



Virtual Exercise Strength and Balance



**Every Monday at 1:00pm on Zoom
except February 17th**

**E-mail John at jrpecchia@gmail.com for
the Zoom Link**



**Persons with disabilities who need ADA accommodations to access this program, please
contact Adrienne Pomeroy in advance at 617-625-6600 x 2059 or apomeroy@somervillema.gov.**

The City of Somerville can provide you with an interpreter in your language for free. To request an
interpreter, please contact us at somerviva@somervillema.gov or call 311 (617-666-3311)
at least 7 days in advance of this event.