



## Virtual General Exercise



## Every Wednesday and Thursday at 1:00pm on Zoom except December 4th, 5th, and 25th

E-mail Michelle at mdeutsch@somervillema.gov for the Zoom Link

Persons with disabilities who need ADA accommodations to access this program, please contact Adrienne Pomeroy in advance at 617-625-6600 x 2059 or apomeroy@somervillema.gov.