

THE SOMERVILLE COMMISSION FOR PERSONS WITH DISABILITIES PRESENTS A



"MINDFUL MOODS MINGLE"







JOIN US FOR A RELAXED AND OPEN MINGLE ABOUT MENTAL HEALTH, WHERE WE CAN SHARE OUR EXPERIENCES, LISTEN, AND SUPPORT EACH OTHER, AND LEARN THE IMPORTANCE OF CARING FOR OUR MINDS. EVERYONE'S VOICE IS WELCOME!



LIGHT REFRESHMENTS
WILL BE SERVED

MONDAY, MAY 12TH, 2025 7:00-8:15 P.M.

SOMERVILLE CENTRAL LIBRARY AUDITORIUM
79 HIGHLAND AVE



o For ADA accommodations, contact 311 at 617-666-3311.

The City of Somerville can provide you with an interpreter in your language for free. To request an interpreter, please contact us at somerviva@somervillema.gov or call 311 (617-666-3311) at least 7 days in advance of this event.