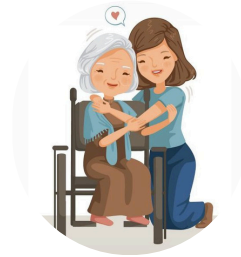
## Upcoming AARP Speakers Bureau Presentation

### Prepare to Care

**Time:** Wednesday, August 20th at 11:00am

**Location:** 167 Holland St, Somerville, MA 02144

**Duration:** 1 Hour



**Description:** There are many challenges to caregiving and care receiving. This session provides a practical guide focused on how to put together a team and establish a care plan. You will gain insight on how to navigate the challenges as you and your loved one begin the journey of caregiving or care receiving.

**Presenter:** Theresa Chaklos, AARP MA Speakers Bureau Volunteer

**RSVP by contacting Molly at 617-625-6600 ext 2318 or [mpagliuca@somervillema.gov](mailto:mpagliuca@somervillema.gov)**

***This program has been implemented as a result of the Aging in Somerville Community Needs Assessment. It is thanks to feedback from our community that we are able to create programs to help older adults continue to age well in Somerville.***



Persons with disabilities who need ADA accommodations to access this program, please contact 311 (617-666-3311) in advance.

The City of Somerville can provide you with an interpreter in your language for free. To request an interpreter, please contact us at [somervillema.gov/ContactSomerviva](http://somervillema.gov/ContactSomerviva) or call 311 (617-666-3311) at least 7 days in advance of this event.