

Thursday, May 22nd 3pm Holland St. Center



Hip Hop Chair Dance Exercise Class



Join Rondae Drafts, Ph.D. Abd current Executive Director of MUSIC Dance.edu, for this one hour class.

Participants will take part in a chair, dance, warm-up and hip hop class that begins and ends in the chairs. We travel through time on the "Soul Train" and chair dance to clean cut hip hop and R&B songs. We use creative props such as smiley faces and African maracas to help make our soul train journey come to life.

To register please contact Debby at 617-625-6600 ext. 2321, space is limited, RSVP required.

This program is supported in part by a grant from the Somerville Arts Council, a local agency which is supported by the Mass Cultural Council, a state agency.

The City of Somerville can provide you with an interpreter in your language for free. To request an interpreter, please contact us at somerviva@somervillema.gov or call 311 (617-666-3311) at least 7 days in advance of this event.

Persons with disabilities who need ADA accommodations to access this program, please contact Adrienne Pomeroy in advance at 617-625-6600 x 2059 or apomeroy@somervillema.gov.