



# Mental Health Panel

Tuesday, May 20<sup>th</sup>, 2025  
11am-12pm  
Holland Street Center  
167 Holland Street, Somerville, MA 02144



Have you or a loved one considered perusing professional help regarding mental health, but find the process overwhelming?

The Somerville Council on Aging will be joined by representatives from Cambridge Health Alliance, PACE, and Somerville Cambridge Elder Services' Behavioral Health Outreach for Aging Populations Team, to discuss how to access mental health services for yourself or a loved one.

To RSVP, please contact Natasha at 617-625-6600 ext. 2317 |  
[nnaim@somervillema.gov](mailto:nnaim@somervillema.gov)



Persons with disabilities who need ADA accommodations to access this program, please contact 311 (617-666-3311) in advance.

The City of Somerville can provide you with an interpreter in your language for free. To request an interpreter, please contact us at [somervillema.gov/ContactSomerviva](http://somervillema.gov/ContactSomerviva) or call 311 (617-666-3311) at least 7 days in advance of this event.